

Cinnamon Munch

1/3 cup granulated sugar

2 cups (360 gm) Brach's Spice Drops

1 ½ teaspoons cinnamon

¼ cup margarine or butter

4 cups (100 gm) Rice Chex

Mix sugar and cinnamon together in a small bowl; set aside. Melt margarine in a large skillet over low heat. Add cereal. Stir gently until cereal is coated with margarine. Continue to heat and stir 5 minutes more. Sprinkle ½ the cinnamon-sugar mixture over the cereal; stir, then sprinkle with remaining cinnamon-sugar. Continue to heat and stir for 1 minute. Cool. Add spice drops and mix well.

	Phe (mg)	Protein (gm)	Calories
Per recipe	288	6.2	2190
Per ¼ cup (23 gm) serving	12	0.3	91