



TRUEHOPE EMPowerplus is a unique and safe combination of 36 nutrients designed to provide nutritional support for the central nervous system.*

Suggested use: For general health, take 4 capsules twice daily with food. Store in a cool, dry place.

Note: Consult a physician familiar with EMPowerplus prior to use if you are taking psychotropic medication. Pregnant or lactating women and people with serious medical conditions should consult with a physician prior to use. Contact Truehope Support (1-888-878-3467) for more information.

Phenylketonurics: contains phenylalanine.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured for:

Truehope Nutritional Support Ltd.
Box 888, Raymond, AB, T0K 2S0

For information and orders:

1-888-TRUEHOPE (1-888-878-3467)
truehope.com
Made in U.S.A.

Supplement facts

Serving size: 4 capsules

Servings per container: 30

Amount per serving		% DV
Vitamin A (as retinyl palmitate)	1536 IU	31
Vitamin C (as ascorbic acid)	160 mg	267
Vitamin D (as cholecalciferol)	384 IU	96
Vitamin E (as d-alpha tocopheryl succinate)	96 IU	320
Thiamin (as thiamin mononitrate)	4.8 mg	320
Riboflavin	3.6 mg	212
Niacin (as niacinamide)	24 mg	120
Vitamin B ₆ (as pyridoxine hydrochloride)	9.6 mg	480
Folic acid	384 µg	96
Vitamin B ₁₂ (as cyanocobalamin)	240 µg	4000
Biotin	288 µg	96
Pantothenic acid (as calcium pantothenate)	5.8 mg	58
Calcium	352 mg	35
Iron	3.7 mg	20
Phosphorus	224 mg	22
Iodine (from pacific kelp)	54.4 µg	36
Magnesium	160 mg	40
Zinc	12.8 mg	85
Selenium	53 µg	76
Copper	1.9 mg	95
Manganese	2.6 mg	130
Chromium	168 µg	140
Molybdenum	40 µg	53
Potassium	64 mg	2
Proprietary blend	670 mg	*
[Choline bitartrate, DL-phenylalanine, citrus bioflavonoids, inositol, L-glutamine, L-methionine, grape seed extract, ginkgo biloba leaf, germanium sesquioxide, boron, vanadium, nickel]		

* % Daily value (%DV) not established.

Other ingredients: capsule shell (gelatin, titanium dioxide) microcrystalline cellulose, glycine, magnesium stearate, citric acid, silicon dioxide, mineral wax (flow agent)