



# "Scrappy Joe's Single Lift"



Hooversville, Pa – February 9, 2013

\*Thanks to the handful of lifters who made it through winter storm Nemo and made it to the platform . To all of the lifters who couldn't make it through we hope you are safe

## Squat Division

Gender	Class	Division	Age	State	BW(lbs)	First Name	Last Name	Att. 1	Att. 2	Att. 3	Att. 4	Best Lift	Comments
Male	148	Open	22	Pa	147.1	Kevin	Spencer	152.5	162.5	162.5		162.5	OL
Male	148	(14-15)	14	Pa	138.5	Ryan	Shumaker	25	30	40		40	
Male	198	(18-19)	19	Pa	195.3	Tom	Lepley	150	167.5	177.5		177.5	
Male	198	Open	22	Pa	209.4	Matt	Fox	185	200	207.5		207.5	
Male	242	(35-39)	35	Pa	241.3	Joe	Caola	140	157.5	172.5		157.5	

## Bench Division

Gender	Class	Division	Age	State	BW(lbs)	First Name	Last Name	Att. 1	Att. 2	Att. 3	Att. 4	Best Lift	Comments
Male	148	11 U	11	Pa	147.1	Davis	Lee	42.5	48.5	50		48.5	National Rec
Male	181	(60-64)	60	Pa	178.3	Chuck	Cole	112.5	117.5	120		117.5	
Male	198	(18-19)	19	Pa	195.3	Tom	Lepley	110	117.5	117.5		117.5	

Male	<b>198</b>	(70-74)	74	Pa	196.8	<b>Jack</b>	<b>Herbien</b>	<b>87.5</b>	<b>90</b>	<b>92.5</b>		<b>92.5</b>	
Male	<b>198</b>	Open	22	Pa	209.4	<b>Matt</b>	<b>Fox</b>	<b>140</b>	<b>147.5</b>	<b>155</b>		<b>155</b>	<b>OL</b>
Male	<b>308</b>	(35-39)	38	Pa	285.2	<b>Mike</b>	<b>Norris</b>	<b>182.5</b>	<b>190</b>	<b>192.5</b>		<b>190</b>	

## Deadlift Division

Gender	Class	Division	Age	State	BW(lbs)	First Name	Last Name	Att. 1	Att. 2	Att. 3	Att. 4	Best Lift	Comments
Male	<b>148</b>	Open	22	Pa	147.1	<b>Kevin</b>	<b>Spencer</b>	<b>162.5</b>	<b>180</b>	<b>187.5</b>		<b>180</b>	<b>OL</b>
Male	<b>181</b>	(75-79)	79	Pa	174.4	<b>Sam</b>	<b>Contakos</b>	<b>105</b>	<b>115</b>	<b>122.5</b>		<b>122.5</b>	
Male	<b>181</b>	(60-64)	60	Pa	178.3	<b>Chuck</b>	<b>Cole</b>	<b>182.5</b>	<b>190</b>	<b>192.5</b>		<b>190</b>	
Male	<b>198</b>	(14-15)	15	Pa	187.1	<b>Dan</b>	<b>Karashowsky</b>	<b>112.5</b>	<b>130</b>	<b>142.5</b>		<b>142.5</b>	
Male	<b>198</b>	(18-19)	19	Pa	195.3	<b>Tom</b>	<b>Lepley</b>	<b>182.5</b>	<b>207.5</b>	<b>220</b>		<b>207.5</b>	
Male	<b>198</b>	(70-74)	74	Pa	196.8	<b>Jack</b>	<b>Herbien</b>	<b>155</b>	<b>165</b>	<b>172.5</b>		<b>172.5</b>	
Male	<b>198</b>	Open	22	Pa	209.4	<b>Matt</b>	<b>Fox</b>	<b>212.5</b>	<b>225</b>	<b>235</b>		<b>235</b>	
Male	<b>220</b>	(45-49)	45	Pa	213.5	<b>Russel</b>	<b>Zang</b>	<b>145</b>	<b>155</b>	<b>165</b>		<b>155</b>	
Male	<b>275</b>	(40-44)	41	Pa	248.6	<b>Brian</b>	<b>Louder, Sr</b>	<b>120</b>	<b>137.5</b>	<b>137.5</b>		<b>137.5</b>	
Male	<b>275</b>	Open	51	Pa	263.8	<b>William</b>	<b>Ogden</b>	<b>220</b>	<b>252.5</b>	<b>255</b>		<b>252.5</b>	

Male	308	(15-16)	16	Pa	289	Brian	Louder, Jr	145	172.5	192.5		172.5	

**Judges:** Bugs Bayer, Joe Orenzia and Jackson Lee