

# Checklist for Necessary Gear(Football)

With practices starting in just a few weeks, we thought it would be a great time to remind parents that now is a great time to get out and get the necessary gear to make sure your child is ready to hit the field. It won't be long before the needed gear is picked over if not sold out. Make sure you are not left running all over the tri-state for the gear you need by planning ahead and hitting the store soon.

## **PLAYER PROVIDES: (Tackle )**

- Cleats
- Water bottle
- Mouth piece
- Athletic cup
- Practice jersey
- Helmet
- Shoulder pads
- Practice pants
- Game pants
- Socks – your child's coach may mandate a specific sock color for game days (they will tell you this prior to the first game)

Flag Football: There is no special equipment required. We provided team jersey, you provide the shorts and shoes(cleats are not necessary, your choice)

## **HYFA PROVIDE**

- Game jersey

If you'd like to help your child stand out during practices, note that you can have their practice jersey and have it personalized at Sports of All Sorts. Sports of All Sorts also has a great selection of spirit wear, socks and other items that can help you and your player dress the part.