

# *The Mysteries of Consciousness*

## *Essays on Spacetime, Evolution and Well-Being*



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Essays on Spacetime,  
Evolution and Well-Being



*Edited by Ingrid Fredriksson*

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*Six Protocols, Neuroscience, and near Death:*

*An Emerging Paradigm Incorporating  
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*Conscious Spacetime An outline to experiential monism.*

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*The PSI-Track and other unexplained energy fields  
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*The Role of Consciousness in the Origin and Evolution  
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*DNA Consciousness: From Theory to Science.*

**Ingrid Fredriksson**. (Sweden) *Does consciousness and  
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*The Non-local Universe is the Consciousness Universe.*

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*What is Love? The Physical Cosmology of Spiritual  
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(Sweden) *The Need for an Existential Holism.*

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*Thinking Matters Wellbeing, Mindfulness and the  
Global Commons.*

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*Systematical and long-term training of alternative state  
of consciousness.*

<http://www.mcfarlandbooks.com/book-2.php?id=978-0-7864-7768-5>

For hundreds of years the Western world has believed that humans – indeed all living things – consist of more than pure biology. Not merely physical bodies, humans possess something else that helps to define them. In this collection of new essays scientists, psychologists, theoretical physicists and other experts in the mind-body connection explore the nature of consciousness and its future as a new paradigm in science. With contributions covering near death experiences, the concept of “free will,” conscious spacetime, DNA consciousness, the role of consciousness in the evolution of life, quantum theory and the non-local universe, the scientific basis of love, and the principles and applications of self-hypnosis, this volume clarifies the meaning of consciousness and establishes a model for further exploration of a burgeoning realm of scientific study.

Ingrid Fredriksson is a Swedish author with an M.A. degree in public health education. She has written several books, including, *The Power of Thought*, – and she is editor for *Aspects of Consciousness Essays on Physics, Death and the Mind*. McFarland. <http://www.mcfarlandbooks.com/book-2.php?id=978-0-7864-6495-1>  
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