



# Cape Cod Currents



## Cape Cod Chapter Military Officers Association of America

*October 9, 2012 Event – Cape Codder Gourmet Luncheon Train*



**arrive by 1130 to park (depot \$5), register, board – depart 1200, return 1400**

**Location: Cape Cod Central Railway, Hyannis Depot**

252 Main Street, Hyannis MA 02601 telephone: 508-771-3800 – web site: [www.capetrain.com](http://www.capetrain.com)

**Registration deadline 24 September, \$45.00 / person – note early deadline due to contract**

Dress men - jacket or tie and/or collared shirt; women - upscale casual

Menu rolls/butter, seafood chowder, chef's choice starch & vegetable, coffee/ tea with dessert

Entrée choice (1) - chicken breast Française sautéed, with lemon *beurre blanc*

Entrée choice (2) seared (farm raised) pistachio crusted salmon, with lemon *beurre blanc*

Alcoholic beverages - payable at the end of the trip by VISA or MasterCard

Seating 4 per table, 16 tables per car – fill 16 and we have our own car



Explore these historic aircraft – P-51 Mustang, B-17 Flying Fortress, B-24 Liberator – inside and out. Feel the engines power up. Take a 30-minute flight. Walk-through tours: \$12 adult, \$6 age 12 and under; bomber flights \$425; P-51 \$2,200/half hour, \$3,200/hour (world's only full dual control P-51C). Tours: 9/12, 1400-1700; 9/13, 0900-1700; 9/14, 0900-1200. Check online for details at [www.cfdn.org](http://www.cfdn.org) or phone 800-568-8924 for flight reservations.

**Massachusetts Military Reservation Open House** On Saturday September 22, 0900-1600, and Sunday September 23, 0900-1400, see what goes on at MMR. The Mass. National Guard presentation includes Army and Air Guard, and USCG units with aircraft, vehicles, and weapons. History will be featured, with Revolutionary War, Civil War and WWII encampments.

Visit displays on the environment and Barnstable County Sheriff's Department. Concessions will be available. Go to [www.mmr.org](http://www.mmr.org) for more detail.

Note: public (no ID) enters through the main gate off the Otis Rotary only.

**Upcoming Events – – – the following are firmly established**

**October 10, 2012** (**Wednesday** – note day) Chapter officers meeting (formerly Board of Directors) 1000 – **all invited** – Hyannis Veterans of Foreign Wars Post 2578, 455 Iyannough Rd. (airport rotary), Hyannis

**November 13, 2012** Luncheon with presentation at Riverway Lobster House, South Yarmouth

**December 11, 2012** U. S. Marine Corps Reserve “Toys for Tots” luncheon, Hilton DoubleTree, Hyannis; menu: London broil or baked scrod

**Greeting to Share** “Thanks for keeping me on the distro list. I love reading the *Currents*. All is well with me here in Southern California. My new job with Eaton Aerospace Group is busy but I have a great team working for me. And, as you can see, I still have the same sense of humor. Please give my warm regards to everyone back home on the Cape. V/R John (Martins) [In case captions are unreadable: “Lethal Precision Targeting Can Resolve Any Issue” and “I DETEST VIOLENCE. IT’S BAD FOR BUSINESS.” - Editor]



**Treasurer Hank Bertsch reported on August 1, 2012, the following balances.**

Charity Fund 07/31/2012	\$802.20	Scholarship Fund 07/31/2012	\$1,033.58
Operating Fund 07/31/2012	\$1,086.44		

**Officer Need** We require a new **Treasurer**, as Hank Bertsch is in his fourth year.

**2013 Dues Letter** – if you received one via USPS, you owe. If not, you don't. Pay now and we avoid the expense of further mailings: CCC MOAA, PO Box 1553, Mashpee MA 02649-1553.

**New Law on Military Funerals** [MOAA online weekly legislative update 08/10/12] “Last week Congress passed and the President signed [8/6/12] new legislation [H.R. 1627] to improve protections afforded for military funerals. The new law makes it illegal to cause a disruption in the vicinity of a military funeral from two hours before the ceremony until two hours after its conclusion. It also increases the buffer distance between any protesters and a military funeral from 300 to 500 feet. Congress agreed on these increases in protection after more sweeping funeral protection legislation was struck down by the Supreme Court as a violation of the first amendment. MOAA applauds enactment of these steps to better protect military funerals from reprehensible disruption by outside activists.” [A *New York Times* editorial of 8/12/12 suggests that legal tests of the new law may find the funeral provision unconstitutional: “Any court that hears the case should consider whether the law - intended to show what President Obama called “the utmost honor and respect” to men and women in military service - does so at the cost of free speech.” Westboro Baptist Church, Topeka, Kansas, most infamous of military funeral protest groups in favor of which the Supreme Court ruled 8-1 that its actions were protected as free public speech by first amendment provisions (*Snyder v. Phelps et al* 3/2/11), has vowed to disobey the statute and challenge it in court. Editor]

**House Committee on Veterans' Affairs release 7/31/12 on H.R. 1627** [quoted directly]

Today, the House of Representatives unanimously passed the "Honoring America's Veterans and Caring for Camp Lejeune Families Act of 2012" (H.R. 1627). The bill, now headed to the President for signature into law, will bring immediate VA healthcare to Camp Lejeune veterans and their families who have been diagnosed with a disease related to the water contamination that occurred at the base between 1957 and 1987. [Editor and family lived in Lejeune housing 1984-1988, no ill effects.] In addition, H.R. 1627 increases VA accountability to veterans by streamlining the disability claims process, ensuring transparency in VA funding, protecting veterans from sexual assault, and transforming how VA does business in the 21st century....

[S]tated Rep. Jon Runyan, Chairman of the Subcommittee on Disability Assistance and Memorial Affairs, "Our veterans have sacrificed so much and it is an outrage that many have to wait months for benefits claims to be processed. The backlog at VA must be addressed and fixed, and I believe the passage of this bill is an important first step....

[S]tated Rep. Ann Marie Buerkle, Chairwoman of the Subcommittee on Health, "Negligence related to sexual assault within the VA cannot be tolerated. This legislation will correct a fundamental weakness in VA's system by setting in place the procedures and accountability measures necessary to ensure the protection of veterans and staff."....

"More than half of disability claims have been pending for more than 125 days and the backlog has surged to more than 900,000 claims," stated Rep. Bill Johnson, Chairman of Subcommittee on Oversight & Investigations.... "H.R. 1627 ... will modernize how VA communicates with claimants while holding VA's feet to the fire in making sure America's veterans are being properly served by VA." [No mention in this release of Title VI, Section 601 on funeral disruptions – Editor]

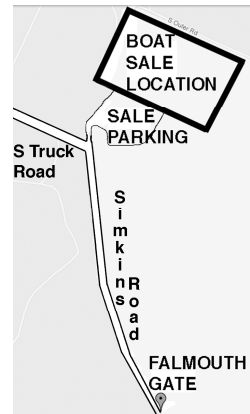
**Male Dental Health** [from TRICARE Retiree Dental Program August 2012 newsletter by Delta Dental of California] According to the Academy of General Dentistry (AGD), men are less likely than women to take care of their physical health. The results of many surveys and studies indicate that men equally ignore their oral health, as well.

Good oral health has recently been linked with longevity. Yet, the AGD notes, men are less likely than women to seek preventive dental care and often neglect their oral health for years, visiting a dentist only when a problem arises. Statistics show that when it comes to oral health, the average man brushes his teeth 1.9 times a day and will lose 5.4 teeth by age 72; if he smokes, he can expect to lose 12 teeth by that time. Men are also more likely to develop oral and throat cancer and periodontal (gum) disease: inflammation and infection that destroys the tissues that support the teeth, including the gums, ligaments, and bone.... [S]ymptoms that could indicate periodontal disease: red, swollen or tender gums; bleeding during brushing or chewing; bad breath that persists; loose or separating teeth.

Since men are more likely than women to suffer from heart disease, they also are more likely to be taking medications that can cause dry mouth. If you take medication for the heart or blood pressure, or if you take antidepressants, your salivary flow could be lessened, increasing the risk for cavities. Saliva helps to reduce the cavity-causing bacteria found in your mouth.

[Tobacco smokers and chewers] have a greater risk for gum disease and oral cancer. Men are affected twice as often as women, and 95 percent of oral cancers occur in those over 40 years of age.... If not diagnosed and treated in its early stages, oral cancer can spread, leading to chronic pain, loss of function, irreparable facial and oral disfigurement following surgery, and even death. Over 8,000 people die each year from oral and pharyngeal diseases....

**Massachusetts Maritime Academy Boat Sale** - The next sealed bid boat sale will be held **November 17 and 18, 2012**, aboard MMR. The hours are 1000 to 1600 both Saturday and Sunday. Entrance (those without ID) will be only via the Falmouth gate at the north end of Sandwich Road off Route 151 in Falmouth. Go to [www.maritime.edu/apps/boats](http://www.maritime.edu/apps/boats) for the current inventory. Many listings include pictures. It's subject to change prior to the sale. The final list is available on the grounds.



Even if you are not in the market for a boat or trailer, it is fun to view what's displayed both indoors and out. Everything from a dinghy seven feet long to a sail yacht of 40 feet is on the current list.

Folks donate vessels to and gain income tax credits from this program. Boats come from all over, not just New England. Small gear (outboards, winches, instruments) may be offered. Twelve boat trailers are on hand so far. Should you want to donate a vessel, the web site has directions for this activity, as well as providing downloadable forms for making a sealed bid. These are also available at the sale.

**CCC MOAA Scholarship and Charity Fund contribution** Chapter members and any others who would like to make a federal tax deductible donation to either our Charity or Scholarship Fund may do so by providing the requested information and mailing a check or money order.

The Chapter thanks you very much for your generosity.

I/we, \_\_\_\_\_, contribute to the CCC MOAA  
 [please print name(s) legibly]

**Scholarship Fund** the amount of \$25  \$50  \$100  Other \$ \_\_\_\_\_

**Charity Fund** the amount of \$25  \$50  \$100  Other \$ \_\_\_\_\_

Make instruments payable to CCC MOAA with a "memo" indicating the fund name.  
 Mail to CCC MOAA, PO Box 1553, Mashpee MA 02649-1553.

Signature \_\_\_\_\_ Date \_\_\_\_\_ check # \_\_\_\_\_

**Reservation – October 9, 2012 train luncheon** Cape Cod Central Railway, Hyannis Depot  
 arrive 1130 – luncheon excursion 1200 – 1400 252 Main Street, Hyannis MA 02601

Name \_\_\_\_\_ entrée: pistachio salmon  chicken breast Française

Guest \_\_\_\_\_ entrée: pistachio salmon  chicken breast Française

Guest \_\_\_\_\_ entrée: pistachio salmon  chicken breast Française

Guest \_\_\_\_\_ entrée: pistachio salmon  chicken breast Française

Cost: \$45.00 per person – checks to CCC MOAA – responses due **not later than Sep. 24, 2012**

check # \_\_\_\_\_ date \_\_\_\_\_ in the amount of \$ \_\_\_\_\_ is enclosed

Mail to LT Mario Ciara USN (RET), 167 Alder Lane, North Falmouth MA 02556-2936

*Currents* editorial comments to [lee.s.clark@Comcast.net](mailto:lee.s.clark@Comcast.net); Lee Clark, 248 Wheeler Rd, Mashpee MA 02649