# QUAKER ATHLETICS BOOSTER CLUB



# **NEWSLETTER**

#### From the President...

Fall is upon us and I am sure most of you have been as busy as my family the last few weeks. Homecoming was wonderful, the weather co-operated and the athletic fields and stands were full. It is hard to believe some of the Orchard Park athletic teams have concluded their seasons. Congratulations to all team members and coaches on your accomplishments.

The concession stand at the athletic field has been very busy. We have been open for an unprecedented 21 events so far. These included boys & girls soccer, field hockey and all levels of football. Of course the QABC would not be able to operate without the tireless efforts of our volunteers.

Please take note of the many names listed in this months' newsletter.

I would like to offer a heartfelt THANK YOU from me and all of the student athletes you support by donating your time and efforts.

Please consider adding your name to that list – we still have a few events left this season.

Sincerely, Elaine Brink, President QABC October, 2010 Volume 1, Issue 2

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# IN MEMORY OF LAWRENCE R. RAUB WHO PASSED AWAY ON SEPTEMBER 1, 2010.

Donations made to the Orchard Park Quaker Athletics Booster Club on the behalf of Lawrence Raub:

Kelly Anderson, Michael Auricchio, Inc., Harold Bixby, H.S. Bixby, Holly Bowser, Dahmen Brown & Mary Gallagher, Maxine, Patrick, Mark, and Colette Charette, John and Lynn (Mather) Charette, Paul Charette, Aimee Gomlak, Jason Jankowiak, Raymond & Mary Lindquist, Donald B. Malcolm, M. L. & D.B. Malcolm, Jeffery & Lisa Maul---West Valley Environmental Services, LLC, Judy Morrow, Norman Morrow, Norman & Judith Morrow, Richard and Margaret Mrugalski, Sunta Perfetto, Joseph Ruh & Julia Garver, The Sanfilippo Family, Andrew & Jacqueline Tedesco, Margo Wiedrich-Smith, Joseph & Deborah Zizzi, and the co-workers of Rachel Charette from West Valley Environmental Services.



Find out what these two have in common on Page 5

Have the QABC Newsletter delivered right to your e-mail inbox!

Send your e-mail address to

opqabc@live.com

# QUAKER ATHLETICS - TEAM SCHEDULES

Quakers (	Coed V	/arsity	Cross	Country

Tuesday 10/19 Williamsville North 4:45PM @ Friday 11/5 **TBA** @ Sectionals

#### **Quakers Coed Mod B Cross Country**

Wednesday 10/20 4:45PM @ Starpoint Mod Invitational Wednesday 10/27 4:45PM @ Clarence Mod Invitational Wednesday 11/3 4:30PM @ Alden Mod Invitational

#### Quakers Girls Varsity Field Hockey

Friday 10/15 4:45PM vs. Lancaster Monday 10/18 4:30PM vs. Iroquois Central High School Wednesday 10/20 4:30PM vs. Pioneer Central High School Friday 10/29 3:00PM vs. Quarter Finals(at higher seed) Thursday 11/4 **TBA** @ Semi-Finals Wednesday 11/10 TBA Finals VS.

#### Quakers Girls Junior Varsity Field Hockey

**TBA** 

Friday 10/15 4:30PM @ Lancaster 4:30PM @ Monday 10/18 Iroquois Central High School Wednesday 10/20 4:30PM @ Pioneer Central High School

@

Regionals

#### Quakers Girls Mod B Field Hockey

Saturday 11/13

10:00AM vs. Williamsville North Saturday 10/16 Tuesday 10/19 Clarence Senior High School 4:30PM @ Thursday 10/21 Sweet Home 4:45PM vs. Monday 10/25 4:30PM @ West Seneca West

#### **Quakers Boys Varsity Football**

Friday 10/15 7:00PM @ Jamestown Friday 10/22 7:30PM vs. Week #8 (Play-In) Friday 10/29 7:30PM vs. Semi-Final Friday 11/5 8:30PM @ Semi-Final Friday 11/12 TBA @ Regionals Saturday 11/20 6:00PM @ State Semi-Finals Sunday 11/28 3:00PM State Finals

#### **Quakers Boys Junior Varsity Football** Thursday 9/16 7:00PM @ West Seneca West

Saturday 9/25 10:00AM vs. Frontier Thursday 9/30 7:30PM vs. Riverside Institute of Technology Bennett High School

Saturday 10/9 10:00AM @

Thursday 10/14 7:30PM vs. Jamestown

#### **Quakers Boys Freshman Football**

Thursday 9/16 4:30PM vs. St. Francis Thursday 9/23 4:30PM @ Clarence Senior High School

Thursday 9/30 5:00PM vs. North Tonawanda

4:30PM vs. Thursday 10/7 Frontier

4:30PM Thursday 10/14 St. Joe Collegiate Institute (a)

4:30PM Thursday 10/21 Canisius (a)

#### **Quakers Boys Mod B Football**

Wednesday 10/20 5:00PM vs. Williamsville North Wednesday 10/27 4:30PM vs. West Seneca East

#### **Quakers Boys Varsity Golf**

Monday 10/18 2:30PM @ Team Championship

#### **Quakers Girls Varsity Gymnastics**

Monday 10/18 5:00PM (Q) Frontier / Hamburg Friday 10/22 5:00PM Williamsville North / Frontier (a) Tuesday 10/26 5:00PM Hamburg / Frontier (a) Thursday 10/28 5:00PM Lancaster @ Saturday 10/30 1:00PM Halloween Invitational @ Wednesday 11/3 5:00PM Sectionals @ Friday 3/4 States @ Shaker HS, Albany TBA

#### **Quakers Boys Varsity Soccer**

Monday 10/18

Wednesday 10/20 4:30PM vs. Frontier Friday 10/22 7:00PM Hamburg @ Pre-Quarters (at higher seed) Wednesday 10/27 TBA VS. Friday 10/29 TBA Quarters (at higher seed) VS. Wednesday 11/3 TBA @ Semi-finals Saturday 11/6 5:00PM @ Finals 5:00PM Saturday 11/13 (Q) Regionals

West Seneca West

4:30PM @

#### Quakers Girls Varsity Soccer

Friday 10/15 4:30PM @ Lancaster Tuesday 10/19 4:30PM @ Frontier Thursday 10/21 7:00PM vs. West Seneca West Monday 10/25 Qualifier (if needed) 3:30PM vs. Tuesday 10/26 Pre-Quarter 3:30PM vs. Thursday 10/28 Quarter-final(at higher seed) 3:30PM VS. Tuesday 11/2 Semi-final 5:00PM @ Saturday 11/6 Final 1:30PM @ Saturday 11/6 1:30PM Final @ Saturday 11/13 Regionals TBA

#### **Quakers Boys Junior Varsity Soccer**

4:30PM @ Monday 10/18 West Seneca West Wednesday 10/20 4:30PM vs. Frontier Friday 10/22 5:00PM @ Hamburg

#### **Quakers Girls Junior Varsity Soccer**

Friday 10/15 4:30AM @ Lancaster Tuesday 10/19 4:30PM @ Frontier Thursday 10/21 4:30PM vs. West Seneca West

#### **Quakers Boys Mod B Soccer**

Friday 10/15 4:30PM @ Frontier 4:45PM vs. Tuesday 10/19 West Seneca West

#### **Quakers Girls Mod B Soccer**

Williamsville North Monday 10/18 5:00PM vs. Wednesday 10/20 4:45PM vs. Frontier Monday 10/25 4:30PM @ West Seneca West

#### **Quakers Girls Varsity Swimming**

Friday 10/15 5:00PM VS. Frontier Tuesday 10/19 5:00PM vs. Sweet Home Friday 11/5 4:00PM Sectionals @ Saturday 11/6 2:00PM Sectionals @ Thursday 11/18 States TBA @ Friday 11/19 States TBA @ Saturday 11/20 TBA States

# QUAKER ATHLETICS - TEAM SCHEDULES

#### **Quakers Girls Varsity Tennis**

	,		
Tuesday 10/19	4:00PM	@	Gold, Silver, Bronze Tournament
Wednesday 10/20	4:00PM	@	Gold, Silver, Bronze Tournament
Friday 10/29	1:00PM	@	Sectionals
Saturday 10/30	3:00PM	@	Sectionals
Saturday 11/6	TBA	@	States @ Eastside Racquet Club,
			Manlius, NY
Sunday 11/7	TBA	@	States @ Eastside Racquet Club,
-			Manlius, NY
Monday 11/8	TBA	@	States @ Eastside Racquet Club,
-		_	Manlius, NY

#### Quakers Boys JV/Varsity Volleyball

Friday 10/15	5:30PM	VS.	Frontier
Saturday 10/16	TBA	VS.	OP VB Tournament
Monday 10/18	5:30PM	VS.	Lake Shore Senior High School
Wednesday 10/20	6:00PM	@	Hamburg
Friday 10/22	5:00PM	@	West Seneca West
Tuesday 10/26	5:30PM	VS.	Lancaster
Wednesday 10/27	5:30PM	@	Eden
Thursday 10/28	6:00PM	VS.	Qualifier (if needed)
Friday 10/29	6:00PM	VS.	Pre-1/4 @ Higher Seed
Wednesday 11/3	6:00PM	VS.	Quarterfinal @ higher seed
Saturday 11/6	TBA	VS.	Semi-finals
Wednesday 11/10	6:00PM	@	Finals
Saturday 11/13	TBA	@	Regionals
Saturday 11/20	TBA	<u>@</u>	States

#### Quakers Girls JV/Varsity Volleyball

Saturday 10/16	TBA	@	North Tonawanda Tournament
Monday 10/18	6:00PM	@	Hamburg
Wednesday 10/20	5:30PM	VS.	Starpoint
Wednesday 10/20	5:30PM	VS.	Starpoint Central High School
Friday 10/29	TBA	VS.	Qualifier game
Monday 11/1	TBA	@	Pre 1/4's
Wednesday 11/3	TBA	@	1/4's
Friday 11/5	TBA	@	Semi-Finals
Monday 11/8	6:00PM	@	Finals

#### **Quakers Boys Mod B Volleyball**

Monday 10/18	4:00PM	@	Hamburg
Thursday 10/21	4:45PM	VS.	Lancaster
Monday 10/25	4:30PM	@	Frontier
Wednesday 10/27	4:30PM	@	Sweet Home

#### **Quakers Girls Mod B Volleyball**

Friday 10/15	4:30PM	@	West Seneca West
Monday 10/18	4:45PM	VS.	Lancaster
Tuesday 10/19	4:30PM	@	Frontier
TI 1 40/04	4.0004	~	11 1





#### Coaches Corner:

#### **Coach Ted Washburn**

Quakers Boys & Girls
 Varsity & JV Cross Country

Coach Washburn started his coaching career at Orchard Park in 2000. He also coaches Girls Varsity Track, Boys Varsity Track, and the Summer Track Program.

Some of Coach Washburn's career highlights include the Girls Track Team have winning four sectional titles in the last 10 years, Ranked in the Top 10 in NY State the last two years, being ranked in the Top 10 in WNY for the past eleven years, have had numerous athletes participate in State Competitions, and have had more participants in the sport the last two years, than in the history of our team. He has been an ECIC Coach of the Year nominee three times.

Mr. Washburn started playing sports in the sixth grade and competed in High School-Varsity Cross Country, Varsity Track, Varsity Basketball, Varsity Baseball, Varsity Soccer at Niagara-Wheatfield, and participated in Cross Country and Track in college at SUNY Fredonia.

Coach Washburn continues to run recreationally and enjoys hiking, golfing, fishing, travelling to National Parks, reading, eating at Mighty Taco and Bar Bill Chicken Wings.

This 5th grade teacher at Eggert Elementary has been married to Amy 4 1/2 years now, have a beautiful 15 month old daughter named Caroline.

Some of his favorite flix include Jaws, Better Off Dead (I want my \$2!), Ferris Bueller's Day Off, Lord of the Rings, and Halloween. Coach Washburn is also a fan of The Tragically Hip, Bruce Springsteen, The Pixies, Radiohead, and U2.

"Where else would you rather be than right here, right now?" -Marv Levy

(This being said to my athletes while they are in the midst of an especially hard workout)

# THE NEXT QABC MEETING: 7 PM THURSDAY, NOVEMBER 18<sup>TH</sup> AT ORCHARD PARK ATHLETIC DIRECTOR'S OFFICE

#### **VOLUNTEERS ARE NEEDED TO HELP OPERATE THE CONCESSION STAND FOR THE FOLLOWING EVENTS:**

DATE	EVENT	<b>GAME AT</b>	<b>OPEN AT</b>
Friday 10/15	Girls Varsity Field Hockey	4:45 PM	4:15 PM
Wednesday 10/20	Boys Mod B Football	5:00 PM	4:30 PM
Thursday 10/21	Girls JV Soccer	4:30 PM	4:00 PM
•	Girls Varsity Soccer	6:30 PM	
Wednesday 10/27	Boys Mod B Football	4:30 PM	4:00 PM
TBD	ANY PLAYOFF GAME(S)	TBD	TBD

#### A SPECIAL THANKS TO THE FOLLOWING VOLUNTEERS WHO HELPED EARLIER THIS MONTH:

Ed Belica, Theresa Bermingham, Sarah Bozeski, Justine Brennan, Elaine Brink, Jenny Brink, Michael Brink, Mike Campbell, Lisa Cimorelli, Robin Crowley, Barb Elie, Kim Eusanio, Debbie Fleetwood, Emily Fleetwood, Scott Fleetwood, Emily Gartenman, Mary Beth Holly, Tim Holly, Bob Hoover, Mary Ann Hoover, Ashley Hughes, Katie Hylkema, Kelly Hlykema, Melanie Janulewicz, Ardis Kazinski, Tom Koller, Kim Koscielnak, Cassidy Kozub, Joe Krug, Jill Legler, Nicole Legler, Patrick Legler, Taylor Legler, Chelsea Lepore, Donna Lepore, Megan McKendry, Mike Moran, Cam Morton, Pam Murphy, Colleen Nunn, Mike Nunn, Caroline Perfetto, Sunta Perfetto, Brittany Popovski, Maggie Pszonak, Daquan Rodriguez, Charolette Sanfilippo, Amy Schaffstall, Bob Stasiak, Carrie Stasiak, Karen Stasiak, Alyssa Trampert, Sandy Trampert, Greg Zablonski, and Jillian Zablonski

Volunteers are always needed...if you'd like to be added to our volunteer list, please contact us at: <a href="mailto:opgabc@live.com">opgabc@live.com</a>

#### Welcome <u>NEW</u> QABC Members for the 2010/2011 school year:

GOLD LEVEL: Laurie Alico, Robin & Jim Crowley, Mary Anne & Rick Dolce, Marianne & Bob Hoover, The

Januskiewicz Family, Kathleen Knauth, Anthony R. Kritkausky, Jennifer Kurocina, Pam & Kevin Murphy, Mike & Collen Nunn, Bill & Linda O'Connell, Diane Trageser, and The Zizzi Family.

SILVER LEVEL: Michael Burger, Randy & Michele Ferrino, Thomas Hoelzl, Greg & Kelly Hylkema, Tim & Hope

Keilman, Dennis & Mary Stanek, and Bill & Jody Tatay

BRONZE LEVEL: Claudia Anderson, Russ & Kathy Arcara, June Brennan, The Cimorelli Family, Barbara Elie, Ginny Hogan, Tim & Mary Beth Holly, Tom Koerner, Donna Lepore, Michael & Nanette McCormick, Mike &

Sally Ruppenthal, Michael & Marjorie Smith, and Tracy Zanda





GET THE LATEST GABC
MERCHANDISE AT THE
CONCESSION STAND DURING MOST
ORCHARD PARK HIGH SCHOOL
STADIUM EVENTS!

### **QABC MALE ATHLETE OF THE MONTH**



#### **Paul Leavell**

The October Male Athlete of the Month" is Paul Leavell. Paul was nominated by his football coach Gene Tundo. Paul plays football and baseball for Orchard Park. He is a team captain and considered the "quarterback" of the defense, calling all defensive plays on the field. In the last game of the regular season Paul had 15 tackles, 2 interceptions and a 10 yard touchdown run.

Coach Tundo calls Paul "a great kid, a great leader and one of the reasons the defense has played so well this season". Paul has 2 older brothers that also played for Orchard Park. They attend St. John Fisher College where Paul will be attending next year. Congratulations Paul on a great football season and good luck in the future.

### **QABC FEMALE ATHLETE OF THE MONTH**

#### **Melanie Janulewicz**

Melanie was nominated by Coach Bridget Callahan. Mel is the second year, Senior goalie for the Quakers Girls Varsity Field Hockey Team, posting a number of shutouts so far this year that have ranked her 2<sup>nd</sup> in the ECIC.

Miss Janulewicz is also a goalie for the Quakers Girls Lacrosse team, a sport she has been apart of since 7<sup>th</sup> Grade, she participates in the High School Musical, SMILE Club, Cancer Awareness Club, Swing Chorus, National Honor Society, Southtowns YES, and has attended the Circle Play Field Hockey Camp...all while also holding down a job at Abbott's Frozen Custard!

Melanie plans on a career in nursing, and would like to attend St. John Fisher College next fall.



COACHES! To honor one of your players with the QABC Athlete of the Month... You know what to do! Send us an e-mail...opgabc@live.com!

# QUAKER ATHLETICS BOOSTER CLUB

#### Sponsorship Registration Form

Your name: _											Addr	ess: _												
City:											Address: State: Zip:													
Day Phone: _																								
E-Mail Addres	s:																							
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Total Donation \$ \_\_\_\_\_

Please make check payable to: Quaker Athletics Booster Club
Mail this form and payment to: Quaker Athletics Booster Club
Orchard Park High School
4040 Baker Road
Orchard Park, NY 14127

Thank you for your support!

**QUAKER ATHLETICS BOOSTER CLUB** 

OPHS Main Office • 4040 Baker Road • Orchard Park, NY 14127 opgabc@live.com

# QUAKER ATHLETICS BOOSTER CLUB

#### 2010-2011 MEMBERSHIP

The Quaker Athletics Booster Club supports sports for the interscholastic athlete as well as fitness for all students in the Orchard Park Schools. Our annual membership drive and concession stand profits are the Booster Club's primary source of funding.

#### THE BOOSTER CLUB HAS FUNDED

The **NEW** Turf Field, Baseball/Softball Pitching Machines, Weight Training Equipment, Score Boards, Wrestling Mats, Gymnasium Chairs, Netting for Soccer and Lacrosse at The Pit Field, Golf Bags, Basketball Shoot-A-Way Machines, the Annual QABC Scholarships, and MORE!

If you have any questions, or would like to get involved, please contact: opqabc@live.com

Elaine Brink, President (662-4399) (laina4761@aol.com) or

Bob Stasiak, At-Large Member (674-5896)

Please help us continue our success by joining the Quaker Athletics' Booster Club, making a donation, and/or by volunteering!

All members are welcome to attend the QABC monthly meetings. Dates and times are listed in the

		OP Scho	ol calendar a	nd the QABC Monthly Newsletter					
			PL	EASE CUT HERE					
To join, d	onate, and/or v	olunteer for	the Quaker Atl	nletics Booster Club, please complete:					
Name: _									
Phone N	umber:								
E-mail ad	ddress:								
Yes	No	I would	like to receive	the QABC monthly newsletter via email					
Yes	No	I would like to add my name to your volunteer list							
Membership Levels:		Bronze Silver Gold	\$25.00	Total Amount Enclosed \$					

Please return completed form along with checks payable to:

#### **QUAKER ATHLETICS BOOSTER CLUB**

OPHS Main Office 4040 Baker Road Orchard Park, NY 14127

Volunteers are needed to help operate the concession stand for various sporting events held at OP Stadium. Please consider adding your name to the volunteer list.

THANKS FOR SUPPORTING ORCHARD PARK HIGH SCHOOL ATHLETES!!