



NEW JERSEY STATE POWERLIFTING RECORDS

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WOMEN

97 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	205.2 Naomi Kutin (2011)	80 Maureen Cahill (2001)	203.9 Naomi Kutin (2011)	479.5 Naomi Kutin (2011)
11 & Under	205.2 Naomi Kutin (2011)	77 Naomi Kutin (2012)	203.9 Naomi Kutin (2011)	479.5 Naomi Kutin (2011)
18-19		71.6 Megan Brown (2009)		
40-44	90 Maureen Cahill	80 Maureen Cahill	185 Maureen Cahill	355 Maureen Cahill

105 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	225.5 Naomi Kutin (2012)	88 Shauna Marcellino (2010)	198.2 Naomi Kutin (2012)	496 Naomi Kutin (2012)
11 & Under	225.5 Naomi Kutin (2012)	77 Naomi Kutin (2012)	198.2 Naomi Kutin (2012)	496 Naomi Kutin (2012)
16-17		88 Shauna Marcellino (2010)		
18-19		82.6 Megan Brown (2010)		

114 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	115 Cherry Driver	90 Cherry Driver	265 Cherry Driver	465 Cherry Driver
16-17		71.6 Shauna Marcellino (2009)		

123 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN		95.4 E. Knapp (2005)		
20-24		95.4 E. Knapp (2005)		

132 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN		202.5 Amy Perlmutter (2000)		
20-24		202.5 Amy Perlmutter (2000)		

148 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN		82.2 Alison Buchman (2009)		
35-39		82.2 Alison Buchman (2009)		
50-54		99.2 Linda DeLorenzo (2010)		

165 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN		130 Lisa Pomponi		
18-19		130 Lisa Pomponi		

198+ lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	270 Tammy Ford	120 Tammy Ford	340 Tammy Ford	715 Tammy Ford

MEN

105 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	143 Ari Kutin (2012)	170 Robert Marcellino (2008)	198.2 Ari Kutin (2012)	418.8 Ari Kutin (2012)
11 & Under	143 Ari Kutin (2012)	105 Raymond Cortes (2009)	198.2 Ari Kutin (2012)	418.8 Ari Kutin (2012)
12-13	80 G. Till (2001)	75 J. Fitzpatrick (2001)	110 G. Till (2001)	240 G. Till (2001)
18-19		170 Robert Marcellino (2008)		
20-24		170 Robert Marcellino (2010)		

114 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	212.7 H. Alvarez (1999)	187 Robert Marcellino (2010)	270 H. Alvarez (1999)	595 H. Alvarez (1999)
11 & Under	161.2 H. Alvarez (1998)	109 H. Alvarez (1998)	220.7 H. Alvarez (1998)	490 H. Alvarez (1998)
12-13	212.7 H. Alvarez (1999)	115 H. Alvarez (1999)	270 H. Alvarez (1999)	595 H. Alvarez (1999)
18-19		180 Robert Marcellino (2008)		
20-24		187 Robert Marcellino (2010)		

123 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	260 J. Weyman (2000)	180 Troy Goins	370 J. Weyman (2000)	790 J. Weyman (2000)
12-13	185 J. Careri (2001)	110 J. Careri (2001)	225 J. Careri (2001)	520 J. Careri (2001)
16-17	240 Troy Goins	180 Troy Goins	305 Troy Goins	725 Troy Goins
20-24			215 Robert Marcellino (2012)	
Law/Fire/Military	260 J. Weyman (2000)	160 J. Weyman (2000)	370 J. Weyman (2000)	790 J. Weyman (2000)

132 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	125 Q Brown (2008)	200 L. Reilly (2000)	235 Q Brown (2008)	495 Q Brown (2008)
12-13		70 Chris Buchman (2011)		
14-15	125 Q Brown (2008)	135 Q Brown (2008)	235 Q Brown (2008)	495 Q Brown (2008)

148 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	410 M. Gogluicci (2001)	315 Shawn Nelson (2009)	435 M. Gogluicci (2001)	1070 M. Gogluicci (2001)
12-13	290 H. Alvarez (2000)	170 H. Alvarez (2000)	360 H. Alvarez (2000)	810 H. Alvarez (2000)
16-17	245 J. Vassallo (2001)	185 J. Vassallo (2001)	340 J. Vassallo (2001)	770 J. Vassallo (2001)
18-19	300 O. Rivas (2001)	225 B. Dyer (2000)	330 O. Rivas (2001)	800 O. Rivas (2001)
20-24	180 J. Vassallo (2001)	190 J. Vassallo (2001)	315 J. Vassallo (2001)	685 J. Vassallo (2001)

165 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	440 George Pluhar	365 Michael Binkley (2009)	490.5 George Pluhar	1244.4 George Pluhar
14-15	265 N. Andelora (2001)	225 W. Eichhorn (2001)	350 W. Eichhorn (2001)	785 W. Eichhorn (2001)
16-17	352.5 Cesar Tapia (2012)	230 C. Magotta (2001)	360 C. Magotta (2001)	1118 Cesar Tapia (2012)
18-19	360 J. Merlette (2001)	330 George Pluhar (2008)	523 Damonte Capron (2012)	1045 J. Merlette (2001)
20-24	440 George Pluhar	365 Michael Binkley (2009)	490.5 George Pluhar	1244.4 George Pluhar
35-39		301 J. Caliguari (2000)		
40-44	300 M. Benducci (2000)	205 M. Benducci (2000)	400 M. Benducci (2000)	905 M. Benducci (2000)
50-54	286.5 Ed Abromaitis	236.9 Ed Abromaitis	380.2 Ed Abromaitis	903.8 Ed Abromaitis

181 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	405 J. Careri, Jr. (2000)	345 John Dunne (2009)	552.2 C. Nasser (2001)	1155 S. Eason (2000)
14-15	265 A. Simeone (2006)	175 A. Simeone (2006)	320 A. Simeone (2006)	760 A. Simeone (2006)
16-17		292 W. Eichhorn (2001)		
18-19	374.75 Miguel Santana (2012)	242.5 Miguel Santana (2012)	552.2 C. Nasser (2001)	1150 C. Nasser (2001)
20-24	405 J. Careri, Jr (2000)	304 Joe Adamo (2009)	470 J. Careri, Jr (2000)	1105 J. Careri, Jr (2000)

35-39	400 A. Lanzellotta (2000)	320 M. Salandra (2000)	440 A. Lanzellotta (2000)	1145 A. Lanzellotta (2000)
40-44	325 M. Benducci (2000)	345 John Dunne (2009)	400 M. Benducci (2000)	925 M. Benducci (2000)
45-49		330 Vinnie Gengaro (2004)		
50-54	358.2 Michael Jones	306 Vinnie Gengaro (2012)	385.8 Michael Jones	925.9 Michael Jones
55-59	255 D. Simmons (2001)	170 D. Simmons (2001)	345 D. Simmons (2001)	770 D. Simmons (2001)
60-64		220 Art Petridis (2011)		
65-69		204 Art Petridis (2012)	352 Art Petridis (2012)	

198 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	520 J. Careri, Sr. (2001)	529 Dennis Cieri (2010)	605 V. Parets	1440 J. Careri, Sr. (2001)
12-13		105 Anthony Potts (2010)		
14-15	303 Andres Bermudez (2012)	310 Michael Kay (2010)	375 S. Turner	821.25 Andres Bermudez (2012)
16-17	280 R. Turner (2008)	205 P. Guzinski (2001)	435 P. Guzinski (2001)	900 R. Turner (2008)
18-19	500 C. Weaver (2000)	297 Craig Harvey (2012)	525 C. Weaver (2000)	1275 C. Donne (2000)
20-24		264 Chris Grau (2012)	380 Chris Grau (2012)	
35-39	450 M. Viscusio (2000)	525 Dennis Cieri (2006)	-----	1370 M. Viscusio (2000)
40-44	510 V. Parets	529 Dennis Cieri (2010)	605 V. Parets	1435 V. Parets
45-49	520 J. Careri, Sr. (2001)	340 K. Careri, Sr. (2001)	580 J. Careri, Sr. (2001)	1440 J. Careri, Sr. (2001)
50-54	330 F. Werner	281 Van Earl (2012)	501 Van Earl (2012)	880(?) F. Werner
55-59	352.7 Tom Hughes	220 Nick Montgomery (2010)	385.8 Tom Hughes	936.9 Tom Hughes
60-64	385.8 Tom Hughes	372 B. Phillips (2000)	385.8 Tom Hughes	959 Tom Hughes

220 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	550 B. Lowery (2001)	520 Dennis Cieri (2007)	665.4 K. Ksepka (2002)	1500 B. Lowery (2001)
14-15	145 M. Torres (2008)	120 M. Torres (2008)	320 M. Torres (2008)	585 M. Torres (2008)
16-17	440 A. Finland (2000)	280 A. Finland (2000)	505 A. Finland (2000)	1215 A. Finland (2000)
18-19	430 A. Finland (2001)	280 A. Finland (2001)	518 Damian Velez (2012)	1220 A. Finland (2001)
20-24	530.9 M. Allen (2005)	345 M. Keller (2001)	633 David Jasiulewicz (2012)	1390 M. Keller (2001)
35-39		340 Craig Worley (2009)		
40-44		360 Mike Barcelone (2011)		
50-54	435 S. Caldwell (2006)	355 R. Arline (2001)	561.6 S. Caldwell (2006)	1300 S. Caldwell (2001)

242 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	619 S. Protomastro (2001)	424.3 B. Schmidt (2001)	635 S. Protomastro (2001)	1655 S. Protomastro (2001)
18-19		231 Brian Potts (2010)		
20-24	619 S. Protomastro (2001)	424.3 B. Schmidt (2001)	635 S. Protomastro (2001)	1655 S. Protomastro (2001)
35-39	505 K. Fitzgerald (2000)	410 K. Fitzgerald (2000)	520 K. Fitzgerald (2000)	1435 K. Fitzgerald (2000)
40-44	540 M. Cohen (2000)	410 M. Cohen (2000)	595 Ed Kutin (2006)	1435 M. Cohen (2000)
45-49	470 Ed Kutin (2011)	360 Ed Kutin (2011)	617.2 Ed Kutin (2011)	1427.4 Ed Kutin (2011)

50-54	396.75 Ed Kutin (2012)	319.5 Ed Kutin (2012)	551 Ed Kutin (2012)	1267.6 Ed Kutin (2012)
Law/Fire/Military	505 K. Fitzgerald (2000)	410 K. Fitzgerald (2000)	525 M. Lopez (2000)	1435 K. Fitzgerald (2000)

275 lb. CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	630 S. Protomastro (2000)	455 L. Samuels (2000)	621.1 T. Clifford (2004)	1665 G. Anderson (2000)
16-17	300 V. Sansale (2001)	285 V. Sansale (2001)	440 A. Crump (2008)	985 A. Crump (2008)
18-19	540 B. Schmidt (1999)	425 B. Schmidt (1999)	620 B. Schmidt (1999)	1585 B. Schmidt (1999)
20-24	630 S. Protomastro (2000)	435 B. Schmidt (2000)	620 G. Anderson (2000)	1665 G. Anderson (2000)
35-39	495.9 T. Clifford (2004)	370 Gary Dudash (2010)	621.1 T. Clifford (2004)	1260 Gary Dudash (2010)
40-44	500 Gary Dudash (2011)	380 Gary Dudash (2012)	490 Gary Dudash (2011)	1360 Gary Dudash (2011)

308 lb Class	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN		374 Robert Dantonio (2012)		
45-49		374 Robert Dantonio (2012)		
50-54			617 Teddy Finland (2012)	

SHW CLASS	SQUAT	BENCH PRESS	DEADLIFT	TOTAL
OPEN	585.3 A. Gonzalez (2004)	452.7 A. Gonzalez (2005)	520 B. Lambert (2000)	1430 B. Lambert (2000)
20-24	425 N. Muscara (2000)	335 N. Muscara (2000)	510 N. Muscara (2000)	1270 N. Muscara (2000)
35-39	500 J. Phelan (2000)	446 Robert Dantonio (2000)	510 J. Phelan (2000)	1415 J. Phelan (2000)
40-44		452.7 A. Gonzalez (2005)		
45-49		374 Robert Dantonio (2010)		
50-54		370 Charles Stella (2009)		