

Ephesians 4:11-16 KJV And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers; 12 For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ: 13 Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ: 14 That we *henceforth* be no more children, tossed to and fro, and carried about with every wind of doctrine, by the sleight of men, and cunning craftiness, whereby they lie in wait to deceive; 15 But speaking the truth in love, may grow up into him in all things, which is the head, *even* Christ: 16 From whom the whole body fitly joined together and compacted by that which every joint supplieth, according to the effectual working in the measure of every part, maketh increase of the body unto the edifying of itself in love.

God does not want His Sons and Daughters to be children all of their lives. If you had a son or daughter that was 20 years old and they acted like a 2 year old, you would call them abnormal. It is the same way for God's Sons and Daughters.

Our children grow up by eating good food, exercising, and from instruction from their parents and school teachers. The same principle is true for God children, but (1) our good food is the Holy Word of God. (2) We get our exercise from obeying the Word of God. (3) It is our parents, Pastors and Teachers who have been charged with instructing us,

(1) Our Good Food Is The Holy Word Of God.

Psalms 119:103-105 KJV How sweet are thy words unto my taste! yea, sweeter than honey to my mouth! 104 Through thy precepts I get understanding: therefore I hate every false way. 105 NUN. Thy word *is* a lamp unto my feet, and a light unto my path.

Job 23:10-12 KJV But he knoweth the way that I take: *when* he hath tried me, I shall come forth as gold. 11 My foot hath held his steps, his way have I kept, and not declined. 12 Neither have I gone back from



the commandment of his lips; I have esteemed the words of his mouth more than my necessary food.



(2) We Get Our Exercise From Obeying The Word Of God.

Hebrews 5:12-14 KJV For when for the time ye ought to be teachers, ye have need that one teach you again which *be* the first principles of the oracles of God; and are become such as have need of milk, and not of strong meat. 13 For every one that useth milk *is* unskilful in the word of righteousness: for he is a babe. 14 **But strong meat belongeth to them that are of full age,** *even* those who by reason of use have their senses exercised to discern both good and evil.

(3) It Is Our Parents, Pastors & Teachers Who Have Been Charged With Instructing Us.

2 Timothy 3:14-17 KJV But continue thou in the things which thou hast learned and hast been assured of, knowing of whom thou hast learned *them;* 15 And **that from a child thou hast known the holy scriptures**, which are able to make thee wise unto salvation through faith which is in Christ Jesus. 16 All scripture *is* given by inspiration of God, and *is* profitable for doctrine, for reproof, for correction, for instruction in righteousness: 17 That the man of God may be perfect,

