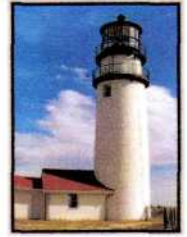




# *Cape Cod Currents*



## *Military Officers Association of America Cape Cod Chapter Monthly Newsletter*



*April 2010*



### **LUNCHEON**

**April 13, 2010**

### **The Brookside Club**

Bourne, MA

Drive south on Route 28 from the Bourne Rotary for about 1.4 miles. The entrance is on the right, between the Brookside and Falmouth Toyota signs, at the top of the drive.

Cash bar and registration – 1130

Luncheon at 1200

### **Menu**

#### ***Salad***

*Mixed Spring Greens with shaved carrots and Balsamic vinaigrette*

#### ***Entrees***

*(choice of one)*

*Fillet of native Cod with herb crumb topping and lemon basil Buerre Blanc*

*Grilled "Club" steak with cabernet sauce*

*Chef's Vegetable Medley*

#### ***Dessert***

*Home-made chocolate chunk cookies*

Charge is \$25 per person

See insert for reservations

The luncheon will be followed by a tour of the USAF PAVE PAWS facility.



## News You Can Use

*Eye Glasses for Retirees* - All retirees, even TRICARE for Life recipients, may receive one pair of standard issue glasses each year from the Naval Ophthalmic Support and Training Activity. Visit the [NOSTRA website](#) and select the "How to Order: Retirees" link for more information. Family members and surviving spouses are not entitled to NOSTRA support. Learn more about TRICARE vision benefits at the [TRICARE beneficiary portal](#).

*Virtual Vietnam Wall* - Someone spent a lot of time on this and it is truly remarkable. To all my fellow Vietnam vets, take a look.....

The link below is a virtual wall of all those lost during the Vietnam war with the names, bio's and other information on our lost comrades. Search by name or state; it should show you a picture of the person or at least his bio and medals.....

<http://www.virtualwall.org/>

*Microsoft Office Software* – Microsoft has a special offer for military personnel for their Microsoft Office Standard 2007 software package, including Microsoft Word and Excel for only \$79.95, a savings of almost \$400. To purchase this package, go to [http://www.microsoft.com/office/offers/military/?CR\\_CC=100201891](http://www.microsoft.com/office/offers/military/?CR_CC=100201891).

*Army Debuts iPhone Application* - The [Army's official science and technology blog](#) has released a free iPhone application, which puts Army technology news, social media and job postings in one location. The application is a made up of syndicated news feeds from various sources including the Army Technology Live blog, the official RDECOM homepage, job listings, Facebook, Twitter, Flickr and YouTube. Future versions will include more news sources. The application is available for free at the iTunes Store. Search Army Technology Live in iTunes, or [click here](#) . Follow the U.S. Army Research, Development and Engineering



Command (RDECOM) on [Twitter](#), become a fan on [Facebook](#), and visit the [RDECOM homepage](#)

*Social Security Adds to Benefits Qualification List* - The Social Security Administration is adding 38 more conditions to the list of Compassionate Allowances, which are a way of quickly identifying diseases and other medical conditions that clearly qualify for Social Security and Supplemental Security Income disability benefits. The new conditions include some adult brain disorders. For more information, including a list of the 38 new Compassionate Allowance Conditions, visit the Social Security Administration's [Compassionate Allowances webpage](#).

*DoD Updates Resource Directory* - The Department of Defense (DoD) has announced that its National Resource Directory (NRD) website at <http://www.nationalresourcedirectory.gov/> for wounded, ill and injured servicemembers, veterans, their families and those who support them, recently received a comprehensive system upgrade to provide users with easier access. The website offers federal, state, local and non-profit resources for wounded warriors, veterans, family members and caregivers in a single, searchable website. The upgrade makes the latest wounded warrior and veteran resources easier to locate and follow on the website.

*Prior Authorizations and TriCare* - TRICARE requires prior authorization for some medical services, such as care from a medical specialist or special tests. Because there is no all-inclusive list of services requiring prior authorization, beneficiaries should speak with their provider and regional contractor to confirm prior authorization before getting care. In most cases, the health care provider recommending the procedure requests the prior authorization from the regional contractor on the beneficiary's behalf. To learn more about prior authorization and what is covered, visit the TRICARE website at [www.tricare.mil](http://www.tricare.mil). To verify prior authorization, beneficiaries can contact their regional contractors: North Region: 1-877-TRICARE (1-877-874-2273); South Region: 1-800-444-5445; West Region: 1-888-874-9378.

*Pave PAWS Interagency Emergency Drill Hones Procedures* – Below is a picture taken at an emergency response exercise conducted by the 6 SWS. Mass. State Police Special Tactical Operations (STOP) team members, partnering with U.S. and Canadian forces from 6th Space Warning Squadron, as well as MSP Bourne Barracks K-9 handler Sergeant Robert McCarthy and his dog, Xander, tracked a pretend sniper inside the Pave PAWS radar facility during a NIMS drill Feb. 24th. We understand that a similar exercise will be conducted by the Otis Air National Guard Base.



## **Chapter affairs**

The need for members to be involved with the governance of the chapter is now critical. Last month we requested that members consider stepping up to the plate and volunteer to assume one of the board positions, as well as a newsletter editor. None of these positions is overly time-consuming, but are necessary to keep the chapter running, and frankly, we need new blood and new ideas to revitalize the chapter. In June, we will have an election of Officers for the 2011-2012 time frame. Please let us not close down the chapter which currently has 190 paid members. Richard M Bowen President

Members who would prefer to receive future issues of The Currents by email please so notify LTC Hank Bertsch at [LTCGHB@verizon.net](mailto:LTCGHB@verizon.net).

## **Worth Bookmarking**

*Learn a New Language* – If you've thought about learning a new language, or just have extra time on your hands, you'll find plenty of help online. A great place to start is the BBC's Languages site. It offers free audio and video courses. You can choose from popular languages like French, German and Italian. Or, you can learn less-frequently used languages like Gaelic, Urdu and Welsh. <http://www.bbc.co.uk/languages/>



*Checking on Airline Flights* – If you're scheduled for a flight, or if you're meeting someone on an incoming flight, go to [www.flightaware.com](http://www.flightaware.com). Type in the airline and flight number and you'll get a real-time status, including a map showing where the flight is (if it's in the air). I recently had friends scheduled to arrive at 1:45 pm. Checking with the website, I found that the flight would arrive at 1:10 pm. Since the airport was over an hour away, it gave me a headstart to get there on time.

*Computer Passwords* - Computer hackers are getting increasingly sophisticated, and can quickly break passwords to get into your sensitive computer data base. To check on the strength of your passwords, go to [www.passwordmeter.com](http://www.passwordmeter.com). This site will evaluate the strength of passwords and give you instantaneous visual feedback that helps you improve your password habits. (Thanks to Walt Tyo)

**CCCMOAA Scholarship and Charity Fund Contribution** Chapter members who would like to make a *federal tax deductible* contribution to either our Chapter's Charity and/or Scholarship funds may do so by completing the information requested below and sending it to our treasurer. The Chapter thanks you very much for your generosity. Please check the appropriate boxes below and fill in the requested information.

I, \_\_\_\_\_, wish to make a contribution to the CCCMOAA

**Scholarship Fund** in the amount of \$25 ( ) \$50 ( ) \$75 ( ) \$100 ( ) Other ( )

**Charity Fund** in the amount of \$25 ( ) \$50 ( ) \$75 ( ) \$100 ( ) Other ( )

Please mail to: CCCMOAA P.O. Box 1553 Mashpee, MA 02649

Signature \_\_\_\_\_ Date: \_\_\_\_\_

**Reservation Brookside Club, April 13, 2010**

Name: \_\_\_\_\_

Guests: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Entrée choice \_\_\_\_\_ Native Cod

Cost: \$25 per person

\_\_\_\_\_ Club Steak

The deadline for reservations will be by April 3, 2010 Enclose check payable to CCCMOAA in the amount of \$\_\_\_\_\_ Mail reservation form and check to: LT. Mario Clara, USNR (Ret) 167 Alder Lane North Falmouth MA 02556

**IMPORTANT NOTE:** The Social Security numbers of all members and guests planning to participate in the tour of USAF PAVE PAWS must be provided to Capt. Richard Bowan via E-mail or telephone by March 31<sup>st</sup>.