

5. Lasers and spectroscopy

- Lasers:
- coherent and monochromatic light
 - linewidth \leq linewidth of the system to be investigated
- \Rightarrow Allow studies of much higher resolution than that obtained with conventional spectrometers

5.(a) - Hole burning

⊕ Key idea: a strong signal applied to a transition causes the population difference on that transition to decrease

\Rightarrow Decrease in the laser-intensity profile

• Physics behind it: The intensity of the radiation in a cavity cannot increase indefinitely, because stimulated transitions start to reduce the inversion density below the value it had in the absence of oscillations

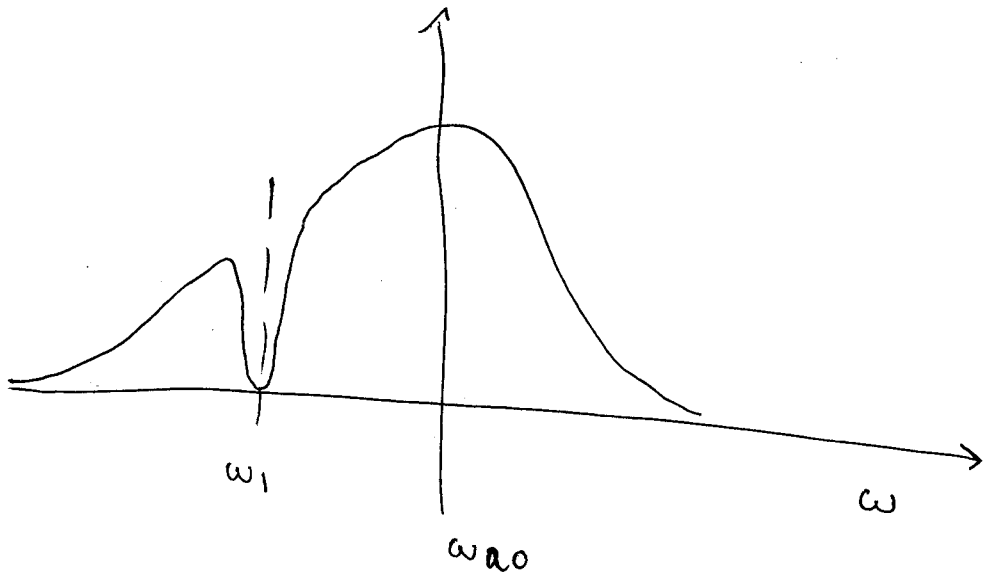
• Steady state: gain at oscillation frequency \equiv cavity losses

\Rightarrow Gain saturation

Hole burning occurs in inhomogeneously broadened transitions (groups of atoms with slight different resonant frequencies have different saturation properties).

Example: Inhomogeneous, Doppler broadened gas lasers
Inhomogeneous

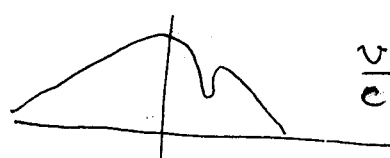
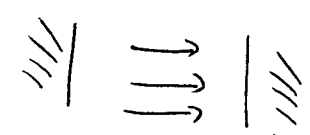
Hole burning: A strong applied signal at frequency ω_1 will saturate the population difference only for those atoms which are nearly resonant with ω_1 . The remaining atoms will remain unchanged



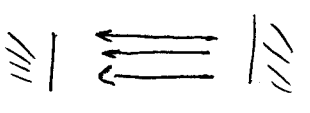
Example: Lamb dip (W. E. Lamb, Phys. Rev. 134, 1429 (1964))

- "If one tunes the resonance frequency of a single oscillating cavity across a Doppler-broadened gas laser transition, the curve of oscillation shows a narrow dip when the oscillation frequency coincides with the center of the laser-broadened line"

\Rightarrow Hole burning caused by the two opposite waves traveling in the cavity



$$\frac{v}{c} = \frac{\omega - \omega_0}{\omega_0}; \omega = \omega_0 + \omega_0 \frac{v}{c}$$



$$\frac{v}{c} = -\frac{(\omega - \omega_0)}{\omega}; \omega = \omega_0(1 - \frac{v}{c})$$

* Elementary analysis (based on susceptibility changes)

Let us consider the susceptibility $\chi_n(\omega, \omega_a)$ of a single atom at a frequency ω . This atom has a resonance frequency ω_a .

$$\chi_n(\omega, \omega_a) \propto \frac{1}{\Delta\omega_a + 2i(\omega - \omega_a)} \quad (*)$$

$\underbrace{\hspace{10em}}_{\text{linewidth}}$

Atoms around this frequency constitute a "spectral packet"

Reminder: Susceptibilities come from the steady state response of a medium to a field

$$D(\omega) = \epsilon_0 \underbrace{E(\omega)}_{\text{electric field}} + \underbrace{P(\omega)}_{\text{polarization}}$$

linear response:
 $\chi(\omega) \equiv \frac{P(\omega)}{\epsilon_0 E(\omega)}$

In this framework, the atoms are approximated by harmonic oscillators, and in (*) we take the near-resonant case

Details: undergraduate electromagnetism course

See also Siegman, Lasers

Number of atoms in an inhomogeneously broadened line with resonant frequencies in a range $\Delta\omega_a$ around ω_a

$$dN(\omega_a) = N g(\omega_a) d\omega_a$$

$g(\omega_a) \rightarrow$ linewidth (normally assumed to be a gaussian)

$$\int_{-\infty}^{\infty} g(\omega_a) d\omega_a = 1 \text{ (normalized)}$$

If saturation takes place near $\omega = \omega_a$, this means that a spectral wavepacket at a frequency ω_a will have its population reduced by the saturating factor

$$S(\omega_a) = \frac{1}{1 + F(\omega_a, \omega_1, I_1, I_{sat})}$$

with

$$F(\omega_a, \omega_1, I_1, I_{sat}) = \frac{I_1}{I_{sat}} \frac{1}{1 + [2(\omega_1 - \omega_a) / \Delta\omega_a]^2}$$

$$N \rightarrow N S(\omega_a)$$

Relatively easy to show: see, for instance, 2nd coursework for saturation in a 4-level system

$I_1 =$ strong saturating signal's intensity

$I_{sat} =$ saturation intensity

Total susceptibility: $\tilde{\chi}(\omega) = N \int_{-\infty}^{\infty} g(\omega_a) S(\omega_a) \tilde{\chi}_n(\omega; \omega_a) d\omega_a$
 sum over all resonance freq. ω_a

We are interested in the change in susceptibility when the saturating signal is turned on

$$\delta \tilde{\chi}(\omega) \equiv \underbrace{\tilde{\chi}_0(\omega)}_{\text{unsaturated susceptibility}} - \tilde{\chi}(\omega) = N \int_{-\infty}^{\infty} g(\omega_a) [1 - S(\omega_a)] \tilde{\chi}_n(\omega; \omega_a) d\omega_a$$

$$1 - S(\omega_a) = 1 - \frac{1}{1+F} = \frac{F}{F+1} = \frac{I}{I_{sat}} \left\{ \frac{A}{\kappa \left[1 + \frac{I_1}{I_{sat}} + \left[1 + \frac{2(\omega_1 - \omega_a)}{\Delta\omega} \right]^2 \right]} \right\}$$

$$= \frac{I_1}{I_{sat}} \left[\frac{1}{1 + I_1/I_{sat} + (2(\omega - \omega_a)/\Delta\omega)^2} \right]$$

real lorentzian

$$\chi''(\omega) \propto \int_{-\infty}^{\infty} g(\omega_1 + \omega_a - \omega_1) \left[\frac{I_1/I_{sat}}{1 + I_1/I_{sat} + [2(\omega_1 - \omega_a)/\Delta\omega]^2} \right] d\omega_1$$

$$= \left[\frac{1}{1 + 2\frac{\omega - \omega_a}{\Delta\omega}} \right] d\omega_a$$

complex lorentzian

for a strongly inhomogeneous line $g(\omega_1 - \omega_a - \omega_1)$ varies much more slowly than the rest and can be pulled out of the integral.

The integral reads

$$\int_{-\infty}^{\infty} \frac{p}{1+p+x^2} \frac{1}{1+i(y-x)} dx = \frac{\pi p}{\sqrt{1+p}} \cdot \frac{1}{1 + \sqrt{1+p} + iy}$$

complex Lorentzian depending on $\frac{\omega_a - \omega_1}{\Delta\omega}$

$p = I_1/I_{sat}$
 $x = 2(\omega_a - \omega_1)/\Delta\omega$
 $y = 2(\omega - \omega_a)/\Delta\omega$
 $dx = \frac{2}{\Delta\omega} d\omega_a$

By residues:
 Poles at
 $x = \pm i\sqrt{1+p} \quad x = y - i$

$$\Rightarrow \delta \chi(\omega) \propto \frac{P}{\sqrt{1+P}} \frac{1}{1 + \sqrt{1+P} + \frac{2i(\omega - \omega_1)}{\Delta\omega_a}} = \frac{P}{\sqrt{1+P} (1 + \sqrt{1+P})} \cdot \frac{1}{1 + \frac{2i(\omega - \omega_1)}{\Delta\omega_h}}$$

$$\Delta\omega_h = [1 + \sqrt{1+P}] \Delta\omega_a$$

↳ Linewidth of the hole!

$$I \ll I_{sat} \Rightarrow \Delta\omega_h = 2 \Delta\omega_a$$

$$I \gg I_{sat} \Rightarrow \Delta\omega_h = \sqrt{I/I_{sat}} \Delta\omega_a$$

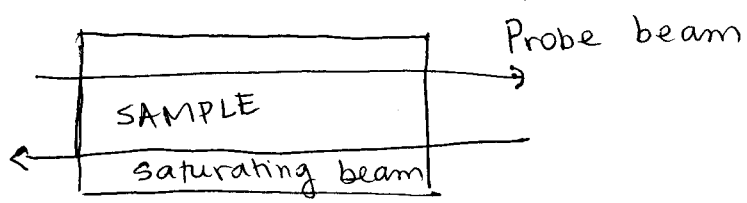
* Conclusions :

- The change in susceptibility produced by burning the hole is a complex Lorentzian line centered at $\omega = \omega_1$.
- It is as if we had destroyed a certain number of atoms at $\omega = \omega_1$.
- The linewidth of the hole broadens as the intensity increases, but is still much smaller than $g(\omega)$.

For that reason, it is used in saturation absorption spectroscopy

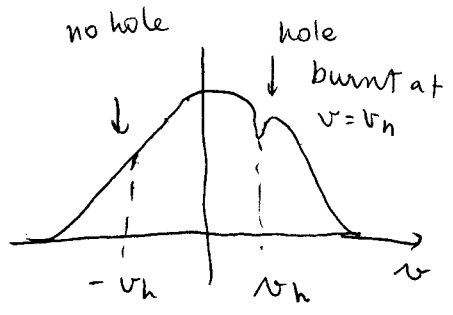
Saturation absorption spectroscopy

- Useful for finding homogeneous lineshapes hidden inside Doppler-broadened transitions
- set up: A strong saturating beam and a weak probe beam (normally both at freq. ω).



Let us consider a Gaussian (Maxwellian) distribution of axial velocities for a collection of atoms in a gas

The strong beam will burn a hole in the velocity distribution at $v = v_h = \frac{\omega_0 - \omega}{\omega} c$



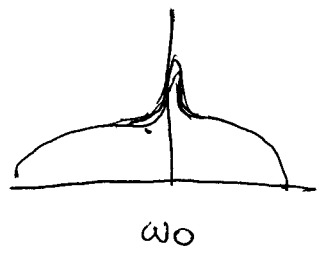
The probe wave will interact primarily with an oppositely traveling group of atoms so that

$$v = -v_h = -\frac{(\omega_0 - \omega)c}{\omega}$$

If, however, the frequency ω is tuned to the unshifted resonance frequency, then both lasers will interact with the SAME group of atoms (i.e., those with zero axial velocity)



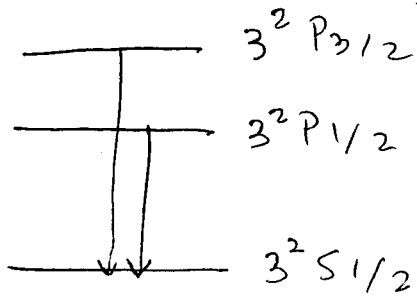
→ Absorption will be reduced and there will be an increase in the intensity of the probe pulse at $\omega = \omega_0$



First observation: P. H. Lee and M. L. Skolnick, Appl. Phys. Lett. 10, 303 (1967) (He-Ne laser)

Saturation absorption spectroscopy using dye lasers:

Sodium lines



Lamb shift : associated to the fluctuation of the zero-point energy
↳ greatest for states in which $|\psi(0)|^2 \neq 0$
 $n^2 S_{1/2}$ states. This is normally obscured by
the Doppler broadening

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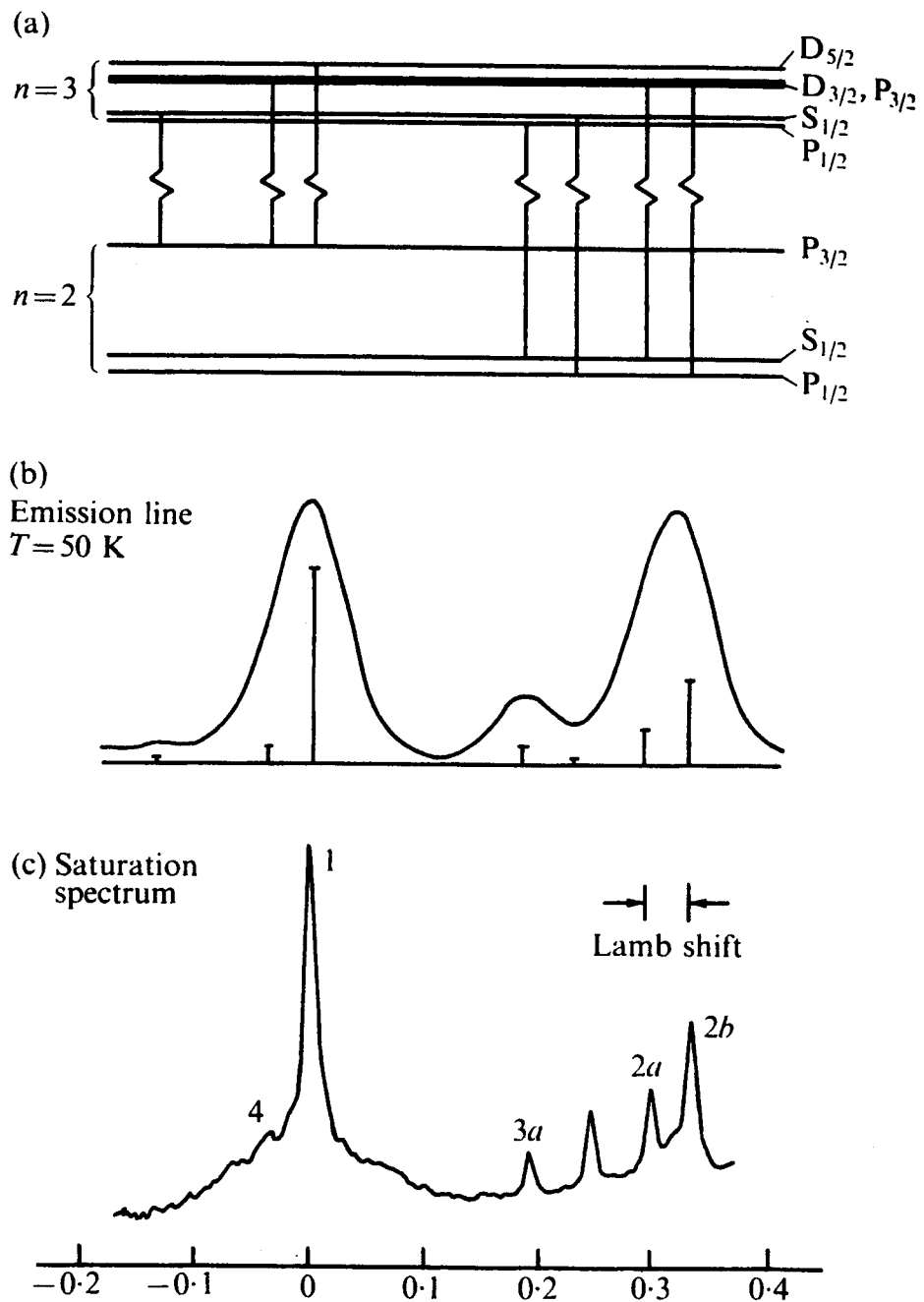


Fig.14.7. Fine structure in hydrogenic systems - the Balmer α line of deuterium. (a) Energy levels and allowed fine-structure transitions. (b) Profile of emission line from cooled deuterium gas discharge and fine structure components with theoretical relative transition probabilities. (c) Saturation spectrum of D_{α} line showing optically resolved Lamb shift. (After Hänsch (1975).)

5. (b) - Doppler-free two photon spectroscopy

* Key idea: one employs a two-photon transition to eliminate the doppler broadening

Let us consider an atom irradiated by two laser beams of frequencies: ω, ω'

• Polarization vectors: \hat{e}, \hat{e}'

$$\vec{A}(\vec{r}, t) = A_0 \hat{e} \cos(\omega t - \vec{k} \cdot \vec{r}) + A_0' \hat{e}' \cos(\omega' t - \vec{k}' \cdot \vec{r})$$

where $\vec{k} = \frac{\omega}{c} \hat{k}$; $\vec{k}' = \left(\frac{\omega'}{c}\right) \hat{k}'$

This atom, initially in a state a, absorbs two photons and is excited to the state b.

Let us initially assume that the atom is stationary

* Transition rate (two-photon absorption)

(obtained from 2nd-order perturbation theory)

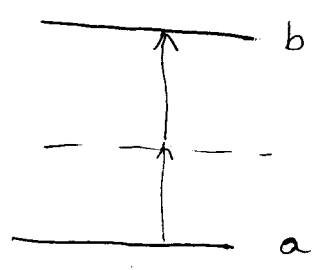
$$W_{ba} = \frac{4\pi^2}{c^2 \epsilon_0^2} I I' \left| \sum_n \left\{ \frac{(\hat{e}' \cdot \vec{D}_{bn})(\hat{e} \cdot \vec{D}_{na})}{\omega_{na} - \omega} + \frac{(\hat{e} \cdot \vec{D}_{bn})(\hat{e}' \cdot \vec{D}_{na})}{\omega_{na} - \omega'} \right\} \right|^2 \delta(\omega_{ba} - \omega - \omega')$$

where

$I, I' \equiv$ intensities of the 2 laser beams

$$\omega_{na} = \frac{E_n - E_a}{\hbar}, \quad \omega_{ba} = \frac{E_b - E_a}{\hbar}$$

$n \equiv$ intermediate levels ($n \neq b$, $n \neq a$)



- * Assumptions: all intermediate states are non-resonant
intermediate st. are virtual states
- * Consequences:

• The atom will decay from b by a single-photon transition

Excited state b : width = Γ_b
 lifetime $\tau_b = \frac{\hbar}{\Gamma_b}$

$$\omega_{ba} \rightarrow \omega_{ba} - \frac{i\Gamma_b}{2\hbar}$$

$$\delta(\omega_{ba} - \omega - \omega') \rightarrow \frac{1}{\pi} \frac{\Gamma_b / (2\hbar)}{\pi (\omega_{ba} - \omega - \omega')^2 + (\Gamma_b / 2\hbar)^2}$$

• I, I' and the quantities in $\{ \}$ in (*) will vary slowly

\Rightarrow The line profile for two photon absorption will be given by

$$g(\omega, \omega') = \frac{\Gamma_b / (2\hbar)}{(\omega_{ba} - \omega - \omega')^2 + (\Gamma_b / 2\hbar)^2}$$

Unrealistic: atoms are moving with velocity v

$$\Rightarrow \vec{r} = \vec{v}t$$

$$\text{and } A(\vec{r}, t) = A_0 \hat{\epsilon} \cos \left[\omega \left(1 - \frac{\vec{v} \cdot \hat{k}}{c} \right) t \right] + A_0' \hat{\epsilon}' \cos \left[\omega' \left(1 - \frac{\vec{v} \cdot \hat{k}'}{c} \right) t \right]$$

By inspection we see that

$$\omega \rightarrow \omega \left(1 - \vec{v} \cdot \frac{\hat{k}}{c} \right)$$

$$\omega' \rightarrow \omega' \left(1 - \vec{v} \cdot \frac{\hat{k}'}{c} \right)$$

$$g(\omega, \omega') = \frac{\Gamma / (2\hbar)}{\left[\omega_{ba} - \omega \left(1 - \vec{v} \cdot \frac{\hat{k}}{c} \right) - \omega' \left(1 - \vec{v} \cdot \frac{\hat{k}'}{c} \right) \right]^2 + \Gamma (2\hbar)^2}$$

In general, one must integrate over the velocity distributions
 \Rightarrow Doppler broadening.

Let us now assume that the two beams propagate in opposite directions and have the same angular frequency

$$\Rightarrow \vec{k} = -\vec{k}', \quad \omega = \omega'$$

$$\Rightarrow g(\omega, \omega) = \frac{\Gamma_b / (2\hbar)}{(\omega_{ba} - 2\omega)^2 + [\Gamma_b / (2\hbar)]^2}$$

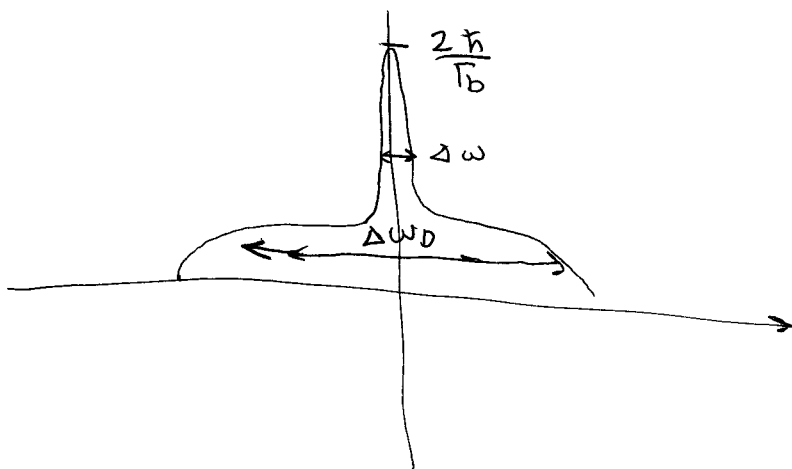
The Doppler broadening has been eliminated!

• Maximum: $\omega = \frac{\omega_{ba}}{2}$

• Width: $\frac{\Gamma_b}{\hbar} = \Delta\omega$

\rightarrow This peak is superimposed on a much broader Doppler distribution arising from the absorption of 2 photons from either beam

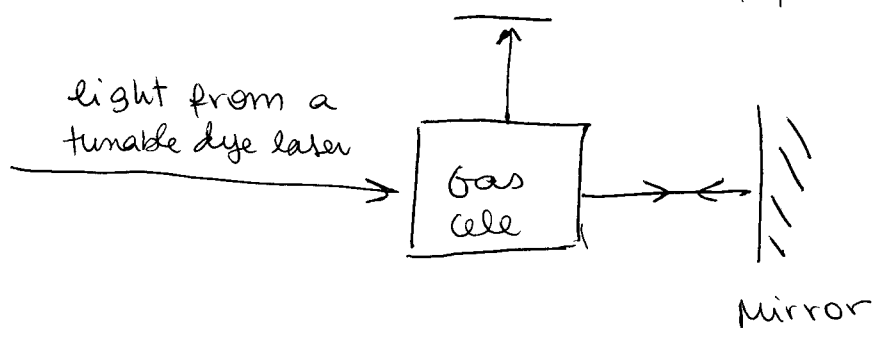
$$\Delta\omega^D = \frac{\omega_{ba}}{c} \left(\frac{2k_B T \ln 2}{m} \right)^{1/2}$$



In experiments

- ① The frequency of the laser is swept through the region centered on $\omega = \omega_{ba}$ (dye laser)
- ② The ~~frequency of the laser~~ counter-propagating beam of the same frequency

Obtained by using a mirror detector of fluorescence



Examples

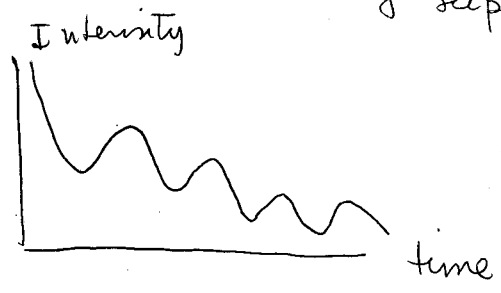
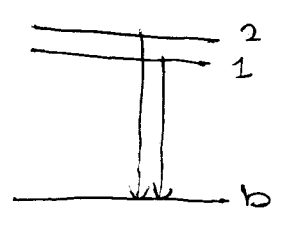
- Measurement of the $1s \rightarrow 2s$ excitation - T. Hänsch, S. A. Lee, C. Wallenstein and C. E. Wieman, Phys. Rev. Lett. 34, 307 (1975)
 - Doppler-free two-photon $1s \rightarrow 2s$ line
 - Hyperfine doublet for $F=1 \rightarrow 1$ and $F=0 \rightarrow 0$ transitions
 - Lamb shift of the $1s$ state

⚠ T. Hänsch \Rightarrow Nobel prize, 2005

5. (c) - Quantum beat spectroscopy

⊛ Assumptions:

- Atom with a set of states closely spaced in energy: if these states can be excited coherently the time dependence of the radiation will be that of a decreasing exponential modulated by superimposed oscillations \Rightarrow "Quantum beats"



Time-dep. wavefunction

$$|\psi(t)\rangle = c_1 |1\rangle \exp[-iE_1 t/\hbar - t/(2\tau)] + c_2 |2\rangle \exp[-iE_2 t/\hbar - t/(2\tau)]$$

$$\begin{aligned}
 I(t) &= A |\langle b | \hat{\mathbf{E}} \cdot \vec{D} | \psi(t) \rangle|^2 \\
 &= A \left\{ |c_1|^2 \left| \hat{\mathbf{E}} \cdot \underbrace{\langle b | \vec{D} | 1 \rangle}_{\vec{D}_{b1}} \right|^2 + |c_2|^2 \left| \hat{\mathbf{E}} \cdot \underbrace{\langle b | \vec{D} | 2 \rangle}_{\vec{D}_{b2}} \right|^2 + \right. \\
 &\quad \left. + 2 |c_1| |c_2| \left| \hat{\mathbf{E}} \cdot \vec{D}_{b1} \right| \left| \hat{\mathbf{E}} \cdot \vec{D}_{b2} \right| \cos \left[\frac{(E_2 - E_1)t}{\hbar} + \varphi \right] \right\} \\
 &\quad \cdot \exp[-t/\tau]
 \end{aligned}$$

⇒ from the oscillations one can measure the energy difference $E_2 - E_1$

Example

: Modulation of the decay

$$5^3P_1 (M_j = +1) \rightarrow 5^1S_0$$

$$5^3P_1 (M_j = -1) \rightarrow 5^1S_0 \text{ of Cd}$$

(Zeeman shift induced by a magnetic field)

$$\omega_{21} = (E_2 - E_1)/\hbar = \frac{g \mu_B B}{\hbar} \Rightarrow \omega_2 \text{ enables fine determination of the Landé factor}$$

J. N. Dodd, W. J. Sandle and D. Zissermann, Proc. Phys. Soc. (London)

92, 497 (1967).