

QUAKER ATHLETICS BOOSTER CLUB



NEWSLETTER

SPECIAL GIRLS ICE HOCKEY EDITION

December, 2010
Volume 1, Issue 4

From the President...

I would like to congratulate all the people that were instrumental in the inaugural season of the Section VI Girls Federation Hockey program. This was no small undertaking. The hours spent on planning and coordinating were countless. Cooperation was instrumental. The Quaker Athletic Booster Club is

very proud to have been able to help in Orchard Parks first season. I wish all the team's continued success and I hope to see growth in the years to come. As 2010 comes to an end, so does another year of Orchard Park Student Athletes finding success on and off the field, thanks largely to the efforts of our

members. I wish everyone a Happy Holiday season and look forward to beginning another strong year of Quaker Athletics!

Elaine Brink
President, QABC



Coaches Corner:

Lucian Forcucci

- Quakers Girls Varsity Ice Hockey



Coaching and Sports is nothing new for Coach Forcucci. He started his coaching career in 1994, coaching hockey and lacrosse. He began coaching at OP in 2003. He has been the OP JV Boys Lacrosse Coach and the OP Boys Varsity Club Hockey Coach. He has been the Director of the OP Summer and Fall/Winter Lacrosse Programs, a Niagara Frontier Lacrosse Official, and he has been an instructor, coach, and teacher for various School and Hockey programs.

Primarily, Coach Forcucci grew up playing hockey and lacrosse, also playing little league baseball and youth football. He began skating at 3, was playing

hockey at 4, and he started playing lacrosse at 10. He attended Orchard Park High School, playing mostly forward as a hockey player and attack in lacrosse. He played in the 1994 Chicago Showcase for Team WNY, was an OP Scoring leader, and a part of the Super Sunday Championship Team.

Coach Forcucci attended and played hockey for Fredonia State where he was a team captain, scoring and assist leader, chosen 1st Team All-SUNYAC, named to the NJCAA National All-Tournament Team, played in the SUNYAC / ECAC All-star Game and was awarded the Michael K. McDonald Award (MVP

Fredonia State Hockey), a W.O.W Record Holder, Fredonia State Hockey and a member of the NJCAA Men's Ice Hockey National Championship Team.

This OP native still plays hockey once a week throughout the year, playing with other former college players in various adult leagues and tournaments while raising two daughters (Ella, 3 and Emma, 1), and enjoys teaching (4th Grade at South Davis Elementary) and coaching in the community he grew up in and still lives in today.

"I would like to extend a sincere thank you to the Orchard Park Boosters as well as Mr. McGarrity, Mr. Higgins, Mr. Wolf, Mr.

Inside this issue:

Team Schedules	2
Next Meeting	3
Volunteer & Members Page	3
Contact Information	3
QABC Merchandise Catalog	4
Athletes of the Month	6
QABC Sponsorship Form	7
QABC Membership Form	8

Have the QABC
Newsletter delivered
right to your e-mail
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Send your e-mail address to
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Find out what these
two have in common
on Page 6

Lilleck and all the teachers and staff of the Orchard Park Schools for all their continued support of the Girls Hockey Program." – Lucian Forcucci, Quakers Girls Varsity Ice Hockey Coach

**SEE PAGE 6 FOR MORE
ON THE QUAKERS
GIRLS VARSITY ICE
HOCKEY PROGRAM**



Go Quakers!

QUAKER ATHLETICS – TEAM SCHEDULES

Quakers Boys Varsity Basketball

Friday 12/17	7:30PM	vs.	Riverside Institute of Technology
Tuesday 12/21	7:30PM	vs.	Williamsville North
Friday 1/7	7:30PM	vs.	Jamestown
Tuesday 1/11	7:30PM	vs.	Clarence
Thursday 1/13	7:30PM	@	Lancaster

Quakers Girls Varsity Basketball

Tuesday 12/21	7:30PM	@	Jamestown
Tuesday 12/28	12:00PM	vs.	TBA
Tuesday 12/28	1:30PM	vs.	TBA
Wednesday 12/29	12:00PM	vs.	TBA
Wednesday 12/29	1:30PM	vs.	TBA
Tuesday 1/11	7:30PM	@	Frontier
Thursday 1/13	7:30PM	vs.	West Seneca West

Quakers Boys Junior Varsity Basketball

Friday 12/17	6:00PM	vs.	Riverside Institute of Technology
Tuesday 12/21	6:00PM	vs.	Williamsville North
Friday 1/7	6:00PM	vs.	Jamestown
Tuesday 1/11	6:00PM	vs.	Clarence
Thursday 1/13	6:00PM	@	Lancaster

Quakers Girls Junior Varsity Basketball

Tuesday 12/21	6:00PM	@	Jamestown
Tuesday 12/28	TBA	@	Holiday Tournament @ Clarence
Wednesday 12/29	TBA	@	Holiday Tournament @ Clarence
Tuesday 1/11	6:00PM	@	Frontier
Thursday 1/13	6:00PM	vs.	West Seneca West

Quakers Boys Modified A Basketball

Wednesday 12/15	4:30PM	@	Frontier
Monday 12/20	5:00PM	vs.	Clarence
Thursday 1/6	6:00PM	@	Amherst @ North Gym
Monday 1/10	6:00PM	vs.	Iroquois
Friday 1/14	6:00PM	@	Williamsville North @ Heim MS

Quakers Boys Modified B Basketball

Thursday 12/16	6:00PM	vs.	Frontier
Monday 12/20	6:00PM	@	Clarence @ Clarence MS
Thursday 1/6	6:00PM	vs.	Hamburg
Monday 1/10	4:30PM	vs.	West Seneca West
Wednesday 1/12	4:30PM	vs.	West Seneca East

Quakers Girls Modified B Basketball

Thursday 12/16	4:30PM	vs.	Frontier
Monday 12/20	4:30PM	@	Clarence
Thursday 1/6	4:30PM	vs.	Hamburg
Monday 1/10	4:30PM	@	West Seneca West
Thursday 1/13	5:00PM	vs.	Williamsville North

Quakers Girls Modified Basketball

Thursday 12/16	4:30PM	@	Clarence @ Clarence MS
Tuesday 12/21	6:00PM	@	Williamsville North @ Casey MS
Tuesday 1/4	4:30PM	vs.	Sweet Home @ Sweet Home MS

Quakers Coed Varsity Bowling

Monday 12/20	4:00PM	@	Williamsville North @ Transit Lanes
Tuesday 12/28	9:30AM	@	NFHS Tournament @ Thruway Lanes
Tuesday 1/4	3:30PM	@	Frontier @ Briarwood Lanes
Thursday 1/6	4:00PM	vs.	West Seneca West @ OP Lanes
Monday 1/10	4:00AM	@	Clarence (Boys) @ Clarence Lanes
Tuesday 1/11	4:00AM	@	Clarence (Girls) @ Clarence Lanes
Monday 1/17	9:30AM	@	MLK Boys Tournament @ Thruway Lanes

Quakers Boys Varsity Ice Hockey

Monday 12/27	1:00PM	vs.	Hamburg @ Hamburg Rink
Sunday 1/2	4:00PM	vs.	West Seneca West @ Buffalo State
Thursday 1/6	9:00PM	vs.	Niagara Wheatfield @ Northtown Center
Saturday 1/8	3:00PM	vs.	Canisius @ Northtown Center
Sunday 1/9	3:30PM	vs.	Lancaster @ Holiday Rinks
Friday 1/14	TBA	vs.	Tournament vs. Lakeland
Saturday 1/15	TBA	vs.	Tournament v. Suffern
Monday 1/17	1:00PM	vs.	Frontier @ Hamburg Rink

Quakers Girls Varsity Ice Hockey (OP / Frontier)

Tuesday 12/21	8:00PM	vs.	Kenmore @ Lincoln Arena
Monday 12/27	9:00AM	vs.	Kenmore @ Hamburg Rink
Wednesday 12/29	9:00AM	vs.	West Seneca @ Hamburg Rink
Thursday 12/30	9:00AM	vs.	Lancaster @ Hamburg Rink
Saturday 1/8	10:15AM	vs.	Williamsville @ Holiday Rinks
Saturday 1/15	10:00AM	vs.	West Seneca @ Time Warner Rink
Monday 1/17	5:00PM	vs.	Amherst / Sweet Home @ Hamburg Rink

Quakers Coed Varsity Indoor Track

Friday 12/17	4:30PM	@	Buffalo State College
Monday 12/27	9:00AM	@	Fredonia State
Saturday 1/8	1:00PM	@	Buffalo State College
Saturday 1/15	9:00AM	@	Fredonia State
Monday 1/17	9:00AM	@	WNY Relays @ Fredonia State

Quakers Coed Varsity Rifle

Thursday 12/16	4:30PM	vs.	Kenmore West @ Buffalo Rifle Club
Tuesday 12/21	4:30PM	vs.	Alden @ Buffalo Rifle Club
Tuesday 1/4	4:30PM	@	Irondequoit @ 10X Shooting Club
Wednesday 1/5	4:30PM	@	Kenmore East
Thursday 1/6	4:30PM	vs.	Lancaster @ Buffalo Rifle Club
Tuesday 1/11	4:30PM	@	Clarence
Thursday 1/13	4:30PM	@	Kenmore East

Quakers Boys Varsity Swimming

Friday 12/17	4:30PM	@	Sweet Home
Tuesday 12/21	5:00PM	vs.	Williamsville North
Tuesday 1/4	5:00PM	@	Jamestown
Friday 1/7	5:00PM	@	Frontier
Tuesday 1/11	5:00PM	vs.	Iroquois

Quakers Coed Modified Swimming

Wednesday 1/12	4:30PM	vs.	Sweet Home
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Quakers Boys Varsity Wrestling

Wednesday 12/22	7:00PM	vs.	Williamsville North
Tuesday 12/28	9:00AM	@	JV-Maryvale Tournament
Wednesday 1/5	6:00PM	@	Frontier
Friday 1/7	1:00PM	@	NCCC Tournament @ Niagara County Community College
Saturday 1/8	TBA	@	NCCC Tournament @ Niagara County Community College
Wednesday 1/12	7:00PM	vs.	West Seneca West
Friday 1/14	7:00PM	vs.	Hamburg

Quakers Boys Modified B Wrestling

Thursday 12/16	6:00PM	vs.	Amherst / Sweet Home
Tuesday 12/21	4:45PM	@	Iroquois / Tonawanda
Tuesday 1/4	4:45PM	vs.	Tonawanda / Williamsville North
Thursday 1/6	4:45PM	@	Williamsville North / Williamsville East
Thursday 1/13	4:45PM	@	Pioneer / Cheektowaga

QUAKER ATHLETICS BOOSTER CLUB

3

**THE NEXT QABC MEETING:
7 PM THURSDAY, JANUARY 20TH
AT ORCHARD PARK ATHLETIC DIRECTOR'S OFFICE**

*Volunteers are always needed...if you'd like to be added to our volunteer list, please contact us at:
opqabc@live.com*

QABC Members for the 2010/2011 school year:

GOLD LEVEL: Laurie Alico, Robin & Jim Crowley, Mary Anne & Rick Dolce, The Fleetwood Family, Laura Geiger, Marianne & Bob Hoover, Mark & Kathy Hornung, The Januszkiewicz Family, Anthony R. Kritkauskys & Jennifer Kurocina, Kathleen Knauth, Shawn & Sally Manley, Rebecca & Peter McCauley, Kristy & Curtis Modkins, Pam & Kevin Murphy, Mike & Collen Nunn, Bill & Linda O'Connell, Marit & Chuck Ogin, Cyndi Prise, Hillary & Richard Ruh, The Sanfilippo Family, Dave & Vicki Smith, Diane Trageser, The Trampert Family, and The Zizzi Family

SILVER LEVEL: Anthony & Lou Ann Adinolfi, Michael Burger, The Collins Family, Kim Eusano, Randy & Michele Ferrino, Thomas Hoelzl, Greg & Kelly Hylkema, Tim & Hope Keilman, Vic & Maria Lucci, Michele Majstorovic, Kevin & Lynn McMahon, Dennis & Mary Stanek, Bill & Jody Tatay, Jack & Carolyn Wellington, Scott & Marybeth Weltjen, and Beth & John Welton

BRONZE LEVEL: Claudia Anderson, Russ & Kathy Arcara, Theresa Bermingham, June Brennan, The Cimorelli Family, John & Suzanne Devic, Barbara Elie, Joanne Farreil, Terry Fleig, Wendy & Scott Gloss, Ginny Hogan, Tim & Mary Beth Holly, Ardis Kazinski, Marlene Keane, Tom Koerner, Thomas & Joanna Kreuzer, Jill & Patrick Legler, Donna Lepore, Kevin & Diane Maggioli, Michael & Nanette McCormick, The Pacer/Szabad Family, Dave Proctor (Outdoors Maintenance), Mike & Sally Ruppenthal, Michael & Marjorie Smith, Brenda Swayze, and Tracy Zanda

ORCHARD PARK QUAKERS



**TO ORDER THE LATEST
QABC MERCHANDISE
FOR THE HOLIDAYS...
CONTACT US AT**

opqabc@live.com !

**- SEE OUR CATALOG OF
MERCHANDISE ON
PAGES 4 & 5**

QUAKER ATHLETICS BOOSTER CLUB

MERCHANDISE



NIKE FIT-DRY GOLF SHIRT.....\$45
 WHITE WITH EMBROIDERED "OP"
 LOGO ON LEFT CHEST.
 SIZES: L, XL, OR 2X



EASTBAY JACKET.....\$40
 (XL ONLY - "FITS BIG") ONLY 1 LEFT!!



NIKE HOODED SWEATSHIRT.....\$40
 (ASH GREY OR MAROON)
 SCREENED "OP QUAKERS" LOGO
 IMPRINT ON CHEST.
 (55% POLYESTER/45% COTTON)
 SIZES: S, M, L, XL, OR 2X



CREW SWEATSHIRT.....\$20
 (ASH GREY OR MAROON)
 SCREENED "OP QUAKERS"
 IMPRINT ON CHEST.
 (55% POLYESTER/45% COTTON)
 SIZES: S, M, L, XL, OR 2X



FLEX-FIT BASEBALL CAP.....\$20
 MAROON WITH EMBROIDERED "OP"
 LOGO. (83% ACRYLIC/15% WOOL/
 2% PU SPANDEX)
 SIZES: S/M OR M/L



T-SHIRT.....\$15
 ASH GREY WITH SCREENED "OP
 QUAKERS" LOGO IMPRINT ON CHEST.
 (90% COTTON/10% POLYESTER)
 SIZES: S, M, L, XL, OR 2X



KNIT BEANIE HAT.....\$15
 BLACK WITH EMBROIDERED "OP"
 LOGO. (100% ACRYLIC)
 ONE SIZE FITS ALL



CHAMPIONSHIP T-SHIRT.....\$15
 ASH GREY WITH SCREENED OP
 FOOTBALL CHAMPIONSHIP LOGO
 IMPRINT ON CHEST.
 (90% COTTON/10% POLYESTER)
 SIZES: S, M, L, XL, OR 2X



PERSONAL UMBRELLA.....\$15
 BLACK WITH SCREENED "OP
 QUAKERS" LOGO
 IMPRINT ON ONE PANEL.

**ALL SIZES ARE
 "ADULT SIZES"**

QUAKER ATHLETICS BOOSTER CLUB MERCHANDISE

5



FOAM SEAT CUSHION.....\$10
MAROON WITH SCREENED "OP" LOGO
IMPRINT ON ONE SIDE. ONE SIZE FITS
ALL.



WINDOW FLAG.....\$10
WHITE FLAG WITH MAROON "OP"
SCREENED LOGO IMPRINT. INCLUDES
PLASTIC FLAG POLE AND CLEAR
SUCTION CUP.



KEY CHAIN.....\$4
BLACK STRAP WITH EMBROIDERED
"OP QUAKERS".



EMERGENCY RAIN PONCHO.....\$3
YELLOW WITH RE-USEABLE STORAGE
BAG.



DECAL.....\$3
WHITE WITH MAROON "OP" LOGO.
(4"x6")



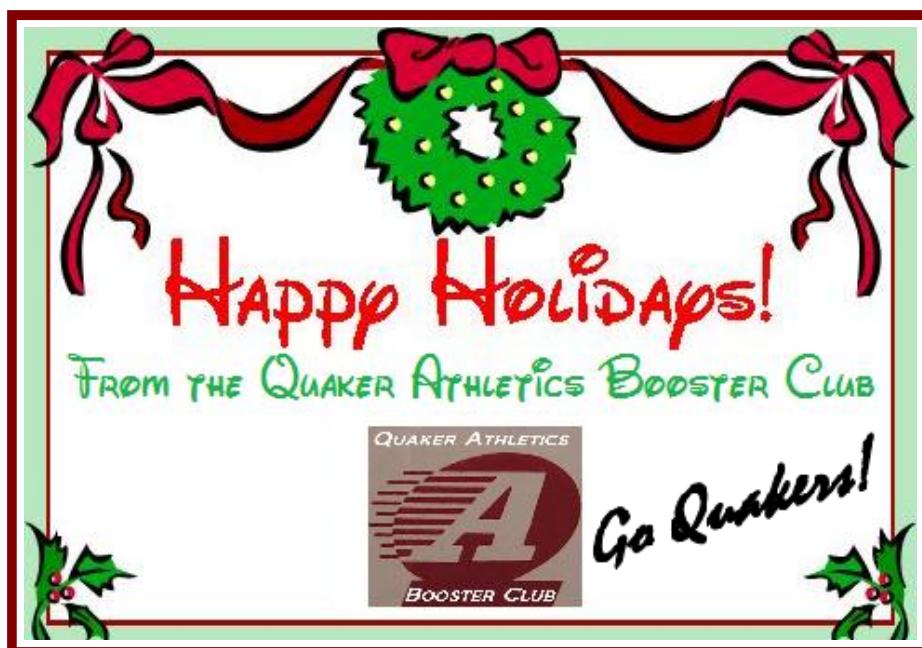
DRAW STRING BACKPACK.....\$7
MAROON WITH SCREENED "OP
QUAKERS" LOGO IMPRINT ON ONE
SIDE.



WINDOW DECAL.....\$1
CLEAR WITH MAROON "QUAKER
ATHLETICS BOOSTER CLUB" LOGO.
(2"x8")



MINI WINDOW CLING.....50¢
CLEAR WITH MAROON "OP QUAKERS"
LOGO. (2"x3")



**TO ORDER THE
LATEST
QABC
MERCHANDISE
FOR THE
HOLIDAYS...
CONTACT US AT:
opqabc@live.com !**

ABOUT THE QUAKERS GIRLS VARSITY ICE HOCKEY TEAM...

The Inaugural season for the girl's varsity ice hockey federation is underway. The girls from the Orchard Park / Frontier team have been working extremely hard to develop as a team and as individuals. The team is coached by Jim McCarthy (Frontier) and Lucian Forcucci (Orchard Park). The team is made up of 13 Orchard Park players and 8 from Frontier. Several of the girls play travel hockey together and have many years of ice hockey experience. The team is meshing nicely due to the girl's strong personal character, commitment level, and leadership. From Orchard Park, the team is lead by seniors Chelsie Hausberger and Kelsey Zawdosinski. They are both veteran ice hockey players with very strong skating skills and a high knowledge of the game. Bernadette O'Connell and Rachel Lenard will help to solidify the top two offensive lines for the team. Stephanie Pickard, Tatum Walber, and Megan Urbank will also add to the team's offensive unit. Defensively the team is anchored by Nadine De Nijs, Alexa Ditonto, and Madison Potenza. Olivia Jacobs, Jessica Urbank and Taylor Buccilli will also contribute to the team's defensive success. Orchard Park goalies Megan Sarles and Mikala Ditonto will guard the pipes for the team. The team's philosophy of dedication, unity and commitment is displayed on the back of their practice jerseys. The overall goal is to improve as a team and as an individual both on and off the ice, compete for victories, and have fun. Through hockey, the coaches will teach these athletes positive life skills that they will carry with them for a lifetime. Thus far, it has been a nice family atmosphere with student athletes, coaches, parents, school district staff and community involvement. The team hopes to lay a solid foundation, built on integrity and excellence, for future Orchard Park girls ice hockey teams to build on.

QABC ATHLETES OF THE MONTH

Chelsie Hausberger



Chelsie is one of two OP Seniors on the inaugural Girls Varsity Ice Hockey Team. She started playing ice hockey when she was 10 for the Buffalo Regals U12 team. She has been a member of the West Seneca Wings, Empire West, and the Buffalo Bisons. She has participated in Hamilton, RinkSport, Laura Stamm Power Skating, James Patrick Skills, Buffalo Prospects, and Daryl Belfree Camps and Overspeed, Kevin Quick Skills, Kaleta Power Skating and Skills Clinics.

Hausberger, along with playing for the OP Girls Field Hockey Team, was a member of the 2010 Empire State Games Gold Medal winning team, played in the New York State Championship Game in 2010, was her team's Captain in 2007 and 2008. This Forward/Winger was named MVP in 2005, 2006, and 2007, received the ESG gold medal in 2010, and has won "Hardest Worker", "Most Aggressive", "Most Improved", and "Most Coachable" Awards.

This West Seneca native, comes from a family of five (Parents Dave and Patty, sister Ali and brother Mike), plans on a Elementary Education career after attending SUNY Cortland or New England College. She has a pet dog, enjoys field hockey, running, photography, spaghetti, the movie *Christmas Vacation*, the color purple, any kind of music, and her favorite quote: "Winning isn't everything, but wanting to is". - Vince Lombardi

Kelsey Zawodzinski

Kelsey is the "other" Senior from OP on the inaugural Girls Varsity Ice Hockey Team. She also plays on the "other" Girls Hockey team at OP...the Field Hockey Team! She started playing on the OP JV Field Hockey team as an 8th Grader. As a 9th Grader, she joined the Orchard Park Boys Hockey JV Club team. This Center began playing ice hockey at the age of 8 for the West Seneca Wings. She has also played for the Buffalo Regals and Bisons Travel Teams and has participated in the Laura Stamm Powerskating and Daryl Belfrey Shooting Clinics.

Zawodzinski spent the past 3 seasons playing on the Orchard Park JV boys hockey team and learned a different perspective of the game which has transformed her into a more aggressive and defensive player. She was named the MVP of Canlan Classic Tournament, and picked up playmaker and hat trick awards.

This Orchard Park native would like to pursue a career in nursing at D'Youville College, enjoys Snowboarding and is a member of the Buffalo Sabres Ice Crew. She's also a fan of Sidney Crosby, Blink 182, Nicki Minaj, novels by Nicholas Sparks, and the movie *The Blind Side*.



**COACHES! Honor one of your players with the QABC Athlete of the Month...
Send us an e-mail...o p q a b c @ l i v e . c o m !**

Your name: _____ Address: _____
City: _____ State: _____ Zip: _____
Day Phone: _____ Evening Phone: _____
E-Mail Address: _____

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THANKS FOR SUPPORTING ORCHARD PARK HIGH SCHOOL ATHLETES !!

QUAKER ATHLETICS BOOSTER CLUB



2010-2011 MEMBERSHIP

The Quaker Athletics Booster Club supports sports for the interscholastic athlete as well as fitness for all students in the Orchard Park Schools. Our annual membership drive and concession stand profits are the Booster Club's primary source of funding.

THE BOOSTER CLUB HAS FUNDED

The **NEW** Turf Field, Baseball/Softball Pitching Machines, Weight Training Equipment, Score Boards, Wrestling Mats, Gymnasium Chairs, Netting for Soccer and Lacrosse at The Pit Field, Golf Bags, Basketball Shoot-A-Way Machines, the Annual QABC Scholarships, and MORE!

If you have any questions, or would like to get involved, please contact:

opqabc@live.com

Elaine Brink, President (662-4399) (laina4761@aol.com) or

Bob Stasiak, At-Large Member (674-5896)

Please help us continue our success by joining the Quaker Athletics Booster Club, making a donation, and/or by volunteering!

If you joined the QABC in the Fall - There is no need to submit another form.

All members are welcome to attend the QABC monthly meetings. Dates and times are listed in the OP School calendar and the QABC Monthly Newsletter

----- PLEASE CUT HERE -----

To join, donate, and/or volunteer for the Quaker Athletics Booster Club, please complete:

Name: _____

Phone Number: _____

Address: _____ Town: _____ Zip Code: _____

E-mail address: _____

Yes No I would like to receive the QABC monthly newsletter via email

Yes No I would like to add my name to your volunteer list

Membership Levels: Bronze \$15.00

 Silver \$25.00

 Gold \$50.00

Total Amount Enclosed \$ _____

Please return completed form along with checks payable to:

QUAKER ATHLETICS BOOSTER CLUB

OPHS Main Office

4040 Baker Road

Orchard Park, NY 14127

opqabc@live.com

*Volunteers are needed to help operate the concession stand for various sporting events held at OP Stadium.
Please consider adding your name to the volunteer list.*

THANKS FOR SUPPORTING ORCHARD PARK HIGH SCHOOL ATHLETES !!