## SHIRLEY MacLAINE SEMINARS

... Connecting with the Higher Self

May 11, 1990

Sonja Anderson P.O. Box 6342 Beverly Hills, CA 90212-6342 USA

Dear Sonja,

Thank you so much for your card.

These are such exciting times we live in and my most important lesson has been to understand that a positive and productive life is up to each one of us individually.

We are our own realizers. We are our own best teachers.

Remember to keep the knowingness that the God source is <u>within</u> you. Trust it and your life and love will reflect it!

Thank you again for your card.

Love and Light,