

# Atom and photon physics

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## ⊗ Literature:

(\*) More applied books:

- A. P. Thorne, "Spectrophysics" (Chapman and Hall)
- A. Corney, "Atomic and Laser Spectroscopy" (Oxford classic texts)
- E. Hecht, "Optics" (Addison-Wesley)
- J. Wilson and J. Hawkes, "Optoelectronics" (Prentice Hall)

(\*) More theory-oriented literature:

- "Physics of Atoms and Molecules", B. H. Bransden and C. J. Joachain (especially Chapter 4, 9, 15, 16)
- "Principles of Optics", Born + Wolf
- "The Quantum Theory of Light", R. Loudon

## ⊕ Please note:

- The above-stated list is by no means exhaustive and further books may be necessary
- If necessary we will refer to research articles when dealing with specific topics

## ⊗ Recommended (parallel) courses:

- Atomic and molecular physics (important for many- $e^-$  atoms)
- Advanced Quantum mechanics (time-dependent Hamiltonian, time-dependent perturbation theory, maybe scattering)

⊗ Main topics

- Interaction of light with single photons
  - LASER
  - LASER Spectroscopy (Details  $\Rightarrow$  Syllabus in the handbook)
  - Multiphoton processes
  - Coherence / cavity effects
  - Trapping / cooling

⊗ Pre-requisite (undergrad. courses)

- Quantum mechanics
- Atomic and molecular physics

# I - Interaction of light with atoms (single photon)

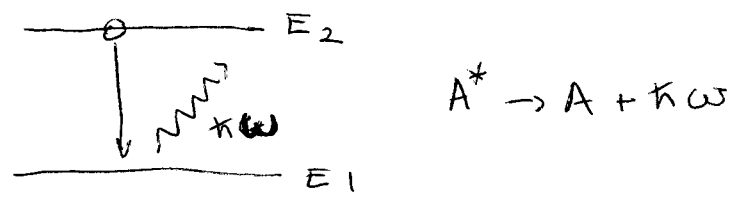
- we will be treating the field CLASSICALLY (no quantum-electrodynamical treatment) => appropriate for relatively strong fields

## 1 - Processes

Let us consider an atom A subjected to an external electromagnetic field. This atom may undergo the following processes

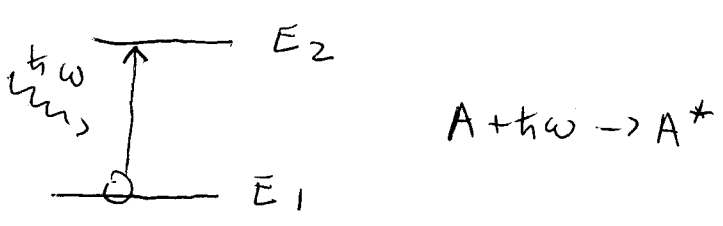
① Spontaneous emission: An atom can make a

spontaneous transition from an excited state to a state of lower energy, emitting a photon



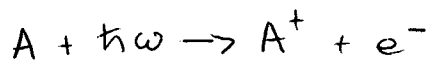
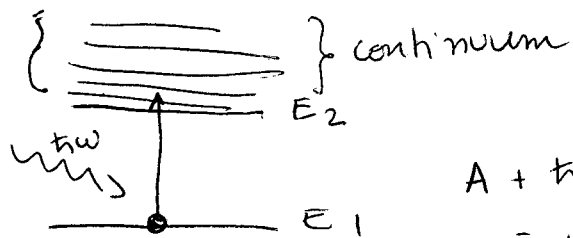
② Absorption: An atom can absorb a photon from the field, making a transition from a state of lower to a state of higher energy

(a) Excitation: The atom is promoted from the ground state to an excited state by absorbing a photon



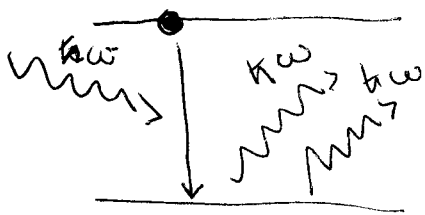
(b) Photoionization: An electron is released due to the fact that the absorbed photon has enough

energy to make it overcome the atomic ionization potential  $\Phi$



$$e^- \text{ kinetic energy} : \frac{p^2}{2m} + \Phi = h\nu$$

⊗ Stimulated emission : an atom can emit a photon under the influence of an external

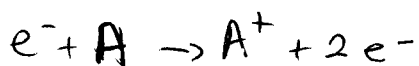


### Applications

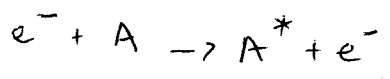
- LASER (light amplification by stimulated emission of radiation)
- MASER (microwave amplification by stimulated emission of radiation)

⊗ please note: excitation and ionization may also occur by collisions. In this case we refer to

(a) Particle-impact ionization : Upon collision, a particle transfers part of its kinetic energy to a bound electron, which is then able to overcome the atomic ionization potential



(b) Particle-impact excitation : The process is similar to (a), with the difference that the kinetic energy transferred to the bound electron is no longer enough to release it in the continuum.

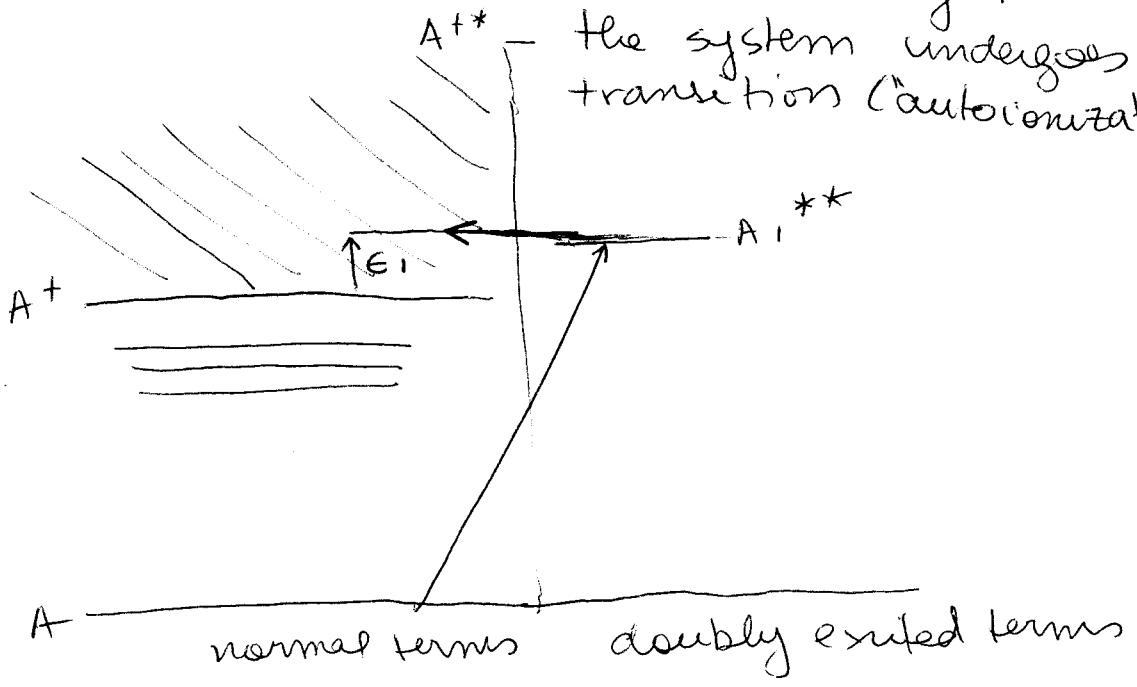


⊕ Autoionization:

This process results from the mixing of a bound state and an adjacent ionization continuum. Some bound states may be equal in energy to a continuum state due the simultaneous excitation of 2 e<sup>-</sup>s or the excitation of an e<sup>-</sup> from an inner shell

Consequences:

- Broadening of the bound state
- non-vanishing probability that the system undergoes a radiationless transition ("autoionization")



⊕ Selection rules determine which of the above-stated processes are allowed or forbidden

⊕ We will analyse three of the above-stated processes in more detail

## 2. Transition rates and selection rules

- ⊛ Simplest case: one e<sup>-</sup> atom in an electromagnetic field
- ⊛ We will consider relatively weak fields: first order time dependent perturbation theory

### 2.(a) - Transition amplitudes

Starting point: time-dependent Schrödinger equation

$$i \frac{\partial}{\partial t} \Psi(\vec{r}, t) = H(t) \Psi(\vec{r}, t), \text{ with}$$

$$H(t) = \frac{1}{2m} (\vec{p} + q \vec{A}(\vec{r}, t))^2 + V(\vec{r})$$

(Coulomb gauge or velocity gauge or radiation gauge)

$$H = \frac{p^2}{2m} - \frac{q}{2m} (\vec{A} \cdot \vec{p} + \vec{p} \cdot \vec{A}) + \frac{q^2}{2m} A^2 + V(r)$$

Position space:  $\vec{p} \rightarrow -i\hbar \nabla$

$$\Rightarrow (\vec{A} \cdot \vec{p} + \vec{p} \cdot \vec{A}) = -i\hbar (\vec{A} \cdot \nabla + \nabla \cdot \vec{A}) \quad (*)$$

$\approx 0$  in the Coulomb gauge.

$$\text{Since, however, } \nabla \cdot (\vec{A} \Psi) = \vec{A} \cdot (\nabla \Psi) + (\nabla \cdot \vec{A}) \Psi = \vec{A} \cdot (\nabla \Psi)$$

$$(*) = -i\hbar 2 \vec{A} \cdot \nabla$$

$$\Rightarrow H = \frac{p^2}{2m} + \frac{i\hbar q}{m} (\vec{A} \cdot \nabla) + \frac{q^2}{2m} A^2 + V(r) = H_0 + H_{int}(t)$$

$$H_0 = -\frac{\hbar^2}{2m} \nabla^2 - \frac{Ze^2}{4\pi\epsilon_0 r} \quad (\text{atomic Hamiltonian})$$

$$H_{\text{int}}(t) = -\frac{i\hbar e}{m} \vec{A} \cdot \nabla + \frac{e^2}{2m} A^2 \quad (\text{interaction with the field})$$

weak fields:

$$e \frac{\vec{A} \cdot \vec{p}}{m} \gg \frac{e^2 A^2}{2m} \Rightarrow \text{term in } A^2 \text{ can be neglected}$$

$H_{\text{int}}(t) \ll H_0 \Rightarrow$  field can be treated as a perturbation

\* Time-dependent perturbation theory (1st order)

(more detailed/formal treatment: Advanced Quantum Mechanics)

$$H = H_0 + \lambda H_{\text{int}}(t) \quad (\text{in our case } \lambda = 1)$$

$$H_0 \Psi_k(\vec{r}) = E_k \Psi_k(\vec{r}) \quad (\text{Unperturbed Hamiltonian gives the Hydrogenic wavefunction eigenstates}).$$

\* Ansatz:

$$\Psi(\vec{r}, t) = \sum_k C_k(t) \Psi_k(\vec{r}) \exp\left[-\frac{iE_k t}{\hbar}\right]$$

Inserting into  $i\hbar \frac{\partial}{\partial t} \Psi(\vec{r}, t) = [H_0 + \lambda H_{\text{int}}(t)] \Psi(\vec{r}, t)$

$$\Rightarrow i\hbar \left[ \sum_k \dot{C}_k(t) \Psi_k(\vec{r}) \exp\left[-\frac{iE_k t}{\hbar}\right] + \frac{iE_k}{\hbar} C_k(t) \Psi_k(\vec{r}) \cdot \exp\left[-\frac{iE_k t}{\hbar}\right] \right] = \sum_k H_0 C_k(t) \Psi_k(\vec{r}) \exp\left[-\frac{iE_k t}{\hbar}\right] +$$

$$\sum_k \lambda H_{int}(t) c_k(t) \psi_k(\vec{r}) \exp\left[-\frac{iE_k t}{\hbar}\right]$$

(6)

$$\Rightarrow i\hbar \sum_k \dot{c}_k(t) \psi_k(\vec{r}) \exp\left[-\frac{iE_k t}{\hbar}\right] + \sum_k E_k c_k(t) \psi_k(\vec{r}) \cdot \exp\left[-\frac{iE_k t}{\hbar}\right] = \sum_k c_k(t) E_k \psi_k(\vec{r}) \exp\left[-\frac{iE_k t}{\hbar}\right] + \sum_k \lambda H_{int}(t) c_k(t) \psi_k(\vec{r}) \exp\left[-\frac{iE_k t}{\hbar}\right]$$

$$\Rightarrow i\hbar \sum_k \dot{c}_k(t) \psi_k(\vec{r}) \exp\left[-\frac{iE_k t}{\hbar}\right] = \sum_k \lambda H_{int}(t) c_k(t) \cdot$$

$$\psi_k(\vec{r}) \exp\left[-\frac{iE_k t}{\hbar}\right]$$

Multiplying by  $\psi_b^*(\vec{r})$ , integrating and using

the fact that  $\int \psi_b^*(\vec{r}) \psi_k(\vec{r}) d^3r = \delta_{bk}$ ,

we have  $= c_b(t) \exp\left[-\frac{iE_b t}{\hbar}\right]$

$$i\hbar \sum_k \dot{c}_k(t) \delta_{bk} \exp\left[-\frac{iE_k t}{\hbar}\right] = \sum_k \lambda \left( c_k(t) \psi_b^*(\vec{r}) \cdot \right.$$

$$\left. \cdot H_{int}(t) \psi_k(\vec{r}) e^{-\frac{iE_k t}{\hbar}} d^3r \right)$$

$$i\hbar \dot{c}_b(t) = \sum_k \lambda \int c_k(t) \psi_b^*(\vec{r}) H_{int}(t) \psi_k(\vec{r}) d^3r e^{-i\omega_{kb} t},$$

$$\omega_{kb} = (E_k - E_b) / \hbar$$



# First-order perturbation theory:

(7)

$$c_k(t) \approx c_k^{(0)} + \lambda c_k^{(1)}$$

$$\langle \psi_b | H_{int} | \psi_k \rangle$$

$$i\hbar [ \dot{c}_b^{(0)} + \lambda \dot{c}_b^{(1)} ] = \lambda \sum_k c_k^{(0)} \int \psi_b^*(\vec{r}) H_{int}(t) \psi_k(\vec{r}) d^3r e^{-i\omega_k b t} + O(\lambda^2)$$

$$\Rightarrow \dot{c}_b^{(0)} = 0$$

$$\dot{c}_b^{(1)} = \frac{1}{i\hbar} \sum_k c_k^{(0)} \langle \psi_b | H_{int} | \psi_k \rangle e^{-i\omega_k b t}$$

Assumption: the atom is initially in a well-defined stationary state:  $\psi_a$   $c_k^{(0)} = \delta_{ka}$

$$\dot{c}_b^{(1)} = \frac{1}{i\hbar} \langle \psi_b | H_{int} | \psi_a \rangle e^{-i\omega_a t}$$

$$\Rightarrow c_b^{(1)} = \frac{1}{i\hbar} \int_0^t \langle \psi_b | H_{int} | \psi_a \rangle e^{-i\omega_a t} dt$$

In our situation,

$$H_{int}(t) = -\frac{i\hbar e}{m} \vec{A} \cdot \nabla \quad \text{so that}$$

$$\langle \psi_b | H_{int} | \psi_a \rangle = \int \psi_b^*(\vec{r}) \vec{A} \cdot \nabla \psi_a(\vec{r}) d^3r$$

considering

$$\vec{A}(\vec{r}, t) = \hat{E} \int_0^\infty A_0(\omega) \cos(\vec{k} \cdot \vec{r} - \omega t + \delta\omega) d\omega$$

$\hat{\epsilon} \equiv$  polarization vector

$A_0(\omega) \equiv$  field amplitude

$\vec{k} \equiv$  wave (propagation) vector

$\delta\omega \equiv$  phases

Monochromatic field:  $A_0(\omega) = A_0 \delta(\omega - \omega_0)$

Incoherent radiation:  $\delta\omega$  distributed at random

Coherent radiation:  $\delta\omega$  const. in a small region of width  $\Delta\omega$  around  $\omega_0 \Rightarrow$  can be eliminated

$$\Rightarrow c_b^{(1)}(t) = -\frac{e}{2m} \int_0^\infty d\omega A_0(\omega) \left[ \exp(i\delta\omega) \langle \psi_b | e^{i\vec{k} \cdot \vec{r}} \hat{\epsilon} \cdot \nabla | \psi_a \rangle \cdot \int_0^t dt' \exp[i(\omega_{ba} - \omega)t'] + \exp(-i\delta\omega) \langle \psi_b | e^{-i\vec{k} \cdot \vec{r}} \hat{\epsilon} \cdot \nabla | \psi_a \rangle \cdot \int_0^t dt' \exp[+i(\omega_{ba} + \omega)t'] \right]$$

\* Please note:

- The first integral above is negligible unless  $\omega_{ba} \approx \omega$   
 $\Rightarrow E_b \approx E_a + \hbar\omega$

Physically, this corresponds to an absorption process: the system, initially in a state  $|\psi_a\rangle$ , absorbed one photon and was excited to the state  $|\psi_b\rangle$ .

- The second integral above is negligible unless  $\omega_{ba} \approx -\omega \Rightarrow E_b \approx E_a - \hbar\omega$ .

Physically, this corresponds to an emission process: the atom, initially in  $|\psi_a\rangle$ , emitted a photon of energy  $\hbar\omega$  and decayed to  $|\psi_b\rangle$ .

• Transition probability:  $|c_b^{(1)}(t)|^2$

### \* Absorption transition rate

For simplicity, we will consider monochromat light

$$|\int d\omega|^2 \rightarrow \int |\omega|^2 d\omega \quad (\text{interference terms get washed out})$$

$$\Rightarrow |c_b^{(1)}(t)|^2 = \left(\frac{e}{2m}\right)^2 \int_0^\infty d\omega A_0^2(\omega) \underbrace{|\langle \psi_b | \exp(i\vec{k} \cdot \vec{r}) \hat{\epsilon} \cdot \nabla | \psi_a \rangle|^2}_{\text{matrix element } M_{ba}}$$

$$\cdot \underbrace{\left| \int_0^t dt' \exp[i(\omega_{ba} - \omega)t'] \right|^2}_{(*)}$$

$$\begin{aligned} (*) &= \left| \frac{-1 + \cos \bar{\omega}t + i \sin \bar{\omega}t}{\bar{\omega}} \right|^2 = \frac{1}{\bar{\omega}^2} [1 + \cos^2 \bar{\omega}t + \sin^2 \bar{\omega}t - 2 \cos \bar{\omega}t] \\ &= \frac{2}{\bar{\omega}^2} [1 - \cos \bar{\omega}t] = \frac{4 \sin^2(\bar{\omega}t/2)}{\bar{\omega}^2} \end{aligned}$$

Approximations: Since this function has a sharp maximum at  $\omega = \omega_{ba}$ , we can write the slowly varying terms  $A_0$  and  $M_{ba}$  as

$$A_0(\omega) \propto A_0(\omega_{ba})$$

$$M_{ba}(\omega) \approx M_{ba}(\omega_{ba})$$

and set  $\int_0^\infty d\omega \rightarrow \int_{-\infty}^\infty d\omega$

$$\Rightarrow |C_b^{(1)}(t)|^2 = \frac{1}{2} \left(\frac{e}{m}\right)^2 A_0^2(\omega_{ba}) |M_{ba}(\omega_{ba})|^2 \underbrace{\int_{-\infty}^\infty \frac{\sin^2(\bar{\omega} t/2)}{\bar{\omega}^2} d\bar{\omega}}_I$$

$$\int_{-\infty}^\infty \frac{\sin^2(\bar{\omega} t/2)}{\bar{\omega}^2} d\bar{\omega} \underset{x = \omega t/2}{=} \int_{-\infty}^\infty \frac{\sin^2 x}{(2x/t)^2} \frac{2dx}{t} = \frac{t}{2} \underbrace{\int_{-\infty}^\infty \frac{\sin^2 x}{x^2} dx}_\Pi$$

$$\Rightarrow |C_b^{(1)}(t)|^2 = \frac{\Pi}{2} \left(\frac{e}{m}\right)^2 A_0^2(\omega_{ba}) |M_{ba}(\omega_{ba})|^2 t$$

- Increases linearly with time
- Depends very strongly on the transition matrix element  $M_{ba} \Rightarrow$  if this matrix element vanishes,  $|C_b^{(1)}(t)|^2 = 0$

Transition rate:  $W_{ba} = \frac{d}{dt} |C_b^{(1)}(t)|^2 = \frac{\Pi}{2} \left(\frac{e}{m}\right)^2 A_0^2(\omega_{ba}) |M_{ba}|^2$

In terms of the intensity per unit angular frequency range,  
 $I(\omega) = \frac{1}{2} \epsilon_0 c \epsilon_0^2(\omega) = \frac{1}{2} \epsilon_0 c \omega^2 A_0^2(\omega)$

$$W_{ba} = \frac{4\pi^2}{m^2 c} \left( \frac{e^2}{4\pi\epsilon_0} \right) \frac{I(\omega_{ba})}{\omega_{ba}^2} |M_{ba}(\omega_{ba})|^2$$

The transition rate is proportional to the intensity of the radiation field

\* Please note : for  $n^{th}$ -order perturbation theory, this rate would be proportional to  $I^n$

\* Absorption cross section:  $\frac{W_{ba}}{I(\omega_{ba})} = \frac{4\pi^2 \alpha \kappa^2}{m^2 \omega_{ba}} |M_{ba}(\omega_{ba})|^2$

$$\alpha = \frac{e^2}{4\pi\epsilon_0 \hbar c} = \frac{1}{137} \quad (\text{fine structure constant})$$

\* Stimulated emission transition rate

Similarly,

$$\bar{W}_{ab} = \frac{4\pi^2}{m^2 c} \left( \frac{e^2}{4\pi\epsilon_0} \right) \frac{I(\omega_{ba})}{\omega_{ba}^2} |\bar{M}_{ab}(\omega_{ba})|^2$$

$$\begin{aligned} \bar{M}_{ab} &= \langle \psi_a | \exp[-i\vec{k}\cdot\vec{r}] \hat{\epsilon} \cdot \nabla | \psi_b \rangle \\ &= \int \psi_a^*(\vec{r}) \exp[-i\vec{k}\cdot\vec{r}] \epsilon \nabla \psi_b(\vec{r}) d^3r \end{aligned}$$

(Here we interchanged the labels of the states)

It is possible to show that

$$\bar{M}_{ab} = -M_{ba}^* \Rightarrow \bar{W}_{ab} = W_{ba}$$

Physically, this is consistent with the principle of detailed

balancing: in an enclosure containing atoms and radiation in equilibrium, the transition probability from a to b is the same as from b to a, for any pair of states a, b. (12)

\* Please note:

- Despite the fact that  $W_{ba} = \bar{W}_{ab}$ , stimulated emission is usually less intense than absorption. This is due to the fact that the initial population of the upper level b is smaller than that of the lower level a.
- Stimulated emission becomes dominant if a population inversion is achieved (LASER, MASER)

\* Spontaneous emission

A rigorous treatment of this process requires a quantum electrodynamical approach. We will state, however, some key results and provide an ad-hoc discussion.

- QED transition rate (absorption), 1<sup>st</sup>-order perturbation theory

$$W_{ba} = \frac{4\pi^2}{m^2} \left( \frac{e^2}{4\pi\epsilon_0} \right) \overbrace{\frac{N(\omega_{ba}) \hbar}{V \omega_{ba}}}^{\text{\# of photons}} |M_{ba}|^2 \delta(\omega - \omega_{ba})$$

Volume

Using  $I(\omega) = \frac{\hbar \omega N(\omega) c}{V}$  and integrating around  $\omega_{ba}$

$$\Rightarrow \boxed{W_{ba} = \frac{4\pi^2}{m^2 c} \left( \frac{e^2}{4\pi\epsilon_0} \right) \frac{I(\omega_{ba})}{\omega_{ba}^2} |M_{ba}(\omega_{ba})|^2}$$

The semi-classical result is recovered



## 2.(b) - The Dipole Approximation

Let us consider the matrix element

$$M_{ab} = \langle \psi_b | \exp(i\vec{k} \cdot \vec{r}) \hat{E} \cdot \nabla | \psi_a \rangle$$

$$= \int \psi_b^*(\vec{r}) \exp(i\vec{k} \cdot \vec{r}) \hat{E} \cdot \nabla \psi_a(\vec{r}) d^3r$$

In many cases, this matrix element may be simplified by expanding

$$\exp(i\vec{k} \cdot \vec{r}) = 1 + (i\vec{k} \cdot \vec{r}) + \frac{1}{2!} (i\vec{k} \cdot \vec{r})^2 + \dots$$

- ⊛ Zeroth-order term: electric dipole approximation
- ⊛ First-order term: electric quadrupole approximation / magnetic dipole approximation

In the dipole approximation,

- $\vec{A}(t), \vec{E}(t)$  depend only on the time  $t$
- The magnetic field vanishes as  $\nabla \times \vec{A} = 0$

This is a very good approximation for optical transitions

- Atomic distances:  $r \sim 10^{-8} \text{ cm}$
- Optical wavevector:  $k = \frac{2\pi}{\lambda} \sim 10^5 \text{ cm}^{-1} \rightarrow \vec{k} \cdot \vec{r} \sim 10^{-3}$

- Since the wavelength of the radiation field is much larger than the atomic distances involved, this is a long wavelength approximation
- The dipole approximation breaks down for high-frequency (e.g. X-Ray) radiation

### ⊛ Transition matrix element

$$M_{ba}^D = \hat{E} \cdot \langle \psi_b | \nabla | \psi_a \rangle = \frac{i}{\hbar} \hat{E} \cdot \langle \psi_b | \vec{p} | \psi_a \rangle$$

$$= \frac{im}{\hbar} \hat{E} \cdot \langle \psi_b | \vec{r} | \psi_a \rangle$$



Using the Heisenberg equations of motion for  $\vec{r}$ :

(15)

$$\dot{\vec{r}} = (i\hbar)^{-1} [\vec{r}, H] \approx (i\hbar)^{-1} [\vec{r}, H_0] \quad (\text{the field is a perturbation})$$

$$\langle \psi_b | \dot{\vec{r}} | \psi_a \rangle = (i\hbar)^{-1} \langle \psi_b | \vec{r} H_0 - H_0 \vec{r} | \psi_a \rangle$$

$$\text{Reminder: } \langle \psi_b | H_0 = \langle \psi_b | E_b$$

$$H_0 | \psi_a \rangle = E_a | \psi_a \rangle$$

$$\Rightarrow \langle \psi_b | \dot{\vec{r}} | \psi_a \rangle = \frac{1}{i\hbar} (E_a - E_b) \langle \psi_b | \vec{r} | \psi_a \rangle$$

$$M_{ba}^D = \frac{im}{\hbar} \hat{\epsilon} \cdot \frac{1}{i} \omega_{ab} \langle \psi_b | \vec{r} | \psi_a \rangle$$

$$= -\frac{m}{\hbar} \omega_{ba} \langle \psi_b | \vec{r} | \psi_a \rangle = -\frac{m}{\hbar} \omega_{ba} \hat{\epsilon} \cdot \vec{r}_{ba}$$

### ⊕ Definitions

- Electric dipole moment operator:  $\vec{D} = -e \vec{r}$
- Dipole matrix element:  $\vec{D}_{ba} = -e \vec{r}_{ba}$

### ⊕ Absorption transition rate

$$\omega_{ba}^D = \frac{4\pi^2}{c\hbar^2} \left( \frac{e^2}{4\pi\epsilon_0} \right) \mathcal{I}(\omega_{ba}) |\hat{\epsilon} \cdot \vec{r}_{ba}|^2$$

$$= \frac{4\pi^2}{c\hbar^2} \left( \frac{1}{4\pi\epsilon_0} \right) \mathcal{I}(\omega_{ba}) |\hat{\epsilon} \cdot \vec{D}_{ba}|^2$$

$\hat{\epsilon} \cdot \vec{D}_{ba} \equiv$  component of the dipole ~~matrix~~ matrix element along the polarization of the radiation field.

### ⊛ Please note:

The transition defined by  $\omega_{ba}^D$  is an electric dipole transition

$D_{ba} = 0 \Rightarrow$  the transition is forbidden

$D_{ba} \neq 0 \Rightarrow$  the transition is allowed

Example

Let us consider H-drogen in a monochromatic field of frequency  $\omega$  polarized along the  $z$  axis. Assume that the dipole approximation is valid.

Compute the transition rate

$$W_{ba}^D = \frac{4\pi}{c\hbar^2} \left( \frac{1}{4\pi\epsilon_0} \right) I(\omega_{ba}) |\hat{\epsilon} \cdot \vec{D}_{ba}|$$
 corresponding to

a one-photon absorption process between the 1s state and

- (a) The 2p state
- (b) The 2s state

(a)  $\vec{E}(t) = E_0 \sin \omega t \hat{e}_z$

$m=1$	$m=0$	$m=-1$	2p
			1s

Initial state:  $\psi_{1s} = R_{10}(r) Y_0^0 = 2 \left( \frac{z}{a_0} \right)^{3/2} \exp\left(-\frac{zr}{a_0}\right) \cdot \frac{1}{\sqrt{4\pi}}$

Final state:  $\psi_{2p} = R_{21}(r) Y_1^m$  (we do not know to which one the system will go)

$$\psi_{2p} = 2 \left( \frac{z}{2a_0} \right)^{3/2} \left( \frac{zr}{a_0} \right) \exp\left[-\frac{zr}{2a_0}\right] Y_1^m$$

Transition frequency:  $\omega_{ba} = \omega_{1s \rightarrow 2p} = \frac{3}{8} \frac{mc^2}{\hbar} (Zd)^2$

Dipole matrix element  $\vec{D}_{ba} = -e \vec{r}_{ba}$  with  $b = 2p$  and  $a = 1s$

$$\vec{r}_{ba} = \int \psi_{2p}^*(\vec{r}) \vec{r} \psi_{1s}(\vec{r}) d^3r$$

Explicit expression for  $\vec{r}$ :

$$\vec{r} = r \cos \theta \hat{e}_z + r \sin \theta \cos \phi \hat{e}_x + r \sin \theta \sin \phi \hat{e}_y$$

(17)

Using the fact that

$$\sin \theta \cos \phi = \sqrt{\frac{2\pi}{3}} \left[ Y_1^{-1}(\theta, \phi) - Y_1^1(\theta, \phi) \right]$$

$$\sin \theta \sin \phi = i \sqrt{\frac{2\pi}{3}} \left[ Y_1^1(\theta, \phi) + Y_1^{-1}(\theta, \phi) \right]$$

$$\cos \theta = \sqrt{\frac{4\pi}{3}} Y_1^0(\theta, \phi)$$

we find

$$\vec{r} = r \left[ \sqrt{\frac{4\pi}{3}} Y_1^0 \hat{e}_z + i \sqrt{\frac{2\pi}{3}} \left[ Y_1^1 + Y_1^{-1} \right] \hat{e}_y + \sqrt{\frac{2\pi}{3}} \left[ Y_1^{-1} - Y_1^1 \right] \hat{e}_x \right]$$

$$\Rightarrow \vec{r}_{ba} = \frac{1}{\sqrt{4\pi}} \int_0^\infty R_{21}(r) R_{10}(r) r^3 dr \int d\Omega \left[ \sqrt{\frac{4\pi}{3}} Y_1^0 \hat{e}_z + i \sqrt{\frac{2\pi}{3}} \left[ Y_1^1 + Y_1^{-1} \right] \hat{e}_y + \sqrt{\frac{2\pi}{3}} \left[ Y_1^{-1} - Y_1^1 \right] \hat{e}_x \right] Y_1^{*m}$$

• Radial integral:  $\int_0^\infty R_{21}(r) R_{10}(r) r^3 dr = \left(\frac{2}{a_0}\right)^4 \frac{1}{\sqrt{6}} \int_0^\infty r^4 \exp\left[-\frac{32r}{2a_0}\right] dr$   
 $= \frac{a_0}{2} \frac{24}{\sqrt{6}} \left(\frac{2}{3}\right)^5$

• Angular integral: we will use  $\int Y_l^{*m}(\theta, \phi) Y_l^{m'}(\theta, \phi) d\Omega = \delta_{l, l'} \delta_{m, m'}$

z component:  $\int Y_1^{*m} Y_1^0 d\Omega = \delta_{m, 0} \delta_{1, 1} = 1$

x component:  $\int Y_1^{*m} \left[ Y_1^{-1} - Y_1^1 \right] d\Omega = \delta_{m, -1} - \delta_{m, 1}$

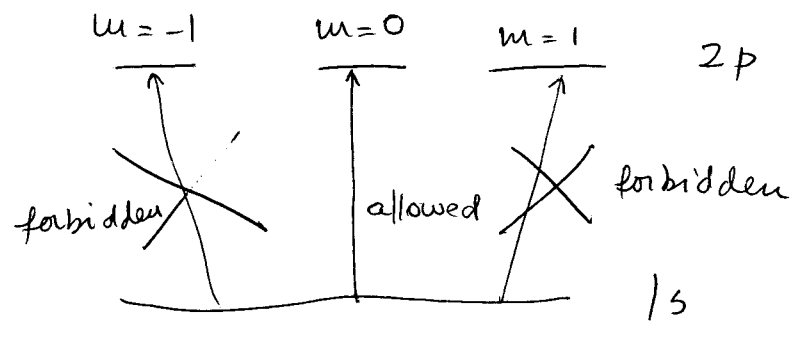
y component:  $\int Y_1^{*m} \left[ Y_1^1 + Y_1^{-1} \right] d\Omega = \delta_{m, 1} + \delta_{m, -1}$

$$\Rightarrow \vec{r}_{ba} = \underbrace{\frac{a_0}{2} \frac{24}{\sqrt{6}} \left(\frac{2}{3}\right)^5}_{C_1} \left[ \frac{1}{\sqrt{3}} \delta_{m,0} \hat{e}_z + \frac{1}{\sqrt{6}} [\delta_{m,-1} - \delta_{m,1}] \hat{e}_x + \frac{1}{\sqrt{6}} [\delta_{m,1} + \delta_{m,-1}] \hat{e}_y \right]$$

⊛ Assumption: The electric field is linearly polarized along  $\hat{e}_z$ . Hence, only  $\vec{r}_{ba} \cdot \hat{e}_z$  will contribute

$$\vec{r}_{ba} \cdot \hat{e}_z = \frac{C_1}{\sqrt{3}} \delta_{m,0}$$

$$W_{ba} = \frac{4\pi}{c^3 \hbar^2} \left( \frac{1}{4\pi \epsilon_0} \right) I(\omega_{1s \rightarrow 2p}) \left| \frac{C_1}{\sqrt{3}} \delta_{m,0} \right|^2$$



⊛ Please note

If, instead, our laser field were circularly polarized, the situation would be different

$$\vec{E} = E_0 f(t) [\hat{x} \pm i\hat{y}]$$

+ sign :  $\vec{r}_{ba} \cdot \hat{e} = \vec{r}_{ba} \cdot (\hat{e}_x + i\hat{e}_y)$   
 $\vec{r}_{ba} \cdot \hat{e}_x = \frac{C_1}{\sqrt{6}} [\delta_{m,1} + \delta_{m,-1}]$

$$\vec{r}_{ba} \cdot \hat{\epsilon}_y = \frac{C_1}{\sqrt{6}} i [\delta_{m,1} + \delta_{m,-1}]$$

$$\vec{r}_{ba} \cdot (\hat{\epsilon}_x + i\hat{\epsilon}_y) = -\frac{C_1}{\sqrt{3}} \delta_{m,1}$$

⇒ In this case, the transition from 1s to the 2p state with  $m=1$  is allowed.

Similarly,

$$\vec{r}_{ba} \cdot (\hat{\epsilon}_x - i\hat{\epsilon}_y) = \frac{C_1}{\sqrt{3}} \delta_{m,1}$$

⇒ transition to the state with  $m=-1$  is allowed

(b) Let us assume now that, instead of 2p, the excited state b to which the transition should occur is 2s

Initial state:  $R_{10}(r) Y_0^0 = \psi_{1s}$

Final state:  $\psi_{2s} = R_{20} Y_0^0$

Dipole matrix element:

$$\begin{aligned} \vec{r}_{ba} &= \int \psi_{2s}^*(\vec{r}) \vec{r} \psi_{1s}(\vec{r}) d^3r \\ &= \int_0^\infty R_{10}(r) R_{20}(r) r^3 dr \left[ \sqrt{\frac{4\pi}{3}} \int Y_0^* Y_1 Y_0 d\Omega \hat{e}_z + \right. \\ &\quad \left. + i \sqrt{\frac{2\pi}{3}} \left[ \int Y_1^* Y_0 Y_0 d\Omega + \int Y_1^- Y_0^* Y_0 d\Omega \right] \hat{e}_y \right] \end{aligned}$$

$$+ \sqrt{\frac{2\pi}{3}} \left[ \int Y_{1,-1}^* Y_0^0 Y_0^0 d\Omega + \int Y_{1,1}^* Y_0^0 Y_0^0 d\Omega \right] \hat{e}_x$$

Angular integrals:

$$\int Y_0^* Y_1^0 Y_0^0 d\Omega = \frac{1}{\sqrt{4\pi}} \int Y_0^* Y_1^0 d\Omega = \delta_{1,0} = 0$$

$$\int Y_0^* Y_1^{\pm 1} Y_0^0 d\Omega = \frac{1}{\sqrt{4\pi}} \int Y_0^* Y_1^{\pm 1} d\Omega = \delta_{1,0} \delta_{0,\pm 1} = 0$$

$\Rightarrow$  The transition  $1s \rightarrow 2s$ , within the dipole approximation, is forbidden

These are examples of SELECTION RULES for dipole transitions

## 2. (c) - Selection rules

Let us consider an atom in a radiation field. We wish to know which transitions are allowed and which ones forbidden

### ⊛ Importance

- Allows one to determine which transitions are allowed and forbidden once the angular momentum quantum numbers are specified (very helpful in computing the spectra)
- Useful for computing the lifetimes of levels
  - ↑ radiative



Radial integral  $I_r$ : non-vanishing

Angular integral  $I_\Omega$ : may vanish

Using the fact that  $Y_l^m(\theta, \phi) = e^{im\phi} P_l^m(\cos\theta)$ ,

we have

$$I_\Omega = \underbrace{\int_{-1}^1 P_l^{m'}(\cos\theta) P_l^q(\cos\theta) P_l^m(\cos\theta) d\cos\theta}_{I_\theta} \cdot \underbrace{\int_0^{2\pi} e^{-im'\phi + iq\phi + im\phi} d\phi}_{I_\phi}$$

$\sin\theta \neq 0, q = \pm 1$   
 $\cos\theta, q = 0$

Magnetic quantum numbers

We will consider  $I_\phi = \int_0^{2\pi} e^{i(m-m'+q)\phi} d\phi$  ;

$I_\phi \neq 0 \Rightarrow m - m' + q = 0$

(a)  $q = 0$  (polarization vector in the  $z$  direction)

$m' = m$  ; i.e.,  $\Delta m = 0$

(b)  $q = \pm 1$  (circularly polarized light)

$m' = m \pm 1$  ; i.e.,  $\Delta m = \pm 1$

Orbital angular momentum



We will consider  $I_{\theta}$ , which, apart from the numerical factors, may be written as

$$I_{\theta 1} = \int_{-1}^1 d(\cos\theta) P_l^m(\cos\theta) P_{l'}^m(\cos\theta) \cos\theta, \quad q = 0 \quad (a)$$

$$I_{\theta 2} = \int_{-1}^1 d(\cos\theta) P_l^m(\cos\theta) P_{l'}^{m\pm 1}(\cos\theta) \sin\theta, \quad q = \pm 1 \quad (b)$$

(a) linearly polarized light

We will use

$$(2l+1) \cos\theta P_l^m(\cos\theta) = (l+1-m) P_{l+1}^m(\cos\theta) + (l-m) P_{l-1}^m(\cos\theta)$$

$$\Rightarrow I_{\theta 1} = \int_{-1}^1 d(\cos\theta) \left[ \left( \frac{l+1-m}{2l+1} \right) P_{l+1}^m(\cos\theta) P_{l'}^m(\cos\theta) + \frac{(l-m)}{(2l+1)} P_{l-1}^m(\cos\theta) \right] P_{l'}^m(\cos\theta)$$

From the orthogonality relation of the <sup>associated</sup> Legendre functions

$$\int_{-1}^1 d(\cos\theta) P_{l\pm 1}^m(\cos\theta) P_{l'}^m(\cos\theta) = \frac{2(l\pm 1 \mp m)!}{(2(l\pm 1)+1)(l\pm 1-m)!} \delta_{l\pm 1, l'}$$

$\Rightarrow$  Only the terms for which  $l' = l \pm 1$  survive

$$\boxed{\Delta l = \pm 1}$$

That is why a  $1s \rightarrow 2s$  transition is forbidden

(b) circularly polarized light

(24)

$$\Delta l = \pm 1$$

Proof along the same lines, but using

$$(2l+1) \sin \theta P_l^{m-1}(\cos \theta) = P_{l+1}^m(\cos \theta) - P_{l-1}^m(\cos \theta)$$

⊛ Please note: (a) The above-stated rule may also be understood using parity arguments

Under  $\vec{r} \rightarrow -\vec{r}$ ,  $R_{nl}(r) Y_l^m(\theta, \varphi) = (-1)^l R_{nl}(r) Y_l^m(\theta, \varphi)$   
 $\Rightarrow l \text{ odd} \Rightarrow Y_l^m \text{ odd}$   
 $l \text{ even} \Rightarrow Y_l^m \text{ even}$

$$\int Y_{l'}^{*m'}(\theta, \varphi) Y_l^q(\theta, \varphi) Y_l^m(\theta, \varphi) d\Omega \text{ is non-}$$

-vanishing if the integrand is even

$$\Rightarrow l+l'+1 \text{ even}$$

If  $l$  odd,  $l'$  even

If  $l$  even,  $l'$  odd

$\Rightarrow$  The dipole operator only connects states of different parity (Laporte's rule)

(b) If there exists a spin-orbit coupling  $\xi(r) \vec{L} \cdot \vec{S}$

between  $\vec{L}$  and  $\vec{S}$ , the stationary states of the electron

are labeled by the quantum numbers  $l, s, j, m_j$ , with  $\vec{J} = \vec{L} + \vec{S}$ .

(25)

The electric dipole selection rules can then be obtained by computing the dipole matrix elements in the basis of the eigenstates of  $\vec{J}$ .

They are

$$\begin{aligned} \Delta J &= 0, \pm 1, \quad J=0 \leftrightarrow J=0 \\ \Delta l &= \pm 1 \\ \Delta m_l &= 0, \pm 1 \end{aligned}$$

notation for a forbidden transition  
↓

$\Delta J = 0$  is NOT forbidden - this is due to the fact that  $J$  is not related to the parity of the level.

If  $l$  and  $s$  are good quantum numbers, one can still have

$$\Delta l = 0, \pm 1, \quad 0 \leftrightarrow 0$$

$$\Delta s = 0$$

This rule, however, breaks down for heavier elements, since the spin-orbit coupling is quite strong in this case.

(\*) Electric quadrupole transition / magnetic dipole transition (26)

Let us now consider the second term of the expansion  
 $\exp(i\vec{k} \cdot \vec{r}) \approx 1 + i\vec{k} \cdot \vec{r} + \dots$

In this case,

$$M_{ba} = \langle \psi_b | (i\vec{k} \cdot \vec{r}) (\hat{\epsilon} \cdot \nabla_r) | \psi_a \rangle$$

Assumptions

- $\vec{k} = k\hat{e}_z$  (propagation direction along the z axis)
- $\hat{\epsilon} = \hat{e}_x$  (polarization direction along the x axis)

$$\Rightarrow M_{ba} = ik \langle \psi_b | x \frac{\partial}{\partial z} | \psi_a \rangle = i \frac{\omega_{ba}}{c} \langle \psi_b | x \frac{\partial}{\partial z} | \psi_a \rangle$$

Writing

$$\langle \psi_b | x \frac{\partial}{\partial z} | \psi_a \rangle = \frac{1}{2} \langle \psi_b | x \frac{\partial}{\partial z} - z \frac{\partial}{\partial x} | \psi_a \rangle + \frac{1}{2} \langle \psi_b | x \frac{\partial}{\partial z} + z \frac{\partial}{\partial x} | \psi_a \rangle$$

(\*)

(\*\*)

and using  $\frac{iL_y}{\hbar} = x \frac{\partial}{\partial z} - z \frac{\partial}{\partial x}$

$$(*) = \frac{1}{2} \langle \psi_b | \frac{iL_y}{\hbar} | \psi_a \rangle = \frac{i}{2\hbar} \langle \psi_b | L_y | \psi_a \rangle$$

(\*\*\*) =

using

$$-i\hbar \frac{\partial}{\partial z} = \hat{p}_z \Rightarrow \frac{\partial}{\partial z} = -\frac{1}{i\hbar} \hat{p}_z = -\frac{m\hat{z}}{i\hbar}$$

$$-i\hbar \frac{\partial}{\partial x} = \hat{p}_x \Rightarrow \frac{\partial}{\partial x} = -\frac{1}{i\hbar} \hat{p}_x = -\frac{m\hat{x}}{i\hbar}$$

Together with the Heisenberg equations,

$$\dot{z} = \frac{1}{i\hbar} [zH_0 - H_0z]$$

$$\dot{x} = \frac{1}{i\hbar} [xH_0 - H_0x]$$

we find

$$(**a) \quad x \frac{\partial}{\partial z} = \frac{m x}{\hbar^2} [z, H_0]$$

$$(**b) \quad z \frac{\partial}{\partial x} = \frac{m z}{\hbar^2} [x, H_0] = \frac{\partial}{\partial x} z = \frac{m}{\hbar^2} [x, H_0] z$$

$$\begin{aligned} \Rightarrow (**a) + (**b) &= \frac{m}{\hbar^2} [x [z, H_0] + [x, H_0] z] \\ &= \frac{m}{\hbar^2} [xz, H_0] \end{aligned}$$

$$\begin{aligned} \text{Matrix element (**): } & \frac{m}{2\hbar^2} \langle \psi_b | xzH_0 - H_0xz | \psi_a \rangle \\ &= -\frac{m\omega_{ba}}{2\hbar} \langle \psi_b | xz | \psi_a \rangle \end{aligned}$$

$$M_{ba} = \underbrace{-\frac{\omega_{ba}}{2\hbar c} \langle \psi_b | L_y | \psi_a \rangle}_{\text{Magnetic dipole transitions } M_{ba}^{(1)}} + \underbrace{\frac{im\omega_{ba}^2}{2\hbar c} \langle \psi_b | xz | \psi_a \rangle}_{\text{electric quadrupole transitions } M_{ba}^{(2)}}$$

⊛ Magnetic dipole transitions

$M_{ba}^{(1)}$  is proportional to the <sup>orbital</sup> magnetic dipole

moment operator

$$\vec{\mu}_L = -\frac{e}{2m} \vec{L} = -\mu_B \left( \frac{\vec{L}}{\hbar} \right)$$

Spin can be included by taking  $\vec{L} \rightarrow \vec{L} + 2\vec{S}$  so that

$$M_{ba}^{(1)} = -\frac{\omega_{ba}}{2\pi c} \langle \psi_b | L_y + 2S_y | \psi_a \rangle$$

This matrix element induces magnetic dipole transitions

Selection rules:  $M_{ba}^{(1)} \neq 0$

- Neither  $L_y$  nor  $S_y$  changes the orbital quantum number  $l$  since  $[\vec{L} + 2\vec{S}, L^2] = 0$   
 $[\vec{L} + 2\vec{S}, S^2] = 0$   
 $\Rightarrow \Delta l = 0$
- $L_y$  changes  $m_l$  by  $\pm 1$  (check 3<sup>rd</sup> year quantum mechanics for details)  
 $\Rightarrow \Delta m_l = \pm 1$
- $S_y$  changes  $m_s$  by  $\pm 1 \Rightarrow \Delta m_s = \pm 1$

If, instead of  $L_y, S_y$  we had  $S_z, L_z$ , this would give  $\Delta m_l = 0$   
 $\Delta m_s = 0$

$$\Rightarrow \begin{cases} \Delta l = 0 \\ \Delta m_l = \pm 1, 0 \\ \Delta m_s = \pm 1, 0 \end{cases}$$

⊗ Please note:

- In the presence of the spin-orbit coupling the eigenstates of  $H_0$  are labeled by the quantum numbers  $l, j$  since  $[L, J^2] \neq 0$   $[S, J^2] \neq 0$  the above-stated matrix

element may connect states with the same  $l$  but different  $J$  (29)

In this case, we have

$$\begin{aligned}\Delta l &= 0 \\ \Delta j &= \pm 1, 0 \quad (j=0 \leftrightarrow j'=0) \\ \Delta m_j &= \pm 1, 0\end{aligned}$$

- The atomic states  $a$  and  $b$  must have the same parity.
- For a rigorous derivation of the above-stated selection rules, see an explanation based on the Wigner-Eckart theorem (e.g.) A. Corney, pp. 130 (Cohen-Tannoudji, Complement D<sub>x</sub>)
- For an atom whose nucleus has a magnetic moment, magnetic dipole transitions can take place between two hyperfine structure components of the same fine structure level

$$(\Delta L = \Delta S = \Delta J = 0), \text{ but } \Delta F \neq 0$$

Example : states  $F=0$  and  $F=1$  of the atomic hydrogen  $2d$  state.

### ⊛ Electric quadrupole transitions

$$M_{ba}^{(2)} = -i \frac{m \omega_{ba}^2}{2\hbar c} \langle \psi_b | xz | \psi_a \rangle$$

- $xz$  is a component of the electric quadrupole operator of the atom
- $xz$  is even  $\Rightarrow$  it couples states of the same parity

$$\langle \psi_b | x z | \psi_a \rangle = \int \psi_b^*(\vec{r}) x z \psi_a(\vec{r}) d^3 r$$

$$\psi_b(\vec{r}) = R_{m'l} e^{i l \phi} Y_{l'}^{m'}(\theta, \phi)$$

$$\psi_a = R_{m'l} e^{i l \phi} Y_l^m(\theta, \phi)$$

$$x = r \sin \theta \cos \phi = r \sqrt{\frac{2\pi}{3}} \left[ Y_{1'}^{-1}(\theta, \phi) - Y_{1'}^1(\theta, \phi) \right]$$

$$z = r \cos \theta = r \sqrt{\frac{4\pi}{3}} Y_{1'}^0(\theta, \phi)$$

$$x z = r^2 \sqrt{8} \frac{\pi}{3} \left[ \underbrace{Y_{1'}^0(\theta, \phi) Y_{1'}^{-1}(\theta, \phi)}_{\propto Y_2^{-1}(\theta, \phi)} - \underbrace{Y_{1'}^0(\theta, \phi) Y_{1'}^1(\theta, \phi)}_{\propto Y_2^1(\theta, \phi)} \right]$$

Hence

$$\langle \psi_b | x z | \psi_a \rangle \propto \int Y_{l'}^{*m'}(\theta, \phi) Y_{2'}^{\pm 1}(\theta, \phi) Y_l^m(\theta, \phi) d\Omega$$

× Radial integral

$$\int Y_{l'}^{*m'}(\theta, \phi) Y_{2'}^{\pm 1}(\theta, \phi) Y_l^m(\theta, \phi) d\Omega \neq 0 \quad \text{if}$$

$$\Delta l = 0, \pm 2, \quad \Delta m = \pm 1$$

(The proof is similar to that performed for dipole transitions)

If we have  $z^2$  this will give

$$\Delta l = 0, \pm 2, \quad \Delta m = 0$$

$$\Rightarrow \left. \begin{array}{l} \Delta l = 0, \pm 2 \\ \Delta m = 0, \pm 1 \end{array} \right\}$$



(\*) Please note

For a many- $e^-$  atom,  $xz \rightarrow \sum_{i=1}^N x_i z_i$

In this case, the ~~of~~ electric quadrupole selection rules read

(a)  $\Delta M_j = 0, \pm 1, \pm 2$

(b)  $\Delta J = 0, \pm 1, \pm 2$

(in terms of total angular momentum operator  $\vec{J}$ )

And, if  $L, S$  are good quantum numbers

(a)  $\Delta S = 0$

(b)  $\Delta L = 0, \pm 1, \pm 2$

(c)  $\Delta M_L = 0, \pm 1, \pm 2$

Rigorous proof : Wigner-Eckardt theorem

# SUMMARY

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Selection rules for single photon transitions in atomic spectra

Rule	Electric Dipole	Magnetic dipole	Electric Quadrupole
1	$\Delta J = 0, \pm 1$ ( $0 \leftrightarrow 0$ )	$\Delta J = 0, \pm 1$ ( $0 \leftrightarrow 0$ )	$\Delta J = 0, \pm 1, \pm 2$ ( $0 \leftrightarrow 0; \frac{1}{2} \leftrightarrow \frac{1}{2}; 0 \leftrightarrow 1$ )
2	$\Delta m_J = 0, \pm 1$	$\Delta m_J = 0, \pm 1$	$\Delta m_J = 0, \pm 1, \pm 2$
3	Parity change	No parity change	No parity change
4	One electron jump $\Delta l = \pm 1$	No electron jump $\Delta l = 0, \Delta n = 0$	One or no electron jump $\Delta l = 0, \pm 2$
5	$\Delta S = 0$	$\Delta S = 0$	$\Delta S = 0$
6	$\Delta L = 0, \pm 1$ ( $0 \leftrightarrow 0$ )	$\Delta L = 0$	$\Delta L = 0, \pm 1, \pm 2$ ( $0 \leftrightarrow 0; 0 \leftrightarrow 1$ )

### 3 - The Einstein coefficients

- Developed by Einstein, 1916
- Give the correct expressions for the rate of spontaneous emission / absorption of radiation

Let us consider an enclosure containing atoms and radiation in equilibrium at absolute temperature  $T$  and the two non-degenerate atomic levels  $a, b$ , with energies  $E_a, E_b$  such that  $E_b > E_a$



$\rho(\omega_{ba}) \equiv$  energy density of radiation at the angular frequency  $\omega_{ba} = \frac{E_b - E_a}{\hbar}$

$N_{ba}$  is the number of atoms making the transition from  $a$  to  $b$  per unit time by absorbing radiation.

$$N_{ba} = B_{ba} N_a \rho(\omega_{ba})$$

$\downarrow$   
Einstein coefficient for absorption

Using  $\rho(\omega) = \frac{I(\omega)}{c}$  and the absorption rate  $w_{ba}$  per atom in the dipole approximation

$$w_{ba}^D = \frac{4\pi^2}{c\hbar^2} \left( \frac{e^2}{4\pi\epsilon_0} \right) \underbrace{I(\omega_{ba})}_{= c \rho(\omega_{ba})} \underbrace{|\vec{r}_{ba} \cdot \hat{\epsilon}|^2}_{= |\vec{r}_{ba}|^2 \cos^2 \theta}$$

and averaging over  $\cos^2 \theta$  (unpolarised light), we find

$$W_{ba}^D = \frac{4\pi^2}{3\hbar^2} \left( \frac{e^2}{4\pi\epsilon_0} \right) e(\omega_{ba}) |\vec{r}_{ba}|^2$$

Since  $W_{ba}^D = \frac{\dot{N}_{ba}}{N_b}$  one may write

$$\frac{\dot{N}_{ba}}{N_a} = B_{ba} e(\omega_{ba}) \Rightarrow B_{ba} = \frac{4\pi^2}{3\hbar^2} \left( \frac{e^2}{4\pi\epsilon_0} \right) |\vec{r}_{ba}|^2$$

We will now consider the number of atoms making the transition  $b \rightarrow a$  per unit time, i.e.,  $\dot{N}_{ab}$

$$\dot{N}_{ab} = \underbrace{A_{ab} N_b}_{\text{spontaneous transitions/time}} + \underbrace{B_{ab} N_b e(\omega_{ba})}_{\text{stimulated transitions/time}}$$

Equilibrium  $\Rightarrow \dot{N}_{ab} = \dot{N}_{ba}$

$$B_a N_a e(\omega_{ba}) = [A_{ab} + B_{ab} e(\omega_{ba})] N_b$$

$$\frac{N_a}{N_b} = \frac{A_{ab} + B_{ab} e(\omega_{ba})}{B_{ba} e(\omega_{ba})} \quad (*)$$

The system is in thermal equilibrium. Hence,

$$\frac{N_a}{N_b} = \exp\left[-(E_a - E_b)/(k_b T)\right] = \exp\left[\frac{\hbar\omega_{ba}}{k_b T}\right] \quad (**)$$

$$(*) = (**) \Rightarrow \frac{A_{ab} + B_{ab} e(\omega_{ba})}{B_{ba} e(\omega_{ba})} = \exp\left[\frac{\hbar\omega_{ba}}{k_b T}\right]$$

$$\Rightarrow \rho(\omega_{ba}) = \frac{A_{ab}}{B_{ba} \exp[\hbar\omega_{ba}/(k_B T)] - B_{ab}} \quad (**)$$

On the other hand, since the atoms are in equilibrium with radiation,  $\rho(\omega_{ba})$  will also be given by the Planck distribution law

$$\rho(\omega_{ba}) = \frac{\hbar\omega_{ba}^3}{\pi^2 c^3} \frac{1}{\exp[\hbar\omega_{ba}/(k_B T)] - 1} \quad (***)$$

Hence  $(*) = (***) \Rightarrow B_{ab} = B_{ba}$  (principle of detailed balancing)

$$A_{ab} = \frac{\hbar\omega_{ba}^3}{\pi^2 c^3} B_{ab}$$

Since

$$B_{ab} = \frac{\omega_{ba}}{\rho(\omega_{ba})} = \frac{4\pi^2}{3\hbar^2} \left( \frac{1}{4\pi\epsilon_0} \right) |D_{ba}|^2$$

we find  $A_{ab} = \frac{\hbar\omega_{ba}^3}{\pi^2 c^3} \times \frac{4\pi^2}{3\hbar^2} \left( \frac{1}{4\pi\epsilon_0} \right) |D_{ba}|^2$

$$A_{ab} = \frac{4\omega_{ba}^3}{3c^3 \hbar} \left( \frac{1}{4\pi\epsilon_0} \right) |D_{ba}|^2$$