

p.282 the terms *Satan* and *demons*: As I have explained, I personally like to call these beings *dark entities*, *dark beings*, or *negative energies* because of their dark appearance and negative actions. Many would consider these terms comfortable euphemisms, less direct words for the one considered offensive like *Satan* and his *demons*. Because this work deals with what my hypnotized patients tell me and represents as accurately as possible their case histories, it would be false and misleading to refer to these dark entities by my own labels. Instead, through it may disturb or offend some, I address them as they are named by my patients, who consistently call them *Satan* and his *demons*. None of this information is based on religion or spirituality. It is based only on the information given by my hypnotized patients.

After that session with Nick, many of my patients from different cultures and religious beliefs gave, under hypnosis, similar accounts and descriptions of the demons, and the same techniques freed them from the emotional and physical symptoms with which they were suffering.

p. 607 After reading this book, probably many of you will not be able to intellectually buy into the concept of Satan and his demons and how they may be behind all the pain and suffering in our families, societies, nations, and our world. I know; I had a hard time accepting what was coming from my patients' subconscious minds. But the reports were consistent from patient to patient, who were coming from different backgrounds, regardless of whether they were religious, agnostic, or atheist...

Demons in my patients have often bragged about their tremendous success in making us believe that they do not exist. They work hard to keep us from finding the truth about them, because if we know that they do exist, then we can resist their influences and find different ways to free ourselves from them and their influences.

... because of our fear of Satan and his demons and because we cannot perceive them with our five physical senses, we have a tendency not to believe in them. During treatment, what impressed me the most was that, under hypnosis, my patients have consistently reported that with the help of God and his angels, we can be more powerful than Satan and his demons. They have only as much power as we give them. The issue here is: should we feel we are right with our beliefs and with our limited knowledge, or should we keep our minds open and search for the truth?

page 287 *Possession or attachment by Demon Spirits (Entities) and Other Spirits*

Protection Prayer

As I began to recognize and work with human and demon spirits in my patients, releasing them caused my patients to experience dramatic freedom from their physical and emotional symptoms. Some patients, however, reported that they continued to be influenced by human and demon spirits, even after we had released all the spirits.

Sam, a patient, reported that even after releasing the spirits from him he continued to be influenced by the other spirits. As he looked inside he saw new spirits again. As we were releasing these spirits, Sam said that the entire place was filled with the brilliant, white Light and there was a large angel with loving eyes, whose name was Uriel. I asked angel Uriel why Sam was continually infested by these entities and what could he do to protect himself.

Uriel: "Sam's aura, the energy field, is weak. He needs to pray for protection. Also, all human beings have their own guardian angels assigned to protect and guide them. *But we angels cannot do anything unless you ask us for help. If you do not ask for help, we cannot help.*"

Dr Modi: "Why not?"

Uriel: "God gives everybody free will. We cannot interfere with your free will. If you do not ask us for help, we cannot help, but when you ask, we are instantly there to help you. We are just a thought away from you and can be with you instantly. So tell everybody you work with and care for to ask for help and we shall be there.

"Request your angels to remove all the earthbound, demon, and other entities, dark shields, dark energies, dark devices, and dark connections from your body, aura, soul, and cord, and also from your home, workplace, places of recreation, cars, and everything in them and miles and miles around them. Then ask them to fill and shield you, your home, workplace, and cars with the brilliant, white, liquid light. Request them to plug all the holes and tunnels in you and your surroundings and cars.

"As the angels do that, you should visualize a column of dazzling, shimmering, vibrant, white, liquid light coming from above your head, and filling your whole body, cleansing and healing every part, every cell, and every organ of your body. If you cannot visualize it, you can just imagine it and it will be so.

"Then imagine this brilliant, white, liquid Light spreading an arm's length all around you, below your feet, above your head, in front of you, behind you, and on both sides of you, creating a bubble of brilliant, white Light all around you. Then visualize this bubble of white Light covered by the reflective, spiritual mirrors, with the reflective mirror surface outside the bubble and covered with rays of shimmering, white Light all around.

"These demons are afraid of the light. They think they will be burned and killed by the light. So if you visualize or imagine yourself like a brilliant, blinding, hot, afternoon sun, several times a day, every day, you can keep them away from you.

"Also stay away from drugs, alcohol, and intense emotions, which can open your shield for these entities to come in.

"Similarly, visualize your home, workplace, cars, and places of recreation being cleansed, filled, and shielded by the brilliant, white, liquid light and imagine them looking like a blinding, hot, afternoon sun.

¹ From Remarkable Healings: A Psychiatrist Discovers Unsuspected Roots of Mental and Physical Illness, Modi, Shakuntala MD . Hampton Roads Pub. Co. Inc. Charlottesville VA. 1997

"Ask your angels to stay on guard around you and your surroundings as long as your soul exists. You should also pray for and protect your family members, friends, coworkers, and even the people with whom you have problems and their surroundings.

"All human beings have energy centers (chakras), which can also be infested and blocked by entities and negative energies. So you should routinely ask your angels to cleanse, heal, balance, and open up all your energy centers when needed and cover and protect them when not needed.

"Human beings also have many spiritual channels of communication with the light heaven), which can also be infested with entities and negative energies and can be blocked and have holes. So request your angels regularly to cleanse, heal, open, shield, and protect all your channels of communication with the Light (heaven).

"Use these protection prayers at least twice a day, every night before sleeping and in the morning after you wake up, and you will be protected. Remember, we do not come until we are called, so call upon us and we shall be there instantly. We are just a thought away."

p. 417 Based on the different techniques and suggestions provided by the light beings, through different patients, I have put together a daily protection prayer and protection technique to be used at least twice daily, at bedtime and in the morning after waking up.

Protection Prayer

"I pray to God to please cleanse, heal, shield, and protect me, all my family members, friends, coworkers, and all our surroundings such as our homes, workplaces, cars, and places of recreation and everything in them and miles and miles around them from Satan, all of this demons, all human beings under their influences, and all the foreign entities, dark shields, dark energies, dark connections, and dark devices. Please fill, shield, protect, and illuminate al of us and all our surroundings with your love and Light as long as our souls exist, and bless us, enlighten us, balance us, transform us, and guide us in the right direction. Please keep us loving, giving, caring, forgiving, and humble all the time.

Please cleanse, heal, balance, and open up all of our energy centers and channels of communication with the Light (heaven) as needed and cover and protect them when not needed.

I form an intent not to be possessed and influenced by any spirits and reject all the works of Satan, his demons, and humans under their influence. I also form an intent to accept the works of God and achieve God's purposes and to achieve my goals and purposes that I planned in heaven by dedicating my life to God."

Protection Technique

"I request the protector angels of the light to collect and remove all the foreign entities, dark shields, dark energies, dark devices, and dark connections from my body, aura, soul, energy centers, and cord; from all my family members', friends', and coworkers', bodies, auras, souls, energy centers, and cords and from all our homes, workplaces, cars, and places of recreation and everything in them and miles and miles around them. Collect them in the net of Light, lift them up, help them to the Light, or bind them in space.

"Plug all the holes and tunnels in our bodies, auras, souls, energy centers, cords, and in all our surroundings such as our homes, workplaces, and cars with white, liquid Light. Fill, shield, and illuminate all our bodies, auras, souls, cords, and all our surroundings such as all our homes, workplaces, cars, places of recreation, and everything in them and miles and miles around them, with the brilliant, white, liquid Light. Cover these shields with reflective spiritual mirrors and rays of shimmering white Light.

"Please locate all our missing soul parts from this life and from all our past lives from the beginning of time and bring them back. Cleanse them, heal them, fill them with the Light, and integrate them with our souls. Clamp the cords to the soul parts that cannot be brought back at this time. Please cleanse, heal, and shield our souls with the Light.

"Also, locate and remove all the soul parts of other living people from us; cleanse them, heal them, fill them with the Light, and integrate them with whom they belong.

"Please cleanse, heal, and shield all the foreign entities that cannot be removed and all our fragmented soul parts that cannot be integrated at this time with a triple net of Light and metallic shields. Cut all their dark connections.

"Please cleanse, heal, balance, and open up all of our energy centers and channels of communication with the Light (heaven) as needed and cover and protect them when not needed.

"Please put the triple net of Light and metallic shields around us and our surroundings and cars when needed, and remove them when not needed. Please stay on guard around us in this dimension and in al the other dimensions. You have our permission t take any action on our behalf to protect us as long as Oour souls shall exist.

"Also, please cover all of Satan's command centers and any other centers he may have throughout creation with the blanket of Light and destroy them. Cut their dark connections with Satan and his demons and with everybody and everything in creation, including the whole earth and all the human beings and other living beings and their surroundings. Please full, shield, and illuminate the whole creation and everything and everybody in the creation, including the whole earth, and each and every human being, living being, and their surroundings with the brilliant, white, liquid Light, reflective mirrors, and rays of shimmering, white Light. Thank You."

Now visualize or imagine a brilliant, dazzling, shimmering, vibrant, white liquid Light coming from above your head and going through your head and filling and illuminating your whole body, from the top of your head to the tips of your fingers and to the tips of your toes, cleansing and healing every part, every organ, and every cell of your body. Now imagine this Light spreading an arm's length all around you,

below your feet, above your head, in front of you, behind you, and on both sides of you, creating a wonderful bubble or shield of brilliant, white Light around you. Now imagine this bubble of Light covered with reflective, spiritual mirrors and rays of brilliant, vibrant, white Light.

You and only you have a right to live in that body and shield. If anybody or anything tries to enter into your shield, you will be aware of it, even at subconscious levels of your mind, and you will have a right to say no to them. Instead of allowing them in your shield, you will direct them to the Light or where they belong.

Just imagine yourself, your family members, friends, coworkers and all of your homes, workplaces, cars, and places of recreation as a blinding, hot, afternoon sun several times a day

Use this protection prayer and the visualization at least twice a day, especially at bedtime and in the morning after waking up and between times when needed.

(Not: If you wish, you can record this protection prayer on a cassette tape and listen to it every night at bedtime and in the morning after waking up.)