

**This Recipe is not Diet Specific; You will need to make substitutions.**

### Coleslaw

1/2 cup Mocha Mix Non-Dairy Creamer

2 1/2 tbsps. cider vinegar

1 tsp. sugar

5 tbsps. mayo

1/4 tsp. salt.

3 cups shredded cabbage

1/4 cup chopped parsley

1 medium carrot, grated

1 green onion, including top, sliced thin

1. Combine the Mocha Mix, vinegar, sugar, mayo and salt and mix thoroughly with a wire whisk. Cover and refrigerate until ready to use.

2. Combine the cabbage, parsley, carrot and onion in a bowl and toss thoroughly. Add the dressing mixture and again toss thoroughly. Refrigerate for several hours before serving.

Makes 6 (1/2 cup) servings.

2. Add the Cream of Rice and stir for 30 seconds. Remove from the heat, cover and allow to stand for 5 minutes.

3. Spoon into a blender and blend, until smooth. Use immediately for sauces, flavoring to suit the need; or refrigerate, covered, and reheat as needed.

Makes 1 1/2 cups of sauce.