

NEWSLETTER

From the President...

A couple of weeks ago a mom volunteering in the concession stand told me her son was on the golf team and had come home with his team golf bag. He and his parents were surprised to learn that the bags were purchased by the QABC. It made me wonder how many others don't know about all the items the Booster Club buys for the various Orchard Park sports teams. Most of our funds come from operating the concession stand during fall field events. They also come from membership donations. When a coach makes a request we consider many variables before making a purchase. Some of these

include usefulness, how many athletes and teams the equipment will serve, need, longevity of use, and cost. We do not purchase uniforms or pay for trips, and all equipment remains with the athletic department. Beside the golf bags, one piece of equipment we purchased few years ago was the basketball shootaround. This can be used by all of the basketball teams, boys & girls, modified thru varsity. The QABC also bought the chairs you see the players use during volleyball, wrestling and basketball games. A large purchase made was new weight lifting equipment for the high school weight room.

This is used not only by athletes, but also by Phys-Ed classes, which means it is available to every student in the school. I am sure vou heard about snowshoeing. Well we bought those too! There are many other items of course but you get the idea. We help whenever and wherever we can. We are very proud to sponsor a Scholarship to a male and female athlete each year also. Thank you for your support throughout the fall and good luck to all the teams entering the winter season.

Elaine Brink, President QABC

November, 2010 Volume 1, Issue 3

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Have the QABC Newsletter delivered right to your e-mail inbox!

Send your e-mail address to o o p q a b c @ I I v e . c o m

Coaches Corner:

Greg Lardo

- Quakers Girls Varsity Volleyball

Coach Lardo began his coaching career in East Aurora as the Boys Varsity Volleyball coach in 2004 before becoming an OP coach in 2007. He also coaches Orchard Park Indoor Track and Boys Varsity Track & Field, is proud to have brought OP to the sectional

finals and watching past OP athletes playing at the college level.

Mr. Lardo played volleyball (middle blocker & outside hitter) in 1996 at Hamburg HS before graduating in 1999 and moving onto Springfield College (MA) where he was an AllAmerican (2001-2003), a National Champion (2001-2003) and Springfield College Male Athlete of the Year. He still plays volleyball today in local leagues in the area (Frontier Power League, Center Court Sports, and Dock at the Bay) as an outside hitter.

This OP PE Teacher enjoys golf, kayaking, softball, hiking, volleyball, and reading, while residing in His hometown of Hamburg, NY with his Pitbull Boxer "Ellie"

Go Quakers!

Monday 12/13

Thursday 12/16

Monday 12/13

Thursday 12/16

Monday 12/13

Thursday 12/16

6:15PM @

4:30PM @

Quakers Girls Modified B Basketball

Quakers Girls Modified Basketball

6:00PM vs. Frontier

4:45PM @ Lancaster

4:30PM vs. Frontier

5:30PM @ Starpoint

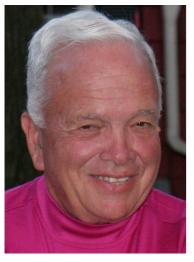
Lancaster

Clarence

Schedules

QUAK	ER		ATHLETICS	— TEA	<u> M/</u>	<u>S</u>	CHEDULES				
Quakers Boys Va	rsity Basl	ketb	all	Quakers Coed Varsity Bowling							
Saturday 11/20	8:30PM	@	Williamsville South (scrimmage)	Saturday 11/27	12:00PM	@	Vestal Tournament at Midway Lanes				
Tuesday 11/23	5:00PM	@	Batavia (scrimmage)	Thursday 12/2	4:00PM	VS.					
Saturday 11/27	TBA	VS.	Niagara Wheatfield (scrimmage)	Monday 12/6	12:00PM	@	Maryvale Tournament at Airport Lanes				
Monday 11/29	8:15PM	@	PasterCooper Tournament	·		_	•				
		_	at Daeman College	Quakers Boys Va	rsity Ice F	lock	ey				
Thursday 12/2	TBA	@	PasterCooper Tournament	Friday 11/19			Canandaigua Academy (scrimmage)				
,		Ŭ	at Daeman College	•			at Canandaigua Rink				
Friday 12/3	TBA	@	PasterCooper Tournament	Thursday 11/25	9:30AM	VS.	Hamburg at Leisure Rinks				
, , , , ,		_	at Daeman College	Friday 11/26	TBA		TBA at Leisure Rink				
Tuesday 12/7	7:00PM	@	Lackawanna	Saturday 12/4	7:15PM		St. Joseph's Collegiate Institute				
Friday 12/10	7:30PM		West Seneca West				at Leisure Rinks				
Tuesday 12/14	7:30PM	VS.		Sunday 12/5	3:00PM	VS	Williamsville North				
Friday 12/17	7:30PM		Riverside Institute of Technology	ounday 1270	0.001 111	٠٠.	at Buffalo State Ice Rink				
1110ay 12/11	7.501 101	٧٥.	Triverside institute of Technology	Saturday 12/11	8:00PM	VS	Niagara Falls at Holiday Rinks				
Quakers Girls Vai	reity Back	roths	all	Monday 12/13			West Seneca East at West Seneca Rink				
Tuesday 11/23	3:30PM			Monday 12/13	J.30F IVI	٧٥.	West Selleca Last at West Selleca Milk				
Tuesday 11/23 Tuesday 11/30	7:00PM		Pioneer (scrimmage) WS Tip Off Tournament	Ouakara Girla Va	Quakers Girls Varsity Ice Hockey (OP / Frontier)						
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Saturday 12/4	2 or 4 Pi	vi @	WS Tip Off Tournament	Saturday 12/4			West Seneca at Holiday Rinks				
T 1 10/7	7.00014	_	at West Seneca East	Saturday 12/11	3:00PM	VS.	Monsignor Martin at Tacoma Rink				
Tuesday 12/7	7:30PM	@	West Seneca West			_					
Friday 12/10	6:00PM			Quakers Coed Va							
Tuesday 12/14	7:30PM	@	Williamsville North	Saturday 12/4	12:00PM		Lancaster				
				Thursday 12/9	5:00PM		Lancaster				
Quakers Boys Ju				Saturday 12/11	1:00PM		Buff State				
Saturday 11/20			Williamsville South (scrimmage)	Thursday 12/16	5:00PM	@	Lancaster				
Tuesday 11/23	5:00PM		Batavia (scrimmage)								
Saturday 11/27	TBA	@	Niagara Wheatfield (scrimmage)	Quakers Coed Va	•						
Wednesday 12/1	6:00PM		McKinley Vocational	Thursday 12/9	4:30PM	@	Lancaster				
Saturday 12/4	12:00PN	1@	Depew	Tuesday 12/14	4:30PM	VS.	Clarence				
Tuesday 12/7	5:30PM	@	Lackawanna	Thursday 12/16	4:30PM	VS.	Kenmore West				
Thursday 12/9	7:30PM	VS.	West Seneca West								
Tuesday 12/14	6:00PM	VS.	North Tonawanda	Quakers Boys Va	rsity Swin	nmir	ng				
Friday 12/17	6:00PM	VS.	Riverside Institute of Technology	Friday 12/10	4:30PM	@	Williamsville South				
•				Tuesday 12/14	5:00PM	VS.	Williamsville East				
Quakers Girls Jur	nior Varsi	ty Ba	asketball	Friday 12/17	4:30PM	@	Sweet Home				
Tuesday 11/23			Pioneer (scrimmage)	•		•					
Thursday 12/2	7:00PM		WS Tip-Off Tournament	Quakers Coed Mo	odified Sw	imm	nina				
		_	at West Seneca East	Wednesday 12/8			Hamburg				
Saturday 12/4	10AM or	a	WS Tip-Off Tournament	Wednesday 12/15			· ·				
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Tuesday 12/7	6:00PM	@	West Seneca West	Quakers Boys Va	reity Wro	etlina	n				
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Tuesday 12/14	6:00PM	_	Williamsville North	Saturday 12/4	9:00AM	$\overline{}$	OP Tournament				
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Quakore Povo Ma	dified A I	Back	athall	•	3:00PM	@	Southtowns Duals at St. Francis				
Quakers Boys Mo				Friday 12/10		@					
Monday 12/13			Lancaster	Saturday 12/11	9:00AM	@	Southtowns Duals at St. Francis				
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PM @ Lancaster PM @ Southtowns Duals at St. Francis Southtowns Duals at St. Francis AM @ (a) PMClarence **B Wrestling** 6:00PM vs. Clarence Middle School (scrimmage) Thursday 12/2 6:00PM Frontier / OP / Starpoint at Starpoint Tuesday 12/7 @ Friday 12/10 4:45PM Maryvale /OP / West Seneca East @ at West Seneca East Middle OP / Williamsville East / Hamburg Tuesday 12/14 4:45PM at Hamburg Middle 6:00PM vs. Amherst / Sweet Home Thursday 12/16



Lawrence Raub Ultimate Quaker Fan

I can't remember for sure when I first met Larry, but I think it was at a summer soccer or lacrosse camp by the field behind the high school some years back. He was there with a couple of young kids watching the action with his ever present smile. We had a nice chat and it was obvious that he was enjoying every minute of the experience---being outside on a nice day watching kids play! That was the first of many such experiences as I was lucky enough to enjoy Larry's company at numerous Quaker sporting events over the next few years.

After that first meeting, I got to know Larry even better, as his grandson, Eric Charette, and my son Scott played soccer together throughout high school. He

was at every game cheering on the boys. After they went off to college I continued to see him at many sporting events---football, soccer, baseball, lacrosse, basketball, field hockey, etc., etc. It didn't matter to Larry who was playing, what level the teams were, whether it was boys or girls, or what the weather was---he enjoyed watching kids play!! If I was working the stand he would make a point of coming over to say hi, give me a warm handshake, and have a burger. He would proudly fill me in on how Eric was doing at Ohio Wesleyan and was quick to ask how Scott was doing. He not only enjoyed watching kids play but, also cared about the kids! I was not surprised to learn that over 35 years ago Larry was one of the parents at Hamburg High School who were instrumental in getting a girls track team before Title Nine was in place.

Working the stand many times this Fall, it seemed like something was missing. Then when I learned of Larry's death I knew what it was. The always smiling, silver haired, soft spoken "Ultimate Quaker Fan" was missing! He truly enjoyed every minute of all the sporting events he attended. I am also sure that the Orchard Park athletes truly enjoyed having him watch the action. He would have loved to be at the JV football banquet to see his grandson Richard Ruh receive a coaches award. I'm guessing he probably did enjoy it from above in a very nice balcony seat. The same seat he will watch his grandkids still competing at OP in swimming, football, wrestling, and soccer. Thanks Larry for your unwavering support of the Quakers and for your friendship. You are truly missed!!

As treasurer of the Quaker Athletic Booster Club, it is my pleasure to tell you that over \$1200 has been donated to the club in memory of Lawrence Raub. Your donations are very much appreciated------Larry would be proud!!

Mike Campbell, QABC Treasurer

IN MEMORY OF

LAWRENCE R. RAUB

WHO PASSED AWAY ON SEPTEMBER 1, 2010.

To date, donations made to the Orchard Park Quaker Athletics Booster Club on the behalf of Lawrence Raub include:

Kelly Anderson, Michael Auricchio, Inc., Harold Bixby, H.S. Bixby, Holly Bowser, Dahmen Brown & Mary Gallagher, Maxine, Patrick, Mark, and Colette Charette, John and Lynn (Mather) Charette, Paul Charette, Peter & Rachel Charette, Aimee Gomlak, Jason Jankowiak, Raymond & Mary Lindquist, Donald B. Malcolm, M. L. & D.B. Malcolm, Jeffery & Lisa Maul---West Valley Environmental Services, LLC, Judy Morrow, Norman Morrow, Norman & Judith Morrow, Richard and Margaret Mrugalski, Sunta Perfetto, Joseph Ruh & Julia Garver, The Sanfilippo Family, Andrew & Jacqueline Tedesco, Margo Wiedrich-Smith, Joseph & Deborah Zizzi, and the co-workers of Rachel Charette from West Valley Environmental Services.

THE NEXT QABC MEETING: 7 PM THURSDAY, DECEMBER 16TH AT ORCHARD PARK ATHLETIC DIRECTOR'S OFFICE

A SPECIAL THANKS TO THE FOLLOWING VOLUNTEERS WHO HELPED EARLIER THIS FALL:

Ed Belica, Theresa Bermingham, Sarah Bozeski, Justine Brennan, Elaine Brink, Jenny Brink, Michael Brink, Zack Brink, Mike Campbell, Lisa Cimorelli, Jim Crowley, Robin Crowley, Liz Ditonto, Mikayla Ditonto, Mike Ditonto, Barb Elie, Kim Eusanio, Debbie Fleetwood, Emily Fleetwood, Scott Fleetwood, Emily Gartenman, Mary Beth Holly, Tim Holly, Bob Hoover, Mary Ann Hoover, Ashley Hughes, Katie Hylkema, Kelly Hlykema, Melanie Janulewicz, Ardis Kazinski, Tom Koller, Kim Koscielnak, Cassidy Kozub, Joe Krug, Jill Legler, Nicole Legler, Patrick Legler, Taylor Legler, Chelsea Lepore, Donna Lepore, Maria Lucci, Megan McKendry, Mike Moran, Cam Morton, Tracey Munich, Pam Murphy, Colleen Nunn, Mike Nunn, Linda O'Connell, Will O'Connell, Caroline Perfetto, Sunta Perfetto, Dawn Pickard, Dennis Pickard, Stephanie Pickard, Brittany Popovski, Maggie Pszonak, Daguan Rodriguez, Charolette Sanfilippo, Amy Schaffstall, Bob Stasiak, Carrie Stasiak, Karen Stasiak, Alyssa Trampert, Sandy Trampert, Greg Zablonski, and Jillian Zablonski

Volunteers are always needed...if you'd like to be added to our volunteer list, please contact us at: opgabc@live.com

QABC Members for the 2010/2011 school year:

GOLD LEVEL: Laurie Alico, Robin & Jim Crowley, Mary Anne & Rick Dolce, The Fleetwood Family, Laura Geiger, Marianne & Bob Hoover, Mark & Kathy Hornung, The Januszkiewicz Family, Anthony R. Kritkausky & Jennifer Kurocina, Kathleen Knauth, Shawn & Sally Manley, Rebecca & Peter McCauley, Kristy & Curtis Modkins, Pam & Kevin Murphy, Mike & Collen Nunn, Bill & Linda O'Connell, Marit & Chuck Ogin, Cyndi Prise, Hillary & Richard Ruh, The Sanfilippo Family, Dave & Vicki Smith, Diane Trageser, The Trampert Family, and The Zizzi Family

SILVER LEVEL: Anthony & Lou Ann Adinolfe, Michael Burger, The Collins Family, Kim Eusanio, Randy & Michael Ferrino, Thomas Hoelzl, Greg & Kelly Hylkema, Tim & Hope Keilman, Vic & Maria Lucci, Michele Majstorovic, Kevin & Lynn McMahon, Dennis & Mary Stanek, Bill & Jody Tatay, Jack & Carolyn Wellington, Scott & Marybeth Weltjen, and Beth & John Welton

BRONZE LEVEL: Claudia Anderson, Russ & Kathy Arcara, Theresa Bermingham, June Brennan, The Cimorelli Family, John & Suzanne Devic, Barbara Elie, Joanne Farreil, Terry Fleig, Wendy & Scott Gloss, Ginny Hogan, Tim & Mary Beth Holly, Ardis Kazinski, Marlene Keane, Tom Koerner, Thomas & Joanna Kreuzer, Jill & Patrick Legler, Donna Lepore, Kevin & Diane Maggioli, Michael & Nanette McCormick, The Pacer/Szabad Family, Dave Proctor (Outdoors Maintenance), Mike & Sally Ruppenthal, Michael & Marjorie Smith, Brenda Swayze, and Tracy Zanda





FOR THE LATEST GABC MERCHANDISE CONTACT US AT

OPGABC@LIVE.COM!

QABC MALE ATHLETE OF THE MONTH



Jacob Eneix

Jake was nominated by his Cross Country coach Ted Washburn. Coach Washburn tells us that Jacob, as a sophomore, finished 5th out of 132 runners at the JFK Invitational, was named one of the Buffalo News Runners of the Week...and that was Jacob's first cross country race ever!

He has since taken 3rd Place at the Section 6 Championships and 83rd Place at the New York State Cross Country Championships. He has added numerous running awards for Top 10 finishes this year in track and cross country. Jake was thrilled to be nominated. It was a great cross country season for him, and the entire OP XC team, in spite of a few injury related challenges along the way, he managed to rise up when it counted.

Although his college plans are undecided at this time, Jake says he may want to consider a career as a Teacher or Physical/Sport Therapist. He enjoys running (of course!), fishing, biking, and hiking. His favorites include *Avatar* (movie), Lime Green (color), and spaghetti (food). His favorite quote, comes from his favorite runner, "I like to run my races at a suicide pace and today is a good day to die" – Steve Prefontaine

COACHES! To honor one of your players with the QABC Athlete of the Month... You know what to do! Send us an e-mail...opgabc@live.com!

QABC FEMALE ATHLETE OF THE MONTH

Sarah Moore

Sarah started playing soccer at the age of five for the Orchard Park Soccer Club. She has attended the Buffalo State Goalkeeping Camps, and been a member of the Niagara Falls United U16/17 and Delaware Soccer Club U15/16 which included NCIAP Tournament Champions and B&WNYJSL Division A Champions 2008/2009 (undefeated).

Along with being a member of the Varsity Club, this Senior was the goalkeeper for the Quakers Girls Varsity Soccer team where she was named Varsity Captain and MVP where she has been named to the ECIC I First Team and been the ECIC shutout leader.

The daughter of Scott and Cindy, Sarah has a brother, Zachery and a dog, Duffy. This OP native enjoys coaching and refereeing youth soccer, and listening to Eminem, Drake, and Sam Adams. Some of her favorites include *She's the Man* (movie), Red (color), Mac n cheese/mashed potatoes (food) and "No sacrifice, no victory" (quote)

She is undecided on where she wants to attend school in the fall, but she would like to pursue a career as an Athletic Trainer.



Photo by James Goller of OrchardParkSports.com

CONGRATULATIONSI

A trio of Quakers Varsity Lacrosse players, Emily Fleetwood, Cullen Mangino, and Trevor Vargo, recently signed National Letters of Intent.

Fleetwood signed on to play with the Division I Niagara University Lady Purple Eagles, while Mangino and Vargo will be playing next year as members of the Division II Mercyhurst College Lakers in Erie, PA.

Sponsorship Registration Form

Your name: _											Addı	ess:												
City:											State	e:					Z	ip:						
Day Phone: _											Ever	ning P	hone:											
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Total Donation \$ _____

Please make check payable to: Quaker Athletics Booster Club
Mail this form and payment to: Quaker Athletics Booster Club
Orchard Park High School
4040 Baker Road
Orchard Park, NY 14127

Thank you for your support!

QUAKER ATHLETICS BOOSTER CLUB

OPHS Main Office • 4040 Baker Road • Orchard Park, NY 14127 opqabc@live.com

2010-2011 MEMBERSHIP

The Quaker Athletics Booster Club supports sports for the interscholastic athlete as well as fitness for all students in the Orchard Park Schools. Our annual membership drive and concession stand profits are the Booster Club's primary source of funding.

THE BOOSTER CLUB HAS FUNDED

The **NEW** Turf Field, Baseball/Softball Pitching Machines, Weight Training Equipment, Score Boards, Wrestling Mats, Gymnasium Chairs, Netting for Soccer and Lacrosse at The Pit Field, Golf Bags, Basketball Shoot-A-Way Machines, the Annual QABC Scholarships, and MORE!

If you have any questions, or would like to get involved, please contact: opqabc@live.com
Elaine Brink, President (662-4399) (laina4761@aol.com) or
Bob Stasiak, At-Large Member (674-5896)

Please help us continue our success by joining the Quaker Athletics' Booster Club, making a donation, and/or by volunteering!

All members are welcome to attend the QABC monthly meetings. Dates and times are listed in the

		OP Scho	ol calendar	and the QABC Monthly	/ Newsletter
			PI	LEASE CUT HERE	
To join, do	onate, and/or v	olunteer for	the Quaker A	thletics Booster Club, plea	ase complete:
Name:					
Phone Nu	umber:				
Address:				Town:	Zip Code:
E-mail ad	dress:				
Yes	No	I would	like to receiv	e the QABC monthly ne	ewsletter via email
Yes	No	I would I	ike to add m	y name to your voluntee	er list
Members	hip Levels:	Bronze Silver Gold	\$25.00	Total	Amount Enclosed \$

Please return completed form along with checks payable to:

QUAKER ATHLETICS BOOSTER CLUB

OPHS Main Office 4040 Baker Road Orchard Park, NY 14127

Volunteers are needed to help operate the concession stand for various sporting events held at OP Stadium. Please consider adding your name to the volunteer list.

THANKS FOR SUPPORTING ORCHARD PARK HIGH SCHOOL ATHLETES!!